

**President:** Ty McCullough  
**Vice President:** Becki Jackson  
**Sec/Treasurer:** Ruth Mesimer

**MO:** Dana Esbensen 2 year  
 Elizabeth Braznell 1 year  
**KS:** Becki Jackson 2 year  
 Ty McCullough 1 year  
**NE:** Chuck Edwards 2 year  
 Sandy Reis 1 year  
**IA:** Martha Knuckle 2 year  
 Roland Newton 1 year  
**IL:** Frank Bowman 2 year  
 Stacy Bowman 1 year  
**Nat. Directors:** Frank Keeran  
 Cheri Jeffcoat

**Committees:**

**Worker Awards:** Carol Roberts  
**Regional Awards:** Bobbi Bedsworth  
**Diamond of the Year:** Lucy Hirsch  
**Special Awards:** Becki Jackson  
**Newsletter:** Susan Maiwald  
**Ride Book Info:** Kim Downing  
**Ride Book Set-up:** Ruth Mesimer  
**New Members & Publicity:** Elizabeth Braznell  
**Web Site:** Mike Wallis  
**Vest's & Numbers:** Kim Downing  
**Historian:** Sharon Koch  
**Sale Items:** Chuck Edwards

*Have a great, fun, and enjoyable ride season.  
 Sincerely, Ty*

**From the Editor**

Ride season is flying by! I can't believe that the last Region 6 rides are only a month away! I've really enjoyed the 2003 rides. Brushy Creek was a well organized as usual. The Iowa folks always make us feel so welcome and serve us meals all weekend! The weather Gods were with us this year and the temperatures were very mild. I didn't pack any jackets after last years heat but found my self searching for something with long sleeves in the evenings.

My favorite ride this year was Pine Ridge. Theresa and crew did a great job of putting on their first ride. It was really fun riding with so many Colorado riders and others out of our region. Pine Ridge was such a scenic and challenging ride. The heat was the major challenge, but the evenings cooled off. We were all parked in a valley looking up to hills and cliffs and the brightest full moon I can remember. The incredible sunsets followed by the glorious moon overhead will remain with me always. I wish Brian Pullian would have been at this ride with his fantastic photo shots.



This year I rode Kanopolis for the first time and I wasn't disappointed! Another really beautiful ride, with miles of scenic trails! Again, ride management was at its best, complete with welcome letters from Karen and Ty. Friday night's dinner was sponsored by our out of region riders and it was awesome! The trails were well marked, the judging teams were awesome and I think everyone should have felt most welcomed! I'm looking forward to the Dave Smith ride, Flint Hills and the big 30<sup>th</sup> year celebration at Indian Cave. Kim Downing says this will be the last year for Whispering Pines – I've heard this is a really beautiful ride and wish I could go.

*As time goes by, you learn to appreciate the things in life that mean the most to you. Like being out on the trail with a young person and just listening to them talk about what they want to do or how they feel about things in general. Watching old and new friends winning awards, sharing in their tears and excitement. Sitting after a ride with good friends, sharing a laugh, a hug, a smile, and sharing the time. Riding out on the trail, feeling the wind, the sun, and the rain. Driving home after a ride, relishing in the beautiful scenery. Talking with new members of our sport, sharing information, ideas, and offering them help. This is what CTR is all about, not just timing, conditioning, and competing. CTR is and always should be about having fun riding and learning with our horses.*

Thank you to all our ride managers and to the many, many volunteers that help with rides! Without your dedication we wouldn't have these wonderful rides and this great sport!

I also want to thank those of you who contribute articles for the newsletter, the "Judges View", Spotlight on a Region 6 member, Karen for her fitness articles and many others. I'd like to find some Junior members who would be interested in helping put together a column for our Jr. Riders. Don't be shy, no special talent required! Just contact me and let's get a junior section going for the next newsletter!

Ride safe and see you on the trails – Sue

## "A Judge's View"

By Norma Newton

### The Mount.....

Ah, the dreaded, judged mount. Why, oh why, must judges watch this? Clearly we DID get on, or we wouldn't be up there!

What the judges want to see is a rider getting on in a smooth, balanced movement, with the horse standing calmly, waiting to be told to move. ("Yes," the rider says. "I would love that too! Dream on!!")

Well, there are ways to help yourself and your horse have a more relaxed and fluid mounting experience, whether the judges are watching or not. Practicing at home for a controlled, soft mount is really necessary.

To begin, check your equipment before mounting. Is the saddle tight enough to avoid slipping off center? Are you holding your reins in the correct position to help your horse stand still – possibly some tension on the reins to avoid the horse moving, but avoid too tight reins, that may cause movement! (And no matter how 'dead broke' you may think your horse is, ALWAYS keep hold of the reins!)

When you put your foot in the stirrup, keep your knee against the side of horse to avoid kicking his side with your toe during the mount, and once you place your foot in the stirrup, MOUNT. Don't stand in that vulnerable "one-foot-hop" position. When you are practicing at home, practice correcting the

horse (if it moves) without your foot staying hung up in the stirrup ...or correct while you are mounting anyhow. I have had to spend ten or fifteen minutes getting on and off, on and off, until I did finally have the horse standing. (Maybe he just got bored with the whole thing and gave up.....) But if he doesn't learn to stand at home, he won't stand out there where the excitement is!

But if you DO have a problem with the horse moving off....check YOURSELF to see if you are actually encouraging movement with cues while you mount. Are you kicking the horse in the rump or dragging your leg over his rump? Did you poke him in the ribs with your toe? Or perhaps your reins were uneven and you pulled his head around so he moved. Or, what is often the case, did you have to drag yourself up into the saddle, so he had to step underneath you to keep his balance? Many of us no longer have the youthful spring we once had in our step, but we do still need to try to 'bounce up' to help the horse! I have also found if I visualize myself not just going up, but actually over, the horse, I tend to keep my weight flowing toward the center of the horse, not just up the side.

And finally, after all that work getting there, just ease yourself into the saddle lightly. I often use the hand that was on the back of the saddle or on the pommel to slightly steady myself by putting it on the far side of the seat as I swing my leg over so I can allow myself a little extra balance to ease myself down. My horse seems to appreciate the effort..... (I do ride heavyweight, you know...LOL)

Sheesh, after all that....maybe cold lemonade is in order.....

### The First Obstacle...

#### *Presenting Your Horse to The Judges*

I don't know about you, but once I get done with check in on Friday night, I feel like I can finally relax a bit. Whew, one done..... So how can we make it go smoothly and allow the judges to see the horse the best?

The horse should stand still. If the vet can't get near the horse for all the moving and dancing, it makes it hard to get an accurate base assessment. Know your horse...does she prefer to watch the

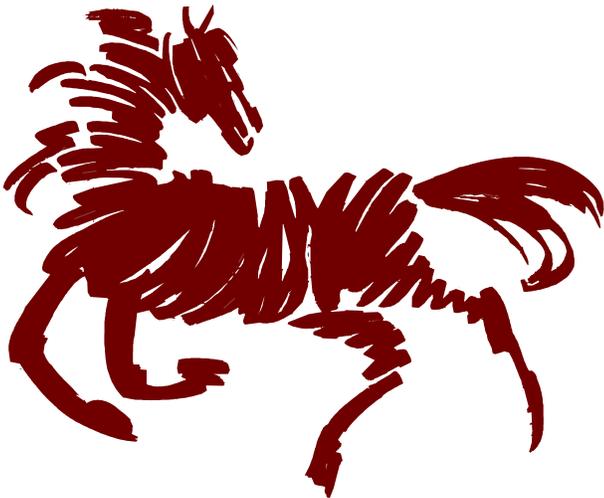
others? Does he like to keep an eye on the tent? Don't park your horse the way the last person did "just because", do it for his sake and the sake and safety of those nearby.

During the check, we know that we are to stay on the same side as the person with hands on your horse, especially when the rear legs are being examined. But watch your horse, too. Sometimes you can get that clue of impending movement from a flick of an ear, or that lack of attention to YOU. So you need to watch both...the vet and the horse. (See, a challenge for US too!)

During the in hand trot, you need to try to go straight away from & straight back toward the vet. They need to see the horse directly from the front and directly from the rear...side views do not cut it here! And I don't know about you, but I do NOT want to have to run that back and forth any more than once!

The circles are where the vet can really see the movement of your horse. Make them nice and large...a small circle doesn't give the horse a chance to stretch out and move. I know....if you are running too, it is tough! (That is what motivates many of us to teach our horses to lunge....) But the vet can see well if you make LARGE circles in hand, and allow the horse enough length of lead to move his head freely.

Remember, it all starts here! Let the vet see your horse!



## **Fitness for the Distance Rider Part III FLEXIBILITY**

**By  
Everhart, MEd.**

It is Saturday morning and the sun is teasing the horizon. You have been instructed to present to the Horsemanship Judge with your horse tacked up and in-hand. Your fingers are crossed and you are holding your breath when you hear the instructions: "Please mount your horse". You immediately groan, thinking "I'll never get my foot into the stirrup so early in the morning, I'm too stiff".

Perhaps one of the most ignored aspects of a fitness program is flexibility training. Though recognized as crucial for complimenting aerobic exercise, strength training and preventing injury, all too often individuals will forgo stretching as a "waste of time".

By definition, flexibility is the mobility or range of motion (ROM) in any joint of the body. This ROM is generally determined by the natural structure of the joint. Ball and socket joints like those in your hips afford greater ROM than the hinge joints in your knees. A joint is flexible when the muscles and connective tissue around it do not restrict its natural ROM. In addition, excess adipose tissue (body fat) around a joint will limit movement.

When a joint moves, resistance from soft tissue is the major obstacle to its full ROM. Researchers have determined that the skin provides 2% of that resistance, tendons and ligaments 10%, and muscle tissue and its connecting fascia, 41%. A "short" muscle limits ROM; a "long" muscle allows a full and natural ROM.

Some people are naturally more flexible than others. Children are generally more flexible than adults and women more flexible than men. Additionally, flexibility can be different from one joint to the other in the same person. You can have tight hamstrings (the muscle in the back of your leg) and supple shoulders. You may even have bilateral differences- your right hip flexor may be more flexible than the left. Aging alone does not

predetermine inflexibility. In a study that compared the joint stiffness of a group of 20 young men (aged 15 – 19) and a group of 20 elderly men (aged 63 – 88), it was found that both groups could reverse stiffness with equal ease.

For the distance rider good flexibility reduces the chance of acute or progressive injury. Muscles that are “short” and restrict the natural ROM in the joints are more susceptible to pulls, tears and stress injuries than those that are “long” enough. Flexibility is also crucial for proper posture, which is an important element of good equitation. Riders who sit astride a horse correctly – head centered, shoulders down and back, chest softly lifted and abdomen flat – can move with their horse in a balanced fashion. Close contact with the saddle seat helps ground the riders to allow for stability during one of the inevitable “spooks” every rider experiences. Tight hip joints do not allow the legs to open (abduct) adequately. Back pain associated with riding is often related to inflexibility in the pivot joints (vertebral facets) of the spine or the sacra-iliac joint (SI joint) of the pelvis. While there may be a history of injury prior to developing back pain, it is not uncommon to discover that the injury itself was related to tightness in the posterior aspect of the person’s body (back, hips or thighs).

I have counseled numerous competitors in techniques to release trigger points (areas of inflexibility due to scar tissue) and appropriate stretches for areas where nearly disabling pain existed. Repeatedly I receive reports of nearly “miraculous” recovery as the body regains the ability to move (ROM) through areas that had previously been “frozen”.

Stretching is a natural and relaxing sensation. When performed correctly it can relieve tension in joints, improve performance, and help reduce injury. Stretching can also alleviate pain. In other words, “It is good for you”. There are numerous resources available to assist you in developing a flexibility program. If you have never received proper instruction, seek the assistance of a fitness professional. Generally, the education you received in your high school P.E. class was inadequate or erroneous.



*Spotlight on a Region 6 Member  
Linda Shaw*



Linda Shaw and Rushcreek Kyla

I begged and begged my parents for a horse. My dad was not very horse savvy. When I was nine years old my dad went to the sale barn and bought me a horse. He stashed the horse in my grandpa’s barn, and on Christmas Eve when we left for our church program, grandpa walked the horse over a quarter of a mile to my dad’s barn. When the church program was over we went to my aunt’s to open presents. All I got was a box from Santa... I opened it to find a curry comb and a brush with a note that said, “When you get home, go to the barn to see what you will find. Of course... a horse, with a red saddle, bridle, and martingale. My dad passed on, on August 21, 2003. I thank him so much for a dream come true.

I grew up on a farm near Edgar, Ne. My corporate career took me to Minneapolis, Mn. where I spent twenty years. I had heard of competitive trail and endurance rides, but just didn’t make the time to get involved. I mostly did pleasure trail riding. Then in 1993 I decided to open my own gallery, picture framing business. My parents were influential in my final decision to relocate to Kearney, Ne. As a welcome back to Nebraska gift, my mom gave me a purebred Arabian mare in foal with lines that went back to Rushcreek Arabians. This set off a whole new adventure for me. I started

raising a few good foals out of the Rushcreek lines and Skrownneck lines. One foal went on to win the 1999 Scottsdale show in all levels of dressage. It is a joy to ride Rushcreek Kyla. I am looking forward to becoming a better rider, and I'm sure she can hardly wait.

In 1995 I drove to Indian Cave after I closed my shop on Saturday. I arrived after dinner, but in time for the ride briefing. I did not know a soul. I found ride chair, Chuck Edwards, and he told me I would be working P& R's on Sunday. I slept in my car and by 4 am I was froze. Coffee the next morning sure hit the spot! Working that ride generated a lot of excitement for me. Just watching those riders come in at the P&R made me want to be one of those riders.

It wasn't until Kanopolis 2000 that I rode my first ride. I shared that first ride experience with all of you after I completed the 2002 Kanopolis ride in the Hoofprint. First rides create lots of memories, and I have more than my share.

I think I'm addicted to this sport. I am so impressed with the people. Everyone is so very helpful and that makes each ride a joy. I have learned so much, and know I have only scratched the surface of everything I need to know. This is my last year to ride Novice, and I want to thank everyone for making me feel so welcome in the sport. I want to let each of you know, if I can help, just let me know. I look forward to seeing you on the trail.

In closing, I would like to share a poem I wrote after the Flint Hills ride of 2002:

*The horse has a beautiful spirit  
That calls my heart to sing, I sing.  
The spirit of my horse intertwines  
With mine, and I sing.  
The song of freedom and power,  
And I sing.  
I fly without wings, and I sing,  
I sing.  
By Linda Shaw*

## Championship Challenge

Less than a month left before the Championship Challenge! If you are planning to come...even remotely considering it...please, please call or write and let us know. We need entries and workers, and are trying to plan meals, budget for awards, etc. and it will be greatly helpful to know some ballpark figures on whose coming.

Kudos to everyone who is working hard behind the scenes right now to make this ride happen--it's going to be a good time and you know ya'll don't want to miss it.

Time is running short--don't let this one sneak by you!

## Novartis Animal Vaccines Introduces West Nile Virus Antibody

OVERLAND PARK, Kan. ( 2003) - Novartis Animal Vaccines, Inc. has received USDA conditional license for West Nile Virus Antibody (Equine Origin) as an aid in the control of disease caused by the West Nile Virus. It is the only antibody product to carry such a claim.

"When it comes to caring for horses that have the West Nile Virus, veterinarians' options have been limited," says Richard Harland, DVM, director of research and development for Novartis Animal Vaccines, Inc. "Novartis has responded to this urgent need by developing a product that works against the virus." West Nile Virus Antibody is a prescription product, administered intravenously by a licensed veterinarian. It is an antiserum product that increases the antibody level in the circulatory system, thus enhancing an animal's ability to neutralize virus present in the blood. Cornell University conducted a neutralizing index study that demonstrated the ability of the West Nile Virus Antibody to neutralize the West Nile Virus. Based on the study, researchers concluded there is a reasonable expectation of efficacy when the West Nile Virus Antibody is administered to horses that have been exposed to the virus.

"Field safety trials conducted to bring the product to market demonstrated West Nile Virus

Antibody is safe when used according to label directions," says Harland. "Veterinarians can prescribe the product with confidence, knowing it is a safe choice that targets the West Nile Virus."

### Take control of the West Nile Virus

According to the USDA, in 2002, the West Nile Virus was seen in horses in 40 states, with 14,717 cases reported. Of those, almost one-third died or were euthanized. When it comes to keeping horses safe from this threatening mosquito-borne virus, Harland stresses the importance of a routine vaccination schedule and emphasizes management steps to reduce mosquitoes, thereby decreasing the chances of exposure to the virus. Keeping a close eye on horses and watching for clinical signs of the West Nile Virus also is important, Harland says. "If an owner observes any clinical signs - such as ataxia, depression, weakness of limbs, partial paralysis and muscle twitching - they should contact their veterinarian immediately," Harland explains. "An early diagnosis and prompt veterinary care will improve the chances of recovery." More information about West Nile Virus Antibody is available at [www.livestock.novartis.com](http://www.livestock.novartis.com). Novartis Animal Vaccines, Inc. is a Division of Novartis AG. Novartis Animal Vaccines researches and develops leading custom and commercial biologicals that meet the needs of livestock producers and veterinarians. For further information please consult <http://www.livestock.novartis.com>.

### US Doctors Turn To Horses For Bedside Manner 7-12-3

TUCSON, Arizona (AFP) - A group of US medical students have traded stethoscopes for horse halters and sterile hospital hallways for dusty equine exercise pens in a bid to improve their bedside manner with human patients. A western US ranch is the setting for an innovative University of Arizona Medical School course with the weighty title, "Medicine and



horsemanship: An Introduction to Human Nonverbal Interaction at the Bedside."

The course, the only medical-school class of its kind in the United States, is a pioneering example of sensitivity training for young doctors-to-be. "This course is not about horses; it's about body language," said Doctor Allan Hamilton, a renowned neurosurgeon and head of the college's surgery department. "Horses are very, very good at detecting those unspoken messages, and it's a wonderful way to teach medical students to become aware of their own body language," he said. Because horses are vulnerable to becoming prey, they constantly scan their surroundings for potential threats and react against them, making them excellent barometers for how human movements can speak louder than words. By learning to put the horses at ease, the medical students also find out how to respond sympathetically to emotionally charged situations, such as comforting worried patients or bereaved relatives. "Horses are gigantic amplifiers for body language, and are extremely sensitive to it," said Hamilton. "What we're actually doing is transmitting a true feeling in a non-verbal way. It's a wonderful, wonderful tool for teaching about bedside manner." Each Friday, Hamilton, a graduate of the prestigious Harvard Medical School, swaps his white coat for blue jeans, a well-worn cowboy hat and boots and goes out to meet his class.

At his Rancho Bosque horse ranch outside Tucson, he leads his six-strong groups of students to his stables where, amid a strong odor of horses and hay, they learn how to treat patients by using horse psychology. Students get up close to the horses in the training pen, but do not ride them or use saddles or bridles to control the nervous animals. Instead, they learn and practice non-verbal clues -- such as posture, eye contact, movement or breathing -- to soothe, guide and encourage the 450 kilogram (1,000 pound) "patients" into completing simple tasks.

At first, they lead the horses by their halters, making them trot in a circle and later, additional obstacles including neon-orange traffic cones are introduced as students work to motivate the horses

to negotiate the course. Students learn that simple gestures -- such as gently patting a patient's shoulder, or sitting down in the exam room across from a patient -- sends the message that they have a genuine interest in hearing about his or her concerns, and working together to heal them. Second-year medical student Justin Sewell was so impressed by the basic course that he signed up for the advanced horsemanship curriculum that has now been introduced following the launch of the program three years ago. Sewell, 25, admitted he was initially attracted to the 10-week course because it sounded entertaining, but soon realized that the intensive classes forced him to analyze and change his behavior -- ranging from the speed of his movement to the tone of his voice -- towards his "patients". Hamilton, who also helps train and rehabilitate abused horses, said he had long noted parallels between the behavior of frightened horses and that of frightened humans. During hospital rounds, he said, groups of doctors and medical students often descend on a patient's room without knocking and immediately launch a barrage of questions about their health. "It occurred to me that we'd never do that to a horse," Hamilton said. "A lot of what we did with our body language with (human) patients was ... aggressive enough to put a patient into a defensive posture." While horses have long been used to help disabled children learn confidence and independence, Lynn Thomas of the Equine Assisted Growth and Learning Association said she had never seen them used to train doctors. "Using horses to help (able-bodied) people learn about themselves and their nonverbal communications is a pretty new field -- but growing rapidly," she said.

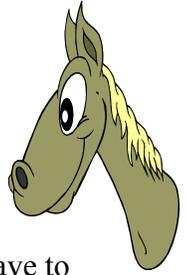
## Horse Reality Shows

### JOANNE MILLIONAIRE:

Rich young women are first introduced to the exciting world of horses. They become completely hooked on the finest purebreds, the best trainers, fabulous stabling and expert instruction. In the last episode...they discover they're penniless.

## SURVIVOR-THE ENDURANCE RIDE:

Ten elite show riders leave their oak tack trunks, their minimum wage grooms, their canopies and gooseneck living quarters behind to spend 2 days in Death Valley. They have to perform heinous acts, such as cleaning their own tack, grooming and caring for their own horse, and getting along with other riders. As we sit back and watch riders succumb to torture, the strongest break away from camp to search for cell phone, golf cart and roach coach.



### Brushy Creek

This is what I recorded at awards. Any mistakes are mine. For official results, see Hoofprint. First placing is horse, second placing is horsemanship.

*Beth Braznell*

### NOVICE JUNIOR

- 1/3 Taylor Barnes
- 2/1 Jesse Bickford
- 3/5 Chelsea Hessel
- 4/4 Trent Ries
- 5/2 Katelin Colby

### NOVICE LIGHTWEIGHT

- 1/4 Julia Mruz (Sweepstakes)
- 2/2 Teresa Harp
- 3/5 Rhonda Levinson
- 4/ Janet Thompson
- 5/1 Shari Parys
- 6/3 Elizabeth Braznell
- /6 Charlotte Henderson

### NOVICE HEAVYWEIGHT

- 1/3 Susan Maiwald
- 2/4 Gerri McIntyre
- 3/2 Carol Kutz
- 4/6 Jack Dixon
- 5/ Barry Bickford
- 6/ Teri Jensen
- /1 Angela Wagner
- /5 Alvin Grabill

### COMPETITIVE PLEASURE

# REGION SIX RALLY

Sept/Oct 2003

- 1/3 Rose Stoeffler (CP Combo)
- 2/4 Dana Esbensen
- 3/2 Mary Colby
- 4/1 Ann Malloy

## OPEN JUNIOR

- 1/1 Kate Smith
- 2/2 Samantha Peterson

## OPEN LIGHTWEIGHT

- 1/5 Elizabeth Kendall (Sweepstakes)
- 2/ Trish Cleveland
- 3/1 Cheri Jeffcoat
- 4/6 Betty Wolgram
- 5/4 Mary McCoy
- 6/2 Mary Anna Wood
- /3 Debbie McCullough

## OPEN HEAVYWEIGHT

- 1/4 Pam Walker
- 2/3 Ty McCullough
- 3/1 Vickie White
- 4/2 Lucie Hess
- 5/5 Shirley Johnson

## Pine Ridge

A-O/N/CP Total Riders: 46

Chairman: Theresa Haynes

Judges: Shannon Leska DVM, Priscilla Lindsey

Open Sweepstakes: Shadow's Lady Dancer/Newton, Norma 98

Novice Sweepstakes: Julio Red Buds/Bickford, Jessie 96

## Open Heavyweight

- 1/5 Shadow's Lady Dancer/Newton, Norma
- 2/6 Gus/Spilker, David
- 3/3 Summer/Wolgram, Ken
- 4/4 Royal Sunset/McCullough, Ty
- 5/1 Rock'n E.Z. Ruby/Smith, Jenny
- 6/2 Junes Lucky Mac/Smith, Bill
- Phantom's Masquerade/Baker, Matt
- Sea Star Lady/Gunckel, Kay
- Rushcreek Melady/McCoy, Gary
- P Cliffwood's Hakime/Jubb, Mike
- P Coke Straw Lahaam/Hess, Lucie

## Open Lightweight

- 1/1 Country Star Jet/Jeffcoat, Cheri
- 2/2 Baskalisa/Spilker, Maggie
- 3/6 QuicklyWolgram, Betty
- 4/4 Remington Steele/Lane, Roxann
- 5/5 Razonn Brook-Bonfire/McCullough, Debbie
- 6/3 Fortunataa/Shanor, Kathy
- P Elmer Bandit/Wood, Mary Anna
- P Tony/Schaaf, Jo

## Open Junior

- 1/1 MKS Shamal Nejma/Shanor, Kimberlie
- 2/3 Egyptian Gem Star/Shanor, Matthew
- 3/2 Moonshiner Silver Mist/Smith, Kate

## Novice Heavyweight

- 1/3 Rock Strollin Jim/Maiwald, Susan
- 2/1 Problem Joan/Haeberle, Yvette
- 3/2 Hydaway's Apache/Keith, Jackie
- 4/4 Wendie Skip String/Riesen, Donna
- 5/5 Royal Pazzazz/Dixon, Jack
- 6/6 Doc's Tootsie Beggar/Neff, Scott
- P Capt. Morg. Spiced Rum/Denigris, Alfred
- P Chief/Bickford, Barry

## Novice Lightweight

- 1/1 Rushcreek Kyla/Shaw, Linda
- 2/4 Moon Shadow/Overcash, Pat
- 3/2 Samson's Diamond Lil/Frane, Vonnie
- 4/5 Kokie/Thompson, Janet
- 5/3 Deck's Four Socks/Cross, Ellen
- P Passion/ Carper, Sandi
- P Spring Fling/Orona, Dianna

## Novice Junior

- 1/2 Julio Red Buds/Bickford, Jessie
- 2/1 Winkie/Riesen, Ashley

## Competitive/Pleasure

- 1/5 Johnny Danger/Miller, Linnell
- 2/3 Yorktown Special/Kendall, Elizabeth
- 3/4 Touch's Yeller Gold/Inman, Gary
- 4/1 Kokopelli Moon/Peters, Susan
- 5/2 Squealin John/Holder, Sharon
- 6/6 Lakota Star/Bowman, Tom
- DJ Thunderbolt/Bowman, Terry

## Kanopolis Benefit Ride

Well, the Kanopolis Canyons - Reg. 6 Benefit Ride is over and after taking the day off today (it was my wedding anniversary

:-) I'm finally starting

to feel like myself again!!! Seriously, I had a great "first time" experience as a ride secretary. I'd like to thank my co-horts,

Karen Everhart and Ty McCullough, for keeping me calm through the inevitable "moments." :-)) I'd also like to thank the judges, Cheri Jeffcoat, Lucy Hirsch, Jerry Weil, Mike Colby and apprentice judge Ken Wolgram for all their hard work and dedication. Also a BIG thanks to all the volunteers - we really, really couldn't do it without you! :-))

Without further ado here are the ride results. I hope to get this right the first time - so remember it's not official until printed in Hoof Print!

Annette Pulliam  
Ride Secretary

# REGION SIX RALLY

Sept/Oct 2003

## OPEN HEAVYWEIGHT

- 1/5 Rocky Top II / Jim Ward
- 2/1 Gus / David Spilker
- 3/2 June's Lucky Mac / Bill Smith
- 4/6 Cervantes / Vickie White
- 5/4 Phantom's Masquerade / Matt Baker
- 6/3 Rock'n Ruby / Jenny Smith

## OPEN LIGHTWEIGHT

- 1/5 Deacon's Dolly / Trish Cleveland (\*Open Sweepstakes)
- 2/3 Nejam El Sadan / Marianne VanSciver
- 3/4 Huck's Last Love / Lin Ward
- 4/1 Baskolisa / Maggie Spilker
- 5/2 Remington Steele / Roxann Lane
- 6/ Elmer Bandit / Mary Anna Wood
- /6 Pulses Easter Star / Kay Stich

## OPEN JUNIOR

- 1/1 Rita / Melinda Sadler
- 2/2 How Bout Irish / Diana Sadler

## NOVICE HEAVYWEIGHT

- 1/1 Problem Joan / Yvette Haerberle
- 2/2 Rocks Strolling Jim / Sue Maiwald
- 3/3 Symili / Katherine Massey
- 4/5 Frog's Knight / Mike Wallis
- 5/ Royal Pazzazz / Jack Dixon
- 6/6 Jake 9 / Sharon Koch
- /4 Just Teazen / Rainer Massey

## NOVICE LIGHTWEIGHT

- 1/ Akoma Chi / Carol Nichols (\*Novice Sweepstakes)
- 2/1 Glynmary Mary Rose / Kay Wolfe
- 3/2 Rushereek Kyla / Linda Shaw
- 4/4 Commander Easy Goer / Christine Abbott
- 5/3 Rick to the Rescue / Maggie Childs
- 6/ Biscuit / Kira Everhart
- /5 Quatro Beat Cody / Jerry Miller
- /6 Destino's Donn / Betty Thompson

## NOVICE JUNIOR

- 1/2 Wimpette Too / Travis Nichols
- 2/1 Razonn Jessie / Katelin Colby
- 3/3 Arnold Edward / Daric McCoy

## COMPETITIVE PLEASURE

- 1/1 Yorktown Special / Elizabeth Kendall (\*\* CP High Point Combo)
- 2/5 Squeezable / Mary McDevitt
- 3/3 Razonn Trail Dancer / Mary Colby
- 4/4 Marique Del Pasador / Judy Newton
- 5/6 Perfection's Fancy Star / Christine Wallis
- 6/ Bart's Top Gun / Sharon Eberlin
- /2 Lee's Royal Chance / Becki Jackson

## HIGH POINT COMBO - FIRST TIME COMPETITOR

Taledo / Christi Grow

## BENEFIT SPECIAL AWARDS

- Hard Luck Award - Katherine Massey
- Best Sportsperson Award - Melinda Sadler
- Open Best Effertz Award - Trish Cleveland
- CP Combo Best Effertz Award - Yorktown Special/Liz Kendall
- Novice Junior Best Effertz Award - Daric McCoy
- Kansas State Novice Rider Award - Kay Wolfe
- Nebraska "All Riders" Award - Liz Kendall
- Kanopolis Kombo Open - Deacon's Dolly/Trish Cleveland
- Kanopolis Kombo Novice - Problem Joan/Yvette Haerberle
- Demolition Award (for best demolished obstacle) - Rhonda Levinson
- Lost Trail Root Beer - Betsy O'Shea



## CLASSIFIEDS

*Did you know that classified ads are run free for Region 6 members? Send in your add to the editor for the next newsletter. Deadline is November 1<sup>st</sup>.*

### For Sale: Digital Pedometer for your Horse!

Revolutionary design in the horse industry.

- Miles Traveled
- Stop Watch
- Clock



Great for trail riding, exercising, endurance, or conditioning programs.

Visit [www.horseometer.com](http://www.horseometer.com) or call Jo at 402-925-2432.

**WANTED:** Youth to assist with a new Youth column in the Region 6 Rally. Interested Youth please contact: [smaiwald@neonramp.com](mailto:smaiwald@neonramp.com). No experience necessary – just creative ideas with CTR and Youth in mind!!!

**National Convention: February 26-29<sup>th</sup> 2004, Reno, Nevada. Silver Legacy Hotel. Friday – Huge Trade show with AERC. Saturday NATRC speakers and Awards Banquet.**