

Region 6 Rally

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**Deadline for the
April/May/June
Newsletter is
May 21, 2010**

Convention 2010 "The Grassroots Convention"

This year's NATRC 2010 convention was held at the Hyatt Place in Overland Park and let me tell you that all involved in selection of the location and arrangements for the awards banquet did an excellent job this year. Yes, the numbers of attendees may be down a little but our hosts this year developed a 'grass roots' convention program that was both entertaining and technically very informative.

I use the words 'grass roots' because of the fact that as the convention opened, Pricilla Lindsey explained the process that she went through to find speakers and topics for the convention. She explained that in planning the agenda and thinking of who we may have speak with a minimum of cost, the speakers list wasn't quite jelling as convention time drew nearer. Priscilla then informed us that she began thinking of our own members in Region VI whose talent and expertise in both horse and rider training topics could be the best presentations for

The Awards
Fairy:

Christine
Abbott



convention. Thus, the label 'grassroots' convention; that really made the weekend a very positive experience.

The first topic of the convention was Riding Your Ride-Positive Psychology and the Trail Rider, presented by Christine Abbott. Most of us probably were thinking positive psychology? She led us to the fact that you can bounce back from adversity much quicker with a positive outlook and positive emotions. Top ten emotions: Joy, Gratitude, Serenity, Interest, Hope, Pride, Amusement,

Inspiration, Awe, and Love.

Talk about relevant to CTR! How many times do we approach a difficult obstacle on the trail with positive thoughts? Most of the crowd got a chuckle out of that thought but it does make sense. Goal setting was another key part of Christine's presentation that was most relevant to CTR and training. We learned (or re-learned) that setting realistic goals resulted in positive control of your actions.

Continued on page 2

The Region 6 Rally is published four times per year for all members, new riders, and for persons requesting information about Region 6 activities. The Region 6 Rally is available by subscription for non-members, at a cost of \$5 per year. Send subscription requests to: the Region 6 secretary, with check made payable to Region 6 NATRC, Inc. To receive the Region 6 Rally electronically, send your request to newsletter editor.

Convention Report *continued from page 1*

In other words, no clear cut goals equals no clarity of thought, consequently, no meaning to what you do.

Another of our grassroots presentations was given by a panel of riders loaded with years of experience on the topic 'Keeping your Horse in Competitive Condition'. Trish Cleveland, Vickie White, Ty McCullough and Jackie Hathorn related their experiences in physical training and feed management (for horses). In each presentation it was clear that developing a program that fits your individual needs is important. Using distance, speed and terrain to condition our horses was a common thread of thought in this panel but definitely not the only consideration. In a nut shell, Trish explained interval training with time and speed, of course starting out slow, Vickie told us of the importance of distance, speed and terrain, Ty also related interval training techniques and told us to let your horse be a horse. Jackie encouraged everyone to 'read as much as you can', make goals and a plan. Several panel members said to pay attention to heat, both on the trail and while traveling in the trailer, develop a plan for electrolytes and hydration before, during and in some cases after an event.

The topic, Mental Preparation of the Horse, was also a grassroots panel of Bill Hinkebein, Kim Weil and Priscilla Lindsey that covered many topics, from getting the attention of your horse, also known as get the 'birdie' technique (Clinton Anderson) to bomb proofing your horse and playing horse games.

A key ingredient of training which I believe Kim told us was don't start training your horse at the start of a ride, practice on trails at home and choose your battles carefully, fight the ones that you can win. One of Bill's philosophies he relayed to us was to make it tough at home, so CTR rides are easy, practice, practice, 1000 times while thinking positive. Bill brought a book entitled "Bombproof Your Horse" and might make very good reading. Bill, being the no-nonsense kind of guy,

surprised me a little bit here; I think we saw some of Christine's positive psychology at work with Bill.

Obviously Bill is not the touchy feely type of CTR rider, but he has proven positive results in the training methods that work for him. Priscilla covered many useful techniques on training your horse to stand and several methods of getting to know what your horse is thinking, I have always learned something from everyone presenting this year at convention, it is amazing the knowledge and experience our Region members have.

Help, I've Fallen and I Can't Get Up! Physical fitness for the rider was a very interesting presentation prepared by Karen Everhart and due to the untimely snow storm south of Kansas City, it was presented by her very capable daughter, Kira Valentin. This covered the physical training (aerobic, core exercise, balance work, flexibility and stretching techniques) needed by us as riders. It also included some of the mental preparation needed for demanding physical activity of all types of horse riding.

The reason this year's convention was so successful boiled down to the fact that with a grassroots program and experienced panels of our own region's successful riders we got the most out of our 2010 convention. I guess when it comes right down to it, we have tons experience right here in our Region VI backyard. When you see these CTR riders at a ride or on the trail don't be bashful, ask them a question, you will be pleasantly surprised by the knowledgeable answers you get to your questions.

One last comment about the banquet and awards, everything went great, from the KC style bar-b-que to a surprise appearance by the 'awards fairy' who actually rode a pony during the awards presentation that evening. Great job Priscilla and JR on all arrangements, the food, the awards banquet and the rooms were outstanding.

Submitted by David Nore



Left:
Master of Ceremonies:
Ty McCullough



Right:
Region 6 Anthem
Singers

Region 6 Diamond of the Year!

Heart! Leadership by example! Kindness, whether deliberate or incidental – all of those words can be used to describe why Trish Cleveland is deserving of the 2009 Diamond of the Year Award.

In reality, Trish has been my Diamond for several years. I had a wonderful first experience with NATRC in 2006 on my first ride, which was also Trish's very first ride with her new horse, Mocha. She had her hands full with her new little Mustang, and she was kind (or unfortunate) enough to get stuck with me as a VERY novice

rider to boot. That ride demonstrated how much I had to learn, and Trish proved to be a willing mentor and partner.

Fast forward to 2009 – Trish's leadership is a big part of why I now have an addiction for competitive trail riding. In addition to setting me up for success, she continues to help newbie's and watch out for others. She will stop and help, she reminds others to wait, she goes first at obstacles to show greenhorns how best to do them (but I understand that may change in 2010!). She challenges others to go home and work on improving. The

message is not always what you want to hear, but she continues to put the horse and the sport first.

Trish Cleveland helps others avoid much of the learning that she and Cheri Jeffcoat had to learn on their own by trial and error. Finding someone who is willing to teach, share and lead by example has given me and many others a quick start into a lifelong sport. She actually sweep-staked many rides this year, as my success is a direct result of her mentoring.

Submitted by Patti Dollarhide.



Trish Cleveland & Liz Kendall

The Linda Tellington Jones Award

The Linda Tellington Jones is awarded to the individual with the highest average horsemanship score. They receive a (\$900 value) free entry to one of LTJ's TTouch seminars.

This year's recipient is Dick Webb

Way to go Dick!



*You're a Super Star
that's what you are!*

****Attention****

Region 6 now has a list-serve for all members so they can receive group emails about region 6 issues.

If you have not received an email from Christine Abbott asking you to respond, and wish to be included on the list-serve,

please email her at:
cabbott2@kc.rr.com

Message from the President: JWD



Your President
Christine Abbott
with Honest Abe

See you can
trust a pretty
face!

On the 21st of February I returned from NATRC national convention in Reno, Nevada. It was a grand convention and while there, I found myself reflecting on a number of events that have happened in the past few weeks. And it was during those reflections that the words *Job Well Done* kept coming to mind.

Even before national convention, our own region had occasions to say *job well done*, starting with our regional convention held last January. I had such a great time reconnecting with new and not so new friends (notice I didn't call you my OLD friends). Everything went smoothly and everyone seemed to be having a good time. One thing I noticed at this convention was an energy that seemed to fill the room. It was an energy that hadn't been present in a long time. New Board of Directors were elected as well as new officers for the coming year. At the board meeting Sunday morning, I again felt the

energy. Enthusiasm and great ideas were flying around the room so fast it was almost impossible to contain both. I felt (and feel) so fortunate to be working with such great people within such a great organization. So, I say to everyone involved in the planning of the convention (it was a lot of hard work), to everyone who attended, and to all the members of the board, *job well done*.

At national convention it was announced to the national board of directors that region 6 member, Erin Glassman, generously donated money to NATRC's Trail Fund. And region 6 is the only region that donated money for the end of year national awards. Region 6 was well represented at the annual year end awards banquet at national convention. And it was then that I decided to get a much heavier saddle and fill my saddle bags with sand so I couldn't ride in the Open Lightweight division any more. ☺

Job well done everyone.

And then came the news of the death of Elmer Bandit. Even though we all knew Elmer couldn't live forever, in some ways, we wanted him to. Elmer Bandit was a symbol for everything our organization stands for: Inspiration, hard work, patience, determination, friendship, and love for the horse. I wrote to Mary Anna that each and every one of us in region 6 felt honored to lay claim to the fact that both Elmer and Mary Anna "belonged" to us, to our region. So I say to Elmer, where ever he may be right now, galloping and kicking his heels, *job well done Elmer Bandit*.

Here's to a new ride season! Be true to your goals, yourself, and your spirit and I guarantee you will be able to say *JWD* when the 2010 ride season is over.

Christine Abbott



*New Members bit the
trails!*

New Region 6 Members!

Tami Courtney - Holden, MO.

Preston Buckland - Junction City, KS

Deanna Retzlaff and family - Westmoreland, KS

Mary Ginn - Jewell, IA
Competed in 3 rides during 2009; Riding to the Rescue, Dave Smith Fall Fiesta, and Indian Caves.

Phyllis Abel-DeRoy - Winfield, MO
Competed in the 2009 Whispering Pines ride.

News from National Board of Directors

The NBOD met February 18th in Reno, Nevada in conjunction with NATRC national convention. Items discussed included the clarification of some current rules as well as proposed bylaw changes which will be voted upon in November. Feedback from Region 6 members must be sent to either Ty McCullough or Christine Abbott before the next NBOD meeting in July. A more detailed report of the proposed bylaw changes will be sent to each member and will be presented at every ride before the July deadline. Listed below are brief summaries of proposed changes:

- Horsemanship judges as well veterinary judges must be present at check-out examination at a ride.
- Rides that fail to meet the minimum mileage criteria may have the sanction withdrawn by the Sanction Chairman with the approval of BOD.
- ALL participants, volunteers, personnel and equine owners must sign a NATRC liability release form.
- Annual Awards: (NO CHANGE, just a clarification of the word "ride.")
- Term Limits for NBOD: Two consecutive terms (3 years per term).
- Elimination of *Championship Challenge*.
- Nominating committee changes for the process of electing national board of directors.

Type AA: consists of 3 consecutive days of riding
 Type A: Consists of two consecutive days of riding
 Type B: Consists of one day of riding.

NATRC now has over 15 sponsors and will soon have a mass email system available to every member. The strategic plan for increasing membership is in place and already showing positive forward movement.

"The way to heaven is on horseback."

Author Unknown

Outgoing/Incoming Region 6 Board of Directors

Outgoing Regional Directors:
 IA – Martha Knuckle
 IL – Howard Hartsock and Stacy Bowman
 KS – J.R. Kendall
 MO – Chris Wallis
 NE – Sarah Smith
 Outgoing National Board Director:
 Alternate Norma Newton

Incoming Regional Directors were installed at the Board meeting held at the R6 Convention in Overland Park, Ks, on Saturday, January 30, 2010.

Welcome:
 IA – Susan Maiwald
 KS – Hope White

MO – Kim Weil
 NE – David Nore

On the National Board:
 Alternate Pricilla Lindsey



Proposed Region 6 By-Laws Change

Discussion and vote at the next membership meeting – Hill and Dale CTR, June 19-20, 2010

Kim Weil presented a proposal to the general membership and the Board at the region convention to change who from Region 6 could fill Board positions. The proposal is to change the composition of the BOD from 2 representatives from each active state on alternate years to **1 representative from each currently active state [IA, KS, MO and NE]; plus 5 reps from the membership at large and 2 alternates.**

Kim's observations over the years have been; 1) people who would like to run for the BOD but won't because they think they are not as popular as the one running and 2) current BOD members re-run simply because they can't get anyone from their state interested in serving on the Region 6 BOD. The result is the same people serve on the Board year after year and no new ideas are generated. Region 6 needs an energy boost! How about changing the election process to allow the enthusiastic people, the go-getters, the ones we need to give this region its energy boost an opportunity to serve Region 6 and help make things happen.

The following By-Law change proposal, if passed, will become effective at the March 2011 Regional Convention.

Article V – Board of Directors, Section B. Number, Tenure and Qualifications

Currently reads:

Until changed in accordance with the Bylaws, the number of directors shall consist of the national directors and two **(2)** representatives elected from and by the membership of each active state in the region for a two (2) year term on alternate years. An active state shall be defined as any state in NATRC Region VI that has eight or more members of NATRC and at least one NATRC sanctioned competitive trail ride.

Change to read:

Until changed in accordance with the Bylaws, the number of directors shall consist of the national directors, one **(1)** representative elected from and by the membership of each active state in the region for a two (2) year term on alternate years, **five (5) representatives elected from and by the membership at large for a two (2) year term on alternate years, and (2) alternate representatives elected from and by the membership at large for a two (2) year term on alternate years.**

If this by-laws change is adopted by the membership at the June meeting; implementation of the change would be as follows:

Year One - 2011

1. The active state representatives whose terms expire Dec 2011 will serve as follows:
 - a. Hope White, KS and David Nore, NE will serve out the remaining 1 year of their unexpired terms.
 - b. Susan Maiwald, IA and Kim Weil, MO terms of office will be extended one year (a one time term of 3 years) expiring in 2012.
2. The active state representatives positions with terms expire Dec 2010 would be replaced by 5 reps voted onto the board by the general membership to serve as follows (Beth Aswegan, IA, Marilyn Marston, KS, Florence Blanks, MO and Tina Clapper, NE – these people are eligible to run for a membership at large BOD position):
 - a. The 3 reps receiving the most votes will serve a 2 year term.
 - b. The 2 reps receiving the fewest votes will serve a 1 year term.
3. The 2 alternate reps voted onto the board by the general membership will serve as follows:
 - a. The alt rep receiving the most votes will serve a 2 year term.
 - b. The alt rep receiving the fewest votes will serve a 1 year term.

Year Two - 2012

1. The states of KS and NE will elect a representative from their respective state for a 2 year term.
2. The membership will elect 2 reps from the general membership to serve on the board for a 2 year term.
3. The membership will elect 1 alt rep from the general membership to serve on the board for a 2 year term.

Year Three – 2013

1. The states of IA and MO will elect a representative from their respective state for a 2 year term.
2. The membership will elect 2 reps from the general membership to serve on the board for a 2 year term.
3. The membership will elect 1 alt rep from the general membership to serve on the board for a 2 year term.

The current Region 6 board seated at the January convention is as follows:

Iowa - Beth Aswegan – 1-year of a 2-year term – 2010 & Susan Maiwald – 2-year term – 2010 and 2011
 Kansas - Marilyn Marston – 2-year term – 2009 and 2010 & Hope White – 2-year term – 2010 and 2011
 Missouri - Florence Blanks – 2-year term – 2009 and 2010 & Kim Weil – 2-year term – 2010 and 2011
 Nebraska - Tina Clapper – 2-year term – 2009 and 2010 & David Nore – 2-year term – 2010 and 2011

Report on the 13th Equifest of Kansas

Equifest of Kansas was held February 12-14 in Wichita. Equifest is an all breed horse fair and exposition, sponsored by the Kansas Horse Council, Inc. and Equine Promotions, Inc. Equifest had over 100 booths of vendors ranging from new trailers to t-shirts, jewelry to grass seed, tack to horse stalls and ever thing in between. The featured clinicians this year was Ken McNabb, Al Dunning, Scot Hansen, and others. There was a stallion review, different breeds of horse highlighted, drill teams as well as Rainbow Meadow with NATRC's very own Karen Everhart.

This was the 10th year NATRC shared a booth with EKAHA and the third that Marla Stucky & Marilyn Marston coordinated the set-up, tear down and recruited volunteers to work the booth. Debbie Payne also spent the weekend helping out. We had over a dozen NATRC members working the booth. There was lots of interest in NATRC, with around 40 Equifest attendees signing up to get more information. Volunteers answered such questions as: "What is competitive trail riding?" "Do you have to tie the horse to the trailer all night?" "Do you have to use a saddle

without a horn?", "Can you ride any kind of horse, or do you have to ride an Arabian?" We were asked where do you get saddles, stirrups, sponges and many others? When we answered the question of how many miles, people made comments like "Oh, my horse and I aren't ready for that!"

There was a lot of excitement about the up coming clinic at Hillsdale in May, interested people wanted to know more about the clinic and took the information home with them.

Submitted by Marla Stucky & Marilyn Marston



Nebraska Horse Expo

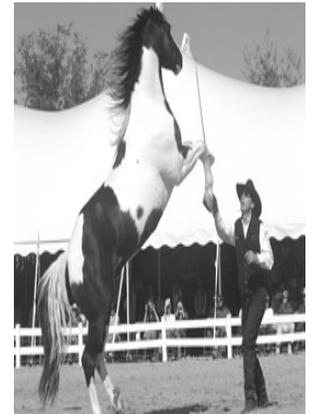
The Nebraska Horse Expo is Nebraska's largest equine event! Held each March at the Lancaster Event Center, the expo features nationally known clinicians and entertainers, equine related presentations, vendors and of course, horses!

The proceeds from the Expo go to fund the Nebraska Horse Council's equine related programs.

The 10th Annual Nebraska Horse Expo 2010 was held March 12-14, 2010 at the Lancaster Event Center in Lincoln.

Region 6 members Kristi Chapman and Shari Parys put on two round pen demonstrations about the sport, your horse and you.

This year's clinicians included: Richard Winters, Tommie Turvey, Julie Goodnight and Matt McLaughlin.



Tommie Turvey & Ace-Ocala

CTR Clinic

When: Saturday, May 15, 2010, at 10:00 AM

Where: Hillsdale Lake, KS.

Cost: \$35--lunch included

The clinic will start with an orientation to CTR, followed by a ride out after lunch with a mentor for trail and observation instruction.

Contact: Jerry Weil phone 816-781-2218 or email jkweil@sbcglobal.net for an application. Or visit the R-6 website for application and information.

Volunteers Needed!

Thinking of You!



Shari Parys: On the recovery of both parents.

I know God will not give anything I can't handle. I just wish that He didn't trust me so much.
~Mother Teresa

Janis Elder: On the loss of her husband Ken.

What the caterpillar calls the end of the world, the master calls a butterfly.
~ Richard Bach.

Gary and Mary McCoy: On the loss of Gary's mother.

What is life? It is the flash of a firefly in the night. It is the breath of a buffalo in the wintertime. It is the little shadow which runs across the grass and loses itself in the sunset. ~Crowfoot, 1890

Mary Anna Wood: On the loss of Elmer Bandit.

A horse is an emotional experience that does not translate into mere words. Your loss is felt by all who knew him.

Robin Nore: For a speedy recovery from shoulder surgery.

They're funny things, Accidents. You never have them till you're having them.
-- Winnie the Pooh



Note from Yvette!

Hey Virginia.....

I hope you keep me on the list so that I can keep up with all my region 6 friends.

Maybe you could put a blurb in there with my e-mail address haeberley@hotmail.com, letting people know that they are always welcome to come and ride in beautiful southeast Wyoming with me and I would be happy to be their tour guide! Miss you all!
Yvette Haeberle



Ode to Elmer Bandit

Elmer is my hero, I see him in my dreams
Jumping over boulders, leaping countless streams.
He's known around the circuit, and his name's in all the books
But it isn't for his pedigree or his noble looks.
It's just, when he's in motion, you can almost see God's hand,
And all my pals would give the world
To trot like Elmer can.

Lily is my handle, I'm a Khemosabi grey;
I have a fancy other name that no one else can say.
I've got a lengthy lineage, a well-known sire and dam,
But I would give it all away
To trot like Elmer can.
My owner, well... she means well, but what's this "Novice" stuff?
I've tried to educate her, but a horse can't do too much.

So every night I say my prayers, and hope God has a plan
That someday, when I'm thirty-five,
I'll trot like Elmer can.

-by Angela Gambill
Neese's horse, Lily, when Elmer was 35.

ELMER BANDIT

According to the text at THEHORSE.COM, Elmer had a 34-year NATRC career, which indicates he began that career in 1974. In 1978 when record keeping began, he won the first of 25 National Champion Awards before his retirement in 2008. No horse has ever come close to winning 25 National Champion awards.

In 1980 Elmer won the Bev Tibbitts Grand Champion High Average Horse award which is a most prestigious award. Elmer Bandit was the first horse inducted into the NATRC Horse Hall of Fame in 1986.

When Elmer Bandit died February 14, 2010, at the age of 38, his NATRC mileage total stood at 20,780 miles, the NATRC record. Less than five months before his death, he finished both days of the Stephens Forest CTR in the Distance Only Division of Competitive Pleasure.

All these statistics and numbers are impressive, but the special thing about Elmer was more elusive than miles and awards. He was an interesting horse. He was a pleasant horse. He was a horse we could relate to because he was Every-horse, an approachable horse we could identify and talk to. He was blue collar, down to earth, unpretentious. And he made us feel hopeful that we, too, could excel. Many would look at Elmer and think, "I can do this, too." Elmer had the knack of being able to inspire without intimidating. He made it look easy, although, of course, it wasn't.

Elmer shared his knowledge as did his life-long owner/rider Mary Anna Wood. They enjoyed taking new riders under their care. Many of the condolences that have been pouring in begin with, "I remember how Elmer and you mentored me at...." Many writers confessed they had never actually met Elmer, but had been inspired by his tenacity and longevity. The stories of Wood and Elmer made people reconsider what we used to think was the useful life of a horse. They told of how they saw Wood as an example of the type of owner they wanted to be: one who did not discard a partner for a "younger" "fresher" mount.

Many of you can recall being passed by Elmer on the trail. You recall his Turbo Trot. You recall the birthday parties Mary Anna had for Elmer at rides where she passed out carrots for all the other horses.

The trails supported Elmer's passion in life... moving down the trail.... Mary Anna requested remembrances go to NATRC's trail fund. Even 20 years ago, Mary Anna would charge a quarter, to have Elmer perform his "Jump in the Back of a Pick-Up trick" and she would count the quarters and mail a check to the trail fund.

Elmer Bandit and Wing Tempo represent an era of 20,000 mile plus horses. Will NATRC see more 20,000 mile horses? The future is unknown, but this much is true. NATRC should be proud of our sport which gives honest work and challenge to horses. Our members are like family and our family has lost its patriarch. We were privileged to know and ride with Elmer Bandit.

Submitted by: Marsha Hays and Gloria Becker



KHC Survey for a trails system in Flint Hills

The Kansas Horse Council has asked for our help to determine if there is sufficient interest by United States horse riders for a potential new trails system "Flint Hills" region of Kansas. If demand for this trail system can be established, hundreds of miles of trails could be developed. The questionnaire is very short...and all information from individuals is confidential. The survey link is <https://surveys.ksu.edu/TS?offeringId=158282> Thanks for your help in this important matter!

Thank You Region 6

NATRC Region Six, Inc.
January 26, 2010

Dear NATRC Region Six Inc.,
Thank you for your generous donation to the North America Trail Ride Conference this year. The \$476.00 donation was used to support recognition of our National annual award winners...The ongoing support of NATRC allows us to continue to promote the sport of competitive trail and educate riders on the care of distance horses.

Sincerely,
Laurie DiNatale
NATRC Executive Administrator

Member Spotlight on: Robin & David Nore

This newsletter I caught up with Robin and David Nore of Hickman, Nebraska.

For some reason they have interests outside of horses. David likes to play golf and engage in photography. He takes great pictures!! And, Robin raises goats for meat. I forgot to ask for recipes but ask David how he got gored by a goat!

The fabulous thing about the Nore's is that they just started riding 5 years ago. I have to say I did learn this piece of information while at a CTR and happened to ride with them for awhile. Watching them ride I never would have guessed. I have been riding since I was knee high to a grasshopper and have to admit that I have learned from them.

Robin told me she was introduced to the sport by Cheri Jeffcoat and that Cheri mentored her on her first ride. Robin said she almost quit after that. The ride was long, hot and she was TIRED! But like the rest us of she came back and brought her husband too.

Both Robin and David ride in the Novice division, lightweight and heavyweight respectively. David has been riding a 12 year grade rescue horse called Major but this year will be starting an 8 year old MFT called Dan. Robin's partner is an Arabian (no description about behavior and antics necessary) called Drifter.

The Nore's haven't set any CTR goals this year as Robin is having surgery on her shoulder and David is starting his new horse. Curious as to what they had to have in their saddle packs during a CTR, they admitted that besides the obvious knife and hoof pick, Oreos must be in the saddle packs!

When time allows their favorite place to ride is Halsey, Ne.

Their Motto's:

David – work steady, don't give up! Although he admitted that he does get a little impatient.

Robin – don't sweat the small stuff.

Their advice to those just starting in the sport: don't be intimidated by the distance or your own inexperience and HAVE FUN!!!!



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Back Country Horsemen of America Advocacy Partnership

NECTRA (Nebraska Endurance
& Competitive Trail Association)
has joined BCHA's Advocacy
Partnership.

Did you know that Back Country
Horsemen of America is the
major advocate for public land
use by all trail riders? BCHA
has prevented the inactment of
flawed trail classification

standards that would have
severely restricted trails and riding
areas. The BCHA has also
successfully worked to pass
federal legislation that would
preserve and protect rider's rights
on public land.

BCHA points out that strength in
advocacy is about presenting the
right facts to the right people at the

right time and making a convincing case
for our cause.

It is critical that we work together to
protect our right to ride on our public
lands.

To learn more about BCHA and
becoming an Advocacy Partner go to
www.backcountryhorse.com

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Include the Rabies Vaccination in your Spring Shot Program

Lancaster County, Nebraska has recently experienced a significant outbreak of rabies in horses.

Rabies is a virus that is most commonly transmitted in saliva from a rabid animal to another animal through a break in the skin. The reservoir animal (the animal that harbors the virus most commonly) in Nebraska is the skunk. It is assumed that most horses would be exposed from the bite of a rabid skunk. Horses are curious and will often go check out the strange acting animal that is in their paddock. If that strange acting animal is a rabid skunk, the horse would likely get bit while being curious and you would never know. The virus then travels in the horse's body to the brain and at that point, the horse will start to show abnormal symptoms. The virus then travels from the brain of the horse to the salivary glands and can be transmitted your horses' saliva. Now you have a horse that is acting strangely and you, as a concerned horse owner, go to its' aid and in an attempt to help your animal, you get exposed to saliva that is carrying rabies virus. Now look at your hands and see if you have any cuts or scratches because that is how the virus just got into your body! It can also enter through your eyes or mouth.

Preventing rabies disease in horses is as easy as vaccinating with rabies vaccine once a year. The vaccine is an intramuscular vaccine similar to many other vaccines we give our horses. Although rabies vaccine can only be administered by a veterinarian to dogs and cats, I have recently learned that rabies vaccine can be administered to horses by horse owners. If anyone has ever told you that only a veterinarian can give rabies vaccine, it is because the law is not very clear and we were mistaken. I learned a few weeks ago from the Nebraska Department of Health and Human Services, that rabies vaccine can be administered by non-veterinarians, aka: you can give it. I prefer to use Merial's rabies vaccine as I have had little to no problems with injection site or whole body reactions with this particular product. Your veterinarian may recommend a different vaccine based on their own experience.

Once rabies virus reaches the brain, there is no treatment and that infected animal will die, usually within 10 days. Horses and humans will both suffer the same fate. If your horse has been vaccinated and has a good antibody level from the vaccine, when the rabid animal bites them, the virus will be killed by the horses' immune system before it reaches the brain. That horse will never have symptoms and will never be able to transmit the virus to other animals or humans. The American Association of Equine Practitioners has added rabies vaccine to its list of core vaccines (along with Eastern and Western Encephalomyelitis, Tetanus, and West Nile vaccines). Their website (aaep.org) defines a core vaccine as those: "that protect from diseases that are endemic to a region, those with potential public health significance, required by law, virulent/highly infectious, and/or those posing a risk of severe disease. Core vaccines have clearly demonstrated efficacy and safety, and thus exhibit a high enough level of patient benefit and low enough level of risk to justify their use in the majority of patients."

Lancaster County has had three confirmed cases in horses in three months. Those exposed included owners, friends, children, farriers and veterinarians. I'm told by those who have recently gone through the vaccination protocol themselves that the vaccines for a human after being exposed costs almost five thousand dollars!

The symptoms of horses with rabies are not the same in every case. It is difficult for me to give a short list of symptoms that will always be exhibited when a horse has rabies because rabies can present with so many different symptoms. It is a disease that is best diagnosed by a veterinarian. Better yet, let's get all of our horses vaccinated and minimize our risk as best we can!

Hoping everyone has a great year with their horses.

Pat McInteer, DVM
Hillcrest Animal Clinic
www.hillcrestanimalclinic.com

For Sale:

One of these fine horses could be your next NATRC Partner

Doc

Vital Statistics: gelding, 14.2 hands, 7 yrs old, chocolate with white/flaxen mane & tail, Resume: trailers, stands for: farrier, baths, and clipping. Turns on forehand, hind quarters, side-passes, backs, goes thru water, stands to be mounted, trots in hand, lunges. He has been ridden in Ok., Mo., Colo. and Ks. Price \$5,375

Barbie

Vital Statistics: mare, 15.3 hands, chocolate with white mane & tail. Resume: can do every thing that Doc can plus she has competed in NATRC with good P&R's. Price \$7,475 I can only ride one horse at a time. So whichever one does not sell I will keep to compete in NATRC on. I am located outside Wichita, Ks. Contact: Maryann at 316-655-6888 or e-mail mad4horses@sbcglobal.net



9 inch gooseneck offset for sale \$100.00"

Contact Trish Cleveland if interested
Phone (785)456-1935 or email tman@wamego.net

Found!

There were 2 jackets left at the Indian Cave ride last year. *One* is light blue with white and says Nike. *The other* is a black sweater like jacket that says Vail on it.

If these jackets are yours please email: Chuck Edwards at candmelstars@juno.com or call at 402-489-1502 so they can be returned to you.

The 3rd Annual Riding to the Rescue - June 5th and 6th at Perry Lake near Ozawkie, KS.

We have wonderful trails, an ever-improving campsite, and a terrific management team. Truffles Catering of Wichita, KS, provides all of the meals for those who elect the FULL MEAL DEAL.

All proceeds benefit the rescued horses at Rainbow Meadows Equine Rescue and Retirement, Inc. near Sedan, KS. Please visit our website at www.rainbowmeadowsranch.com. Many of our wonderful adoptable horses would make GREAT trail companions. See you there!!



Contact Karen Everhart at 620-725-3402 or email rainbowmeadowsranch@gmail.com for additional information.

Karen Everhart Med, Co-founder and Executive Director
Rainbow Meadows Rescue and Retirement, Inc.

Serving the equine companions who have so loyally served us....

It's Time to: Update Your RMS Profile or Get Your RMS Profile Started

To update your rider and horse profiles: Sign into RMS, go to the Manage Profiles section, in the drop down boxes for rider, click on the correct name and then click 'Go'. A new screen will open titled 'Manage Rider or Volunteer Profile' - update address, phone, emergency contact and NATRC membership expiration date (for 2010 ride year that would be 12/31/2010). Now look at the horse profiles - new horse? Enter the information in the 'Manage Horse Profile' section. Reviewing and updating the rider and horse profiles will be of great assistance to ride secretaries.

Registering for a user account in this system will allow you to create, edit and use rider and horse profiles so you won't have to enter the same information repeatedly for yourself (or people in your family) and your horses. Once profiles are created, you can easily and quickly register for rides and pay by credit card or print your applications and send them in with your check. You can use your account as an individual or as a family account simply by creating additional rider and horse profiles. Check it out! Go to www.natrc.org, click on "Rides" then on Ride Management System.

2010 Clinic and Ride Schedule North American Trail Ride Conference, Region 6

All dates, locations, etc. are subject to change.

- MAY 15 CTR Clinic (**KS-Reg 6**) Hillsdale Lake, Hillsdale, KS
CHR: Jerry Weil, Liberty, MO (816-781-2218) jkweil@sbcglobal.net
- MAY 15 CTR Clinic (**IA-Reg 6**) Brushy Creek Rec. Area, north campground, near Lehigh, IA
Contact Karen Glock, (515-965-4415); or Beth Aswegan, (515-367-2331), mbea@juno.com.

For ride details, consult the Region 6 web site - natrcregion6.org
- MAY 1-2 MISSOURI WALTZ IN BLACK (**MO-Reg 6**) Brushy Creek Resort, Black, MO
A-O/N/CP CHR: Beth Braznell, St. Louis, MO (314-495-2681) ebraznell@aol.com
LIMIT: 60 SEC: Dana Esbensen, Troy, MO 63379 (636-528-8028) trailryder50@yahoo.com
- JUNE 5-6 RIDING TO THE RESCUE (**KS-Reg 6**) Perry Lake, Ozawkie, KS
A-O/N/CP CHR: Karen Everhart, Sedan, KS (620-725-3402) rainbowmeadowsranch@gmail.com
LIMIT: 65 SEC: Hope White, Bonner Springs, KS 66547 (913-238-9528) hope@electricaldevelopment.com
- JUNE 19-20 EKAHA HILL & DALE (**KS-Reg 6**) Hillsdale Lake, Hillsdale, KS 30th Anniversary!
A-O/N/CP CHR: JR Kendall, Olathe, KS (913-681-2318) jrken@att.net
LIMIT: 60 SEC: Susan Manley, Shawnee, KS (913/441-0829) s_a_manley@yahoo.com
- JULY 17-18 CEDAR CREEK (**MO-Reg 6**) Mark Twain National Forest, Fulton, MO
A-O/N/CP CHR/SEC: Chris Wallis, Centralia, MO (573-387-4859) mwallis@ktis.net
LIMIT: 60
- SEPT 18-19 DAVE SMITH FALL FIESTA (**IA-Reg 6**) Brushy Creek Rec. Area, near Lehigh, IA
A-O/N/CP CO-CHR: Denise Schieffer, Columbus Jct., IA (319-728-8737) ponyexpress11@hotmail.com
LIMIT: 60 CO-CHR: Terry Bowman, Nevada, IA (515-382-2269)
SEC: Hazel Peterson, Zearing, IA (515-231-9338, leave message) moe03@netins.net (preferred)
- OCT 2-3 FLINT HILLS (**KS-Reg 6**) Randolph State Park, Tuttle Creek Lake, Manhattan, KS
A-O/N/CP CHR: Preston Buckland, Junction City, KS (785-717-8815), prestonbuckland@yahoo.com
LIMIT: 60 SEC: Deanna Retzlaff, Westmoreland, KS (785-457-3725) packer@kansas.net
- OCT 9-10 INDIAN CAVE (**NE-Reg 6**) Indian Cave State Park, Shubert, NE
A-O/N/CP CHR: David Nore, Hickman, NE (402-788-2761) dnore1@windstream.net
LIMIT: 60 SEC: Robin Nore, Hickman, NE (402-788-2761) dnore1@diodecom.net
- OCT 23-24 KANOPOLIS CANYONS R6 Benefit (**KS-Reg 6**) Kanopolis State Park, Marquette, KS
A-O/N/CP CHR: Erin Glassman, Russell, KS (620-617-7221) ejacob716@gmail.com
LIMIT: 60 SEC: Ruth Mesimer, Liberty, MO 64068 (816-781-9496) r_mesi@att.net

Visit the following web sites for ride listings: natrcregion6.org OR natrc.org.

NATRC MEMBERSHIP FORM

YOU CAN ALSO RENEW, JOIN OR PURCHASE ITEMS ONLINE! www.natrc.org

NEW FOR 2010: RECRUIT A NEW MEMBER AND RECEIVE A 10" TRAILER STICKER FOR YOUR EFFORTS! THE CURRENT MEMBER RECRUITING THE MOST NEW MEMBERS FOR 2010 WILL RECEIVE A COMPLIMENTARY REGISTRATION (MEALS NOT INCLUDED) FOR THE 2011 NATRC 50TH ANNIVERSARY NATIONAL CONVENTION IN NASHVILLE, TENNESSEE!

New member must list you as the one responsible in helping them in their decision to join NATRC.

Memberships run from January 1-December 31. NATRC offers ten membership plans: six Regular, two Platinum and two Lifetime Annual Platinum Upgrades. The Platinum plans receive all the benefits of the Regular plans plus personal excess liability coverage with a \$1,000,000 policy limit.

CHECK PLAN DESIRED

REGULAR MEMBERSHIP: All NATRC memberships include: one Rule Book (upon request) or as many rulebooks as desired downloaded from www.natrc.org, newsletter, eligibility to compete for NATRC annual high score awards and championships, rider and horse mileage awards, and reduced ride entry fees.

Memberships include both national and regional dues. When you join NATRC you are automatically a member of your respective region.

- FAMILY..... \$60.00 per year Household of 1 or 2 adults and children under the age of 18 as of Jan 1 (2 votes)
- SINGLE ADULT..... \$50.00 per year Single adult member (1 vote)
- ASSOCIATE..... \$50.00 per year Equine-related groups or businesses only (no vote)
- JUNIOR.....\$35.00 per year Single Junior member under age 18 (no vote)
- SINGLE LIFETIME..... \$600.00 Any person of any age (1 vote)
- FAMILY LIFETIME..... \$800.00 Husband and/or wife at the time membership is obtained and children under the age of 18 as of Jan.1 (2 votes)

PLATINUM MEMBERSHIP: Platinum members receive insurance benefits through Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and /or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included, and business exposures are excluded.

- FAMILY..... \$100.00 per year Household of 1 or 2 adults and children under the age of 18 as of Jan 1 (2 votes)
- SINGLE ADULT..... \$70.00 per year Single adult member (1 vote)
- ANNUAL UPGRADE TO SINGLE LIFETIME...\$20.00annual fee
- ANNUAL UPGRADE TO FAMILY LIFETIME...\$40.00 annual fee

HOOF PRINT SUBSCRIPTION ONLY: ___.\$15.00 per year US or ___ \$20 foreign

NATRC Specialties (Optional)

- RULEBOOK..... \$5.00, free with all memberships. Or save NATRC \$\$\$ by downloading from www.natrc.org
- Patch (inc. w/new membership). \$5.00
- 10" Round Sticker with NATRC Logo... \$5.00 **Back in stock**
- 4" Round Sticker with NATRC Logo.... \$3.00 **Back in stock**
- NATRC Introduction DVD \$8.95

Colorado residents please add 2.9%

\$ Enclosed _____ Please make checks to "NATRC" and mail to: NATRC, P.O. Box 224, Sedalia, CO 80135

Questions? Call 303-688-1677 or email to: natrc@natrc.org

Please list first and last names of all competing family members. We especially need to know if members of the family have different last names:

Name(s) _____

Street _____ City, State, Zip _____

Phone (____) _____ Email: _____ Birthdates of Junior(s) _____

If you are a new member, can you share with us how you find out about NATRC? _____

If you are a new member, is there a current NATRC member that helped in your decision to join NATRC?

If so, please list them _____



Region 6 Rally
Newsletter of NATRC Region 6
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www.natrcregion6.org

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**Region 6 Rally
Editor:**



A stubborn horse walks behind you, an impatient horse walks in front of you, but a noble companion walks beside you.

Hi, I'm Virginia Prey, your new Region 6 Rally Editor and I would love to hear from you! Send your articles, jokes, photos (.jpg only) or special note you wish to share with your Region 6 family to me. Warning articles may be edited for grammar, length, and content.

~Virginia
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