

Region 6 Rally

INSIDE THIS ISSUE:

Officer's & Committees	2
Code of Ethics	2
Pest	3
Hillsdale Clinic Report	3
Members List-Serve	3
Hats off to Our Horses	4
Regional News	5
Help Wanted	5
News from R6 Nat'l Dir.s	6
General Membership Meeting	6
100% Club	6
Specialized Saddle Raffle	7
Scholarship	7
Proposed By-Law Changes	8
N.A.T.R.C. Proposed Rule Changes	9
N.A.T.R.C. Proposed Rule Changes Con't	10
Thinking of You	10
Proposed Rule Change on Hoof Boots	11
Missouri Waltz Results	12
For Sale	12
News on Missouri Waltz	13
Flint Hills	13
News from the President	14
Entries a Ride Manager's	14
New Nightmare	15
Thank our Sponsors	15
Mo Waltz Back in Black	16
Ride Schedule	16
My Horse isn't Performing Well	17
Region 6 Benefit Ride	17
Picture This	18
Training Tip	18
Flint Hills Ride	19
Deadlines	20

Nebraska Horse Expo

A great way to reach and teach horse lovers about our great sport is to host a booth or give a demonstration at the state horse expo. The Nebraska Endurance & Competitive Trail Ride Association (NECTRA) did both in March! The booth, chaired by Chuck Edwards, attracted more people than the past few years, and interest was high as trail riding activities flourish in the area. The entire back wall of the booth was wallpapered with 11" x 17" ride photos to give a greater feel of the different aspects we enjoy during a weekend, including check in, ride briefings and meals, beautiful trails, challenging terrain, judges and obstacles, awards, volunteer opportunities, and warm smiles throughout. A saddle and trail gear



demonstration drew additional attention and discussion, a raffle for a Tractor Supply gift card helped gather contact information, and handouts educated about competitive trail riding and upcoming events.

Round pen demonstrations were given on Friday and Sunday by club members Kristi Chapman, Dick Webb, Katlyn Kimmen, Shari Parys, and Taylor Barnes. It was an excellent opportunity to illustrate vet checks, tack

and gear options, and training ideas to practice at home. Along with the basic elements of the sport and what sets us apart from other trail competitions, it was a perfect time to discuss conditioning strategies, metabolics, what to look for in a long distance horse, and cost effective ways to enjoy time away with your horse and friends. Great questions were asked and the audiences seemed eager to learn more!

~Shari Parys

Region 6 Rally is produced by Region 6, North American Trail Ride Conference, for the benefit of its members. While information is assumed to be correct, it is not guaranteed. For membership, contact Priscilla Lindsey, 970-354-7422 or lindx_pris@yahoo.com.

Region 6 Board Members and National BOD Members

Jingshen is the Mandarin word for spirit and vivacity. It is an important word for those who would lead, because above all things, spirit and vivacity set effective organizations apart from those that will decline and die.

~ James L. Hayes

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Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gather.

We adhere to an implied code of ethics. This code of ethics dictates that we behave professionally, courteously, and responsibly. This includes:

- Representing the sport on a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others



"Horses change lives. They give our young people confidence and self-esteem. They provide peace and tranquility to troubled souls. They give us hope!"

~Toni Robinson

If you are a pest....

I was riding Sonny at the Robbers Route Ride in Oklahoma in September and of course it was hot and HUMID! I got through the morning P&R as the day was just warming up but the second P&R was the extreme challenge, out in the sun and no wind. I knew my odds of being held were very high (he is a heavier muscled horse) and despite my rigorous

fanning and all my water I could see his respiration going up. My experience in Oklahoma and Arkansas is that the horseflies there can carry you away and this weekend was no exception. As Sonny's respiration was being taken a horsefly started in on him and he stopped breathing to take care of it. So because of the

horsefly we didn't get held. I guess the moral of the story is, even your a pest can help you out and remember the lucky times more than the unlucky ones.

~Kim Weil

NATRC – Hillsdale Clinic

Rain, mud, cold, and more mud describes Hillsdale Lake for our clinic.

Considering that, we had 11 very interested and hardy people come to our clinic. We had an excellent group of NATRC faithful to help with the clinic, including: Mike and Mary Colby, Mary McDivett, Jackie Hathorn, Trish Cleveland, Ruth Mesimer, and Jerry and Kim Weil.

We started at 10 AM and had 2 hours of open

discussion about NATRC; the philosophy, goals, and purpose of the sport. Kim prepared a fabulous lunch for everyone and we had lots of discussion about what we do and why we do it in the rain.

After lunch we ask how many would like to go ride and had no takers.

Everyone was very cold by this time and most of the attendees were from the Smithville area and very aware of mud. Over all I was very surprised

and pleased at the turn out. Hillsdale was already saturated and then we had 3 inches of rain on Thursday followed by a very cold rain starting early Saturday morning and lasting all day. We had entries come all the way from Chapman, Kansas which is at least 3 hours west of Hillsdale. I feel we will have some positive results from this clinic.

~ Jerry Weil

****Attention****

Region 6 now has a list-serve for all members so they can receive group emails about region 6 issues.

If you have not received an email from Christine Abbott asking you to respond, and wish to be included on the list-serve,

please email her at: cabbott2@kc.rr.com

“Hats off to our Horses”

National Convention introduced me to a new group of friends who actually enjoyed the miniscule details I can ramble on about when discussing my trail riding addiction. They not only appeared genuinely interested, they also shared the same quirks and knew first hand what it's like to “do NATRC”.

This year's 49th convention was hosted by Region 1 and held in Reno, Nevada. After dodging the gambling arena, there were multiple events to participate in from educational sessions, the hospitality room that also hosted a silent auction, entertainment, and the ever popular trade show. Some of the events were co-sponsored by AERC, and the additional support helped bring in some great speakers and more traffic for the sponsors. NATRC is continually searching for how to increase membership and it is obvious that more members drive more sponsorship and the ability to provide more member services.

Two of the sessions focused on nutrition and colic. Dr. Joe Pagan from Kentucky Equine Research shared how the nutritional requirements for performance horses differ from more sedentary animals and the advances that have been made in manipulating protein, fat and carbohydrate ratios to achieve optimal results. There are indications that the type of fat makes a difference, with omega-3's in such things as flax seed preferred to the old standard corn oil for supplementation. Obese horses respond differently than fit horses, so it is all very scientific as you tweak what is best for your animal and event. (If people will go to the trouble to grind flax seed and store it in a refrigerator to avoid rancidity for their horses, would they do the same for themselves? Maybe I have a new angle in helping people eat better. Two for one!)

Dr. Jim Moore, DVM who practices at the University of Georgia discussed colic and the different types. His state-of-the-art three-dimensional models and animations made his words come to life as we watched how food travels thru the gastrointestinal tract and why and where colic becomes a problem. I took away that there are three types, all with differing severity and treatment plans...and that the computer age has made anatomy and physiology reference material much more understandable than the textbook version.

Other sessions discussed trail management and how to connect with land owners as well as another clinical session on typing-up in horses. I have no report on these as I enjoyed a little R & R and know that networking is also a part of experiencing convention.

Meeting AERC members and learning about that segment of competition, was also very interesting and intriguing. (Could my mule do 100 miles in one day?) I wandered the trade show, attended Dave Stamey's cowboy poetry/guitar concert, the dance following (trail riders like to live it up!), and the award's banquet.

The Award's Banquet gave great recognition to our own Elmer Bandit, Maryanna Wood's trail partner for many years who died this year. Pictures and memories were shared and not a dry eye remained.

Other national awards Region 6'ers took home included: The Jim Menefee combined horse and horsemanship award: *Cheri Jeffcoat and Prime Sensation*; Bev Tibbits Grand Champion Horse Award: runner-ups were *Prime Sensation with 98.29%* and *King's Mountain Hale Bop with 98.21%*; Overall open lightweight horse: *Prime Sensation 1st place*, *Cito Mocha Raton 3rd place*, *King's Mountain Hale Bop, 4th place*; Overall Open Lightweight Horsemanship: *Cheri Jeffcoat, 1st place*, *Patti Dollarhide 4th place*; 1000 mile horse award: *JGC Maximum Overdrive*; 3000 mile horse award: *Strike the Gold and Prime Sensation*; 4000 mile rider bronze award, *Vickie White*; 6000 mile rider award: *Kristi Chapman and Trish Cleveland*; 8000 and 9000 mile rider award: *Cheri Jeffcoat*; 11,000 mile rider award: *Bill Hinkebein*; 2009 Breed Awards: overall Missouri Fox Trotter, *Primer Sensation*; High Point Appaloosa, *Rick to the Rescue*; Horse of Americas, *Cito Mocha Raton*; Mule, *King's Mountain Hale Bop*; Shagya Arabian, *Max*. 2009 National Champions were *Prime Sensation*, *Cito Mocha Raton* and *King's Mountain Hale Bop*. Jerry Weil received recognition for judging the most NATRC events in 2009 and our outgoing alternate board director, Norma Newton, was also thanked.

Region 6 was well-represented with our national officers Ty McCullough, Christine Abbott, #1 vet judge, volunteers and other attending members. The hospitality room showcased memorabilia from previous years, and it was humbling to read the history and the successes as well as hear a few tales of Region 6 riders over the years. Our predecessors have given our region a great foundation and it appears alive and well.

Next year the 50th anniversary NATRC convention will be held in Nashville, TN and Region 5 is already working hard to make it the best ever. Attending this meeting can provide a nice winter horse fix between the winter and spring riding seasons, so put it on your 2011 calendar!

~ Patti Dollarhide

Regional News

Region 1

Our first ride of the season was held at Mt. Diablo, near the San Francisco Bay area on May 1st. It was a challenging ride with lots of elevation change. Mt. Diablo is the site where the very first NATRC ride was held many years ago. The next ride will be a new one, the Arnold Rim ride, and we're hoping for a good turnout.

Region 1 has made it a policy to try and return our rides to the format of earlier times where each division was for a specific level of horse and rider. Novice for the true Novice rider and less well conditioned horse, "CP" for those who had "Noviced out" or wished to back off from the Open pace and Open for the very well conditioned horse. We also wanted to provide an incentive for riders to move up the chain to "Open". To that end we are revising our regional year-end awards so there is a progression in quality from Novice to Open. We are encouraging ride managers to do the same. At the rides themselves, we are trying to make the pace and obstacles easier for Novice and have CP do more distance at faster speeds while still staying within the rules. CP will have the more involved obstacles. Open is to be paced at the fast end of the limits with few obstacles so that, in essence, the trail is the obstacle. This will allow the veterinarians to actually use condition and soundness rather than manners in choosing the best horse. In all cases, we're encouraging the Judges to not provide observations that will cause a traffic jam on the trail.

Obviously, this requires a lot of coordination with ride managers. It will be interesting to see how things work out.

Region 4

With a 2010 ride schedule that features twelve rides, Region 4 is anticipating another great year on the trails. We've launched a New Location Buckle Series to encourage attendance at three new rides on the calendar, two in the spring and one in the fall. Many of our rides benefit worthy non-profit organizations such as Meals on Wheels, the HUGS project and the Girls Scouts, while several benefit NATRC programs such as the First Time Manager's Fund.

The season started with the traditional Christmas at the Ranch in early December. Temperatures were in the low 20s, which is nearly unheard of in Central Texas, but riders and horses alike bundled up to celebrate the start of the holiday season and a new ride year.

This year is the first year that several Region 4 rides are offering a "B" option. We will examine the data to determine if we are attracting new participants to the sport and if those who do ride a "B" ride eventually move up to an "A" ride.

We have had several administrative projects underway such as our successful program to rent vest numbers for the entire season so competitors can customize their own clothing. We are also replacing or upgrading our traditional rider vests and we have purchased new radios. We renewed our ribbon program which saves Ride Managers money for awards as well.

Help Wanted! Fabulous Opportunity! Effect Change!

The election of a new National Board Member is this year. Region 6 needs some one to step forward and get on board. We need to continue the positive direction and proactive approach of our national organization so if you are interested, please get your resume in. If you have any questions or concerns contact Ty McCullough.

"Flaming enthusiasm backed by horse sense and persistence, is the quality that most frequently makes for success."

~Dale Carnegie

“Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.”

~Margaret Mead

News from Region 6 National Directors

The national board of directors will meet in July to continue discussing a number of issues including the proposed change in the boot rule for NATRC. Therefore, if you have an opinion on the proposed changes, please let either Christine Abbott or Ty McCullough know your thoughts. They will bring all the opinions and ideas to the national

meeting so the national board can work on a proposed rule change. A full NATRC membership vote will be held in November if there is enough interest in changing the present ruling on whether to allow protective boots during a competitive trail ride.

Come celebrate NATRC's 50th anniversary at the

2011 national convention, next February in Nashville, Tennessee.

Region 6 will have one national director position open as Ty McCullough is going off the board this year. Anyone interested in running for national Board director should contact Ty McCullough so he can put your name on the ballot.

General Membership Meeting

There will be general membership meeting June 19, 2010 in the Pavilion at the Hill & Dale CTR.

The general membership will be voting on two (2) proposed by law changes.

See page 8 for the proposals!

4:30 PM – Region 6 General Membership Meeting

7 PM approx. (after dinner) - Region 6 BOD Meeting

Please familiarize yourself with the proposals before the June membership meeting.

Thank you and hope to see you all soon.

~Christine Abbott

100% Club Becomes A Reality!

Region 6 now has its own 100% Club thanks to Dr. Pat Regier. Dr. Regier generously donated the start up funds for a new program honoring riders and workers who ride and/or work every ride in our region during the ride season.

Anyone who volunteers to work at a sanctioned trail ride or competes, or a combination of the two,

will be honored with a zip up front, pocketed blue fleece jacket embroidered with **NATRC Region 6 100% Club** as well as the logo. These quality jackets are perfect for spring or fall weather and will identify you as a member of a very special Region 6 club, the 100% Club. If you do not qualify for the 100% Club but want to order a jacket, you can order one in green.

The green jackets will only be embroidered with NATRC and the logo.

Contact Christine Abbott for price and ordering information.

NATRC is 50 and You Can Win a Specialized Saddle

"When you are on a great horse, you have the best seat you will ever have."

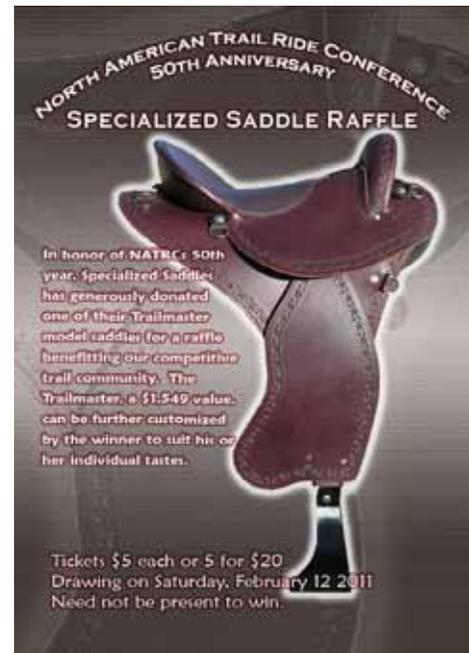
~ Sir Winston Churchill

In recognition of NATRC's 50th Anniversary, Specialized Saddles has generously partnered with NATRC on a Trailmaster model Specialized Saddle to be raffled as a fundraiser throughout this year long celebration of our sport. The Trailmaster is a \$1549 value and can be further customized by the winner to suit his or her individual tastes.

Raffle tickets are currently being sold for \$5 each or five (5) tickets for \$20. The winner's name will be drawn during NATRC's 2011 National Convention next February 12th. The national convention will be held in Nashville, TN, and promises to be a grand event. You do not need to be present in order to win.

Raffle tickets will be available for purchase at every sanctioned ride as well as by contacting Christine Abbott. You can also purchase tickets online www.natrc.org through PayPal at \$21 for 5 tickets.

All proceeds will be used to promote the sport of competitive trail riding through the North American Trail Ride Conference.



Education is the ability to listen to almost anything without losing your temper or your self-confidence.

~Robert Frost

Student scholarships are available for individuals planning a career in equine related fields. Up to \$5,000 will be available annually with distribution at the discretion of the NATRC National Board of Directors.

Applicants need to complete the **Bev Tibbitts Memorial Scholarship** form as well as submit three (3) letters of support for your scholarship candidacy. Letters may be written by a teacher, NATRC judge, ride chairperson, regional or national board member, veterinarian, or any other person involved in the horse industry.

For an *application*, contact the NATRC Executive Administrator at natrc@natrc.org. Please use Word 2003 if sending via email.

Deadline for the application is January 15th for the following Fall semester.

PROPOSED BY-LAW CHANGES

Changes are in bold

Proposal A: Article IX: Section E: President

Currently reads:

The President shall be the principal executive officer of the corporation and, subject to the control of the BOD, shall in general supervise all of the business and affairs of the corporation. The President shall, when present, preside at all meetings of the members and of the BOD, and in general shall perform all the duties as may be prescribed by the BOD, from time to time. The President shall be an ex-officio member of all committees.

Change to Read:

The President shall be the principal executive officer of the corporation and, subject to the control of the BOD, shall in general supervise all of the business and affairs of the corporation. The President shall, when present, preside at all meetings of the members and of the BOD, and in general shall perform all the duties as may be prescribed by the BOD, from time to time. The President shall be an ex-officio member of all committees.

To be eligible for the position of Region 6 President, an individual must be a NATRC member in good standings and must have previously served as a national board member or regional director for Region 6.

Rationale: To insure that the individual elected as Region 6 President has some experience on the board of directors before he/she takes office.

Effective: Election of Region 6 officers 2011.

Proposal B: Article V: Section B

Currently reads:

Until changed in accordance with the Bylaws, the number of directors shall consist of the national directors and two (2) representatives elected from and by the membership of each active state in the region for a two (2) year term on alternate years. An active state shall be defined as any state in NATRC Region VI that has eight or more members of NATRC and at least one NATRC sanctioned competitive trail ride.

Change to read:

Until changed in accordance with the Bylaws, the number of directions shall consist of the national directors, one (1) representative elected from and by the membership of each active state in the region for a two (2) year term on alternate years, **five (5) representatives elected from and by the membership at large for a two (2) year term on alternate years, and (2) alternate representatives elected from and by the membership at large for a two (2) year term on alternate years.**

Rationale: This change would make it possible to vote individuals to the board of directors who really want to be on the board but are from a state that already has two individuals who have expressed interest in being on the board. It increases the likelihood that individuals voted to the board of directors truly want to be on the board of directors.

Effective: Election of Directors for 2011 BOD.

N.A.T.R.C. Proposed Rule Changes for 2010

1. Page 2-1 Section 2.A.3.Add:

c. All participants, personnel, and equine owners must sign a NATRC liability release form.

Purpose: *The Rule Book requires participants in clinics to sign a release form, but does not require the same for rides.*

2. Page 5-2 Section 5.E. Reads: Shoeing

1. There are no shoeing restrictions.

Change to: 5.E. Hoof Protection

There are no shoeing restrictions.

All types of hoof boots that provide sole protection are allowed. However, any attached strap, keeper, or gaiter must not extend above the pastern. The judges may request to observe the area covered by the attached strap, keeper, or gaiter.

Page 5-2 Section 5.F.4. Reads: Protective devices on the legs of the horse are not allowed. The leg is defined as all structures above and including the coronet band.

Change to : Protective devices, such as bell boots or wraps, are not permissible on the legs of horses except for hoof sole protections as allowed under Section 5.E.2. The leg is defined as all structures above and including the coronet band.

Page 6-2 Section 6.B.2. Reads: Soundness 45%: The evaluation of soundness shall include, but not be limited to, the following: lameness ... cinch sores, rubs, splints, ringbone, spavin, sidebone, etc.

Change by adding: The evaluation of soundness shall include, but not be limited to, the following: lameness... cinch sores, rubs (including areas covered by any attached strap, keeper, or gaiter), splints, ringbone, spavin, sidebone, etc.

Page 6-2 Section 6.C.1.c. Reads: Tack and Equipment: The evaluation of tack and equipment... proper fit, adjustment, repair; trail gear placement and security.

Change by adding: The evaluation of tack and equipment.....proper fit, adjustment, repair; adjustment, proper fit of any attached strap, keeper, or gaiter; trail gear placement and security.

Purpose: *From the Judges Committee; the new boot designs have given riders much more of a choice in how they*

would like to compete. This will also encourage and remind judges to check for rubs, fit, etc.

3. Page 5-4 Section 5 J2.e Reads: Catastrophic circumstances or uncontrollable acts of God causing disruption of completion of time schedules will be adjudicated by management in consultation with judges and Rules Interpreter.

Add: Rides failing to meet the minimum mileage criteria may have sanction withdrawn by the Sanction Chairman with the approval of the BOD. (See Section 4A1b and A2c for minimum mileage requirements)
Purpose: *To clarify and remind management, judges and Rules Interpreter of the minimum mileage for a CTR. Also state the consequences if minimum mileage is not met*

4. Page 6-1 Section 6.A.5. Reads: Final Examination: There must be a final examination (including condition, soundness, and manners) of all horses by the veterinary judge after the completion of the final day's ride.

Change to read: There must be a final examination (including condition, soundness, and manners) of all horses by the veterinary and horsemanship judges after the completion of the final day's ride.

Purpose: *To require both judges to be present at the final evaluation to increase communication, so both judges will know the status of the team at the end of competition. For example, if a horse gets "completion only", the horsemanship judge will know.*

5. NOTE: *This is for Region 1A only.* Page 10-1 Section 10.B.2. Reads:

2. National Awards

a. National Championship – In Open Division in heavyweight, lightweight and junior classes a horse shall be declared a National Champion when both of the following requirements are met within any three-year period in which rides are held.

(1) Awarded one first.

(2) Accumulated 36 points. Points will be established after merging all horse and rider teams into one combined class. These points will be based on the table in Section 9 C4.

Continued on page 10

Friendships are born on the field of athletic strife and the real gold of competition.

~Jesse Owens

N.A.T.R.C. Proposed Rule Changes for 2010 *Continued from page 9*

3. Regional Awards

- a. Regional awards are given for combined horse and rider team.
- b. Upon receipt of the final ride report, all horse and rider teams in a division will be merged into a combined class (i.e. one class per division). Points will be based on the table in Section 9 C4.
- c. All points for rides, in which the same horse and rider combination competed, will be added together and the placings determined by the team with the most points.

Change to read

2. National Awards

- a. National Championship – In Open Division in heavyweight, lightweight and junior classes a horse shall be declared a National Champion when both of the following requirements are met within any three-year period in which rides are held.
 - (1) Awarded one first place for the class in which the horse is entered at the ride(s).
 - (2) Accumulated 36 points.
 - a) When the entire Open Division at any given ride has six or fewer competitors, points will be established after merging all horses in

all classes into one combined class. The scores for each horse will be ranked from highest to lowest, and points will be awarded based on the horse's placing in this combined class. In the case of tie scores, equal points will be awarded to the tie scores. Points will be based on the number of starters (table Section 9.C4).

b) When the entire Open Division at any given ride has seven or more competitors, points will be awarded according to placings in each class, based on the number of starters (table Section 9.C4).

3. Regional Awards

- a. Regional awards are given for combined horse and rider team.
- b. Points will be based on the table in Section 9 C4.
- c. Points will be assigned based on the class placings for teams in each division in the final ride report. After assigning the points, the horse/rider teams eligible for awards (i.e. NATRC members) in each division will be merged into one combined class (i.e. one class for each division).
- d. All points for rides, in which the same horse and rider combination competed, will be added together and the placings determined by the team with the most points. In the case of ties, the tied teams will be awarded the same placings.

Purpose: To clarify how to calculate the year-end awards for Region 1A

Section 7 – Championship Challenge Ride
Eliminate the whole section.

Purpose: This section was to create a challenge between NATRC and other distance sports. That has not happened.



Thinking of You!

Cheri Jeffcoat: On the loss of her only son. Our sympathy goes out to Cheri at this time.

If you would like to send Cheri a note her email address is jeffcoat.cheri@gmail.com and her mailing address is: 73372 – 611 Avenue, Sterling, NE 68443

*May the stars carry
your sadness away,
May the flowers fill your
heart with beauty,
May hope forever wipe
away your tears,
And, above all, may
silence make you
strong.
~Chief Dan George*

Proposed Rule Change on Hoof Boots

Last year the Judges Committee was asked for an opinion on hoof boots. Following is the opinion they submitted to the National Board of Directors:

"The shoeing rule was amended several years ago to allow the use of shoes, pads or boots. As currently written, the shoeing rule, section 5.E.1, states that there are no shoeing restrictions. However, Section 5.F.4, the tack section, prohibits any protective device that extends onto or above the coronet. Recent advancements in hoof boot technology and design have necessitated an update and revision of the rules.

The typical older style hoof boots did not extend above the coronet and were less secure. As a consequence, they were frequently lost on the trail. Recent advancements in hoof boot design allow for a more effective and reliable fit. Specifically, straps, keepers, and gaiters that extend above the coronet are now commonly used. These new attachment aids are in violation of Section 5.F.4.

The new boot designs have given riders much more of a choice in how they would like to compete. Many riders find that their horses still need boots or shoes while others feel their horses do well being barefoot. Therefore, the Judges Committee recommends that the shoeing rules be clarified.

The Judges Committee had difficulty in determining if sole protection, in any of its forms, undermines the concept of a level 'playing field.' Ultimately, most of the Committee believed that any type of hoof boot conferred minimal, if any, competitive advantage. Therefore, there should be no scoring advantage for horses that compete barefoot nor should there be point deductions for the use of any type of boot or shoe. In essence, the use of sole protection is at the rider's discretion. Scoring is dependent upon the rider making the proper choice for his or her horse."

As a result of this recommendation, the NBOD voted at its recent February meeting to take the following proposed changes back to the regions for discussion. Please let your National Board representatives know what you think so we can have more discussion at the July meeting. A final version will be voted on in November.

From the 2009 NATRC Rule Book, the rules currently read:

Section 5. E. Shoeing

1. There are no shoeing restrictions.
- 5.F.4. Protective devices on the legs of the horse are not allowed. The leg is defined as all structures above and including the coronet band.

Proposed rule changes in bold:

Section 5.E. Hoof Protection

1. There are no shoeing restrictions.
2. **All types of hoof boots that provide sole protection are allowed. However, any attached strap, keeper, or gaiter must not extend above the pastern. The judges may request to observe the area covered by the attached strap, keeper, or gaiter.**

Section 5.F. Tack

4. Protective devices, such as bell boots or wraps, are not permissible on the legs of horses **except for hoof sole protection as allowed under Section 5.E.2.** The leg is defined as all structures above and including the coronet band.

Section 6.B.2. Soundness

The evaluation of soundness shall include, but not be limited to, the following: lameness (as per the American Association of Equine Practitioners Guidelines) heat, filling & pain, tender withers, back or loin, cinch sores, rubs (including areas covered by any attached strap, keeper, or gaiter), curbs, splints ringbone, spavin, sidebone, etc.

Section 6.C.1.c. Tack and Equipment:

The evaluation of tack and equipment shall include but not be limited to the following: cleanliness, proper fit, adjustment, repair; **adjustment, proper fit of any attached strap, keeper, or gaiter;** trail gear placement and security.

Missouri Waltz in Black Ride Results

Not official until printed in Hoofprint! Placing = horse/horsemanship

Open Sweepstakes:

Susie's Stardust/Tammy Lineback (100)

Novice Sweepstakes:

Twister's Irish Lad/Stacie Louthan (100)

C/P Combo:

Brandy Sioux Addis/Jackie Hathhorn (198)

Open Heavyweight

1/3 Susie's Stardust/Tammy Lineback
2/1 Diamond's Sassy Stockings/James Keene
3/4 Country's Touch/Bill Hinkebein
4/2 My Nightmare/Vickie White
5/5 Red Bird's Ransom/Gary Clayton
6/ Spot Me Wild/Karen Sylvara
/6 Country Lee Summit Express/Todd Powell

Open Lightweight

1/ Swiss Mocha/Paula Riley
2/2 Prime Sensation/Cheri Jeffcoat
3/3 Cito Mocha Raton/Trish Cleveland
4/6 King's Mountain Hale Bop/Pattie Dollarhide
5/ Loco Motion/Sara Baldwin
6/4 Diamond's Atta-Boy/Deborah Keene-Starr
/1 JAC Natalie/Mary Anna Wood
DJ Maverick/Patricia Lysinger
/5 Wyntez Buddy/Beverly Roberts
Lucky's Black Gold/Matt Hiskett

Competitive Pleasure

1/5 Sir Timothy Gold/Tamara Andre
2/3 JGC Maximum Overdrive/Rhonda Levinson
3/2 Brandy Sioux Addis/Jackie Hathhorn
4/1 Smoke-N-Jaz' s Big Man/Kay Stich
5/6 Country Star Jet/Donna Keller
6/ Skya/Christine Abbott
/4 Take A Walkaloosa/Lucie Hess

Novice Heavyweight

1/4 Mr. Chico Lindo/Yvonne Smith
2/1 Angel's Ricochet Star/Liz Klamm
3/3 Royal Serendipity/ Terry Silver
4/ Sun Rock Blaze/Alan Bouska
5/2 DM's Eye of the Tiger/Noreen Altwegg
6/5 Black's Rusty Gold/Ellen Hiskett
CPT Chief Black Foot/Jim Kitchens
Princess/Lyn Parker
Kit/Jim Parker
/6 Scratches/Renee Nichols
DO RW Braveheart/Mary Ginn
P Patriot's Kentucky Lad/Jill Kohut

Novice Lightweight

1/1 Twister's Irish Lad/Stacie I
2/2 Touch of Country/Debbie
3/3 Rusty/Jessica Rader

For Sale! For Sale! For Sale! For Sale! For Sale! For Sale!

1. **Torsion Treeless Saddle**, Endurance model, brown nubuck leather, excellent condition. \$550 Contact Kim Weil 816-781-2218 or jkweil@sbcglobal.net
2. **Shalimar Windrift** is an 8 year old registered bay Arabian gelding, athletic, 14.2hands. He loads, stands for farrier, shots, worming, bathing etc. He loves to move out on the trail and is just as comfortable doing flying lead changes in the arena. He can sidepass, pivot, and turn on the forehand. He has competed in several NATRC Region 6 novice rides and has several sweepstake awards. This horse is ready for an 'Open' ride. If interested contact Robin Nore @ Robinn5810@yahoo.com or 402-499-6238
3. **Specialized Saddle**, International model, 16" seat, chestnut leather with brown seat. Will include some shims for customized fitting. Priced at \$1250 plus shipping. (new price is over \$1800) This one has been used as a demo; excellent condition. Priscilla Lindsey, 785-259-1687; email: lindx_pris@yahoo.com
4. **Ortho-Flex Saddle**, This saddle was built by the original Ortho-Flex company and had a new panel system (SY8XS-21C) installed in 2007. The saddle has been stored indoors. The cost new on this saddle is \$3600. Seat size measures 16 1/2" to the front of the cantle, 18" to the rear. Asking \$1150 or best offer. Kris Kippenberger, 620-515-5195; Independence, Kansas. Photos available upon request.
5. **Bob Marshall Sports Saddle**, 16 inch seat, excellent condition. I used this saddle for a "hard to fit" horse. \$700 Jerry Weil, 816-781-2218 or jkweil@sbcglobal.net

News on Missouri Waltz

Ah, the first ride in our region for 2010. And what a fantastic time! First, the weather was great-we missed the tornados! It was great to see so many friends after a long winter.

The Brushy Creek resort is top notch for camping

and riding. Beth Braznell, ride manager, did a fantastic job of managing the ride, assembling a first rate crew - she even gives the riders a snack to carry with them. The judges, Pat and Priscilla, were helpful and patient and Kim did a great job as trail

master! Florence is the P&R king! What an A+ group! The trail was challenging and beautiful. I hope we can make this an annual ride! The "Missouri Waltz in Black" is really a "black-tie affair"- first rate and classy! Thanks to all!
~ Yvonne Smith

The Region 6 ride season is officially under way with Ride Chair Elizabeth Braznell blazing the way with the Missouri Waltz CTR in Black, Mo on May 1 & 2.

More News on Missouri Waltz

What can I say? It was a great ride! The ride was in SE Missouri in The Ozarks. What does that mean? Lots of climbs which also meant a bunch of down hills! And, of course it was rocky as the Ozarks are prone to. The ride was primarily through mountain forest and one section of trail had plenty of water. The other not much but they sent us there early in day so that by the time we needed horse water there was lots of creeks!

The campground was exceptionally nice, level slots, electrical/ water and the management required the horses to be stalled. Fairly nice sized stalls, much better than some other rides.

Kim Weil, Trail Master, aided by Jack Hathhorn

and Liz Braznell did a great job, marking trails and hanging signs. In addition, the trails had some permanent color markers as well as numbered signs so that you could look at your map and know where you were at...I hate being lost so I love a well-marked trail and great maps.

The judges, Priscilla Lindsey (HSP) and Pat Reiger (Vet) did a great job. We saw them a lot!! Will write more on the challenges later, but, I thoroughly enjoyed being tested and having my horse tested.

Since it was an old ride in a new location, I am always a little leery. The first time can be "interesting" but the management team did a great job, things ran on

time (ya'all know how obsessive I am about things running on time), the hosts at the Brushy Creek Resort were friendly, helpful and just darn right nice. The lodge was great! We had briefings in the common room nice since it rained Friday night. If you want a horse vacation, this is the place to try out!

I do want to mention that all my "Rain Goddess" gear worked. Yes, we had rain on Fri/Sat nights...BUT WE WERE NOT RAINED ON DURING THE RIDE! I wanted to report that, since so many Region 5'ers were there and I didn't want them to report I had not done my job!!!!!!!!!!!! !!!!!!!!!!! !!

~Cheri Jeffcoat

Flint Hills Note

Preston Buckland, Derrick Milham and Olivia Huddleston have been hard at work on clearing up old trail and building new trail for the Flint Hills CTR. They hope that you will keep them in mind for a fall ride.

Letter from the President - The Two Mile Marker of Life

As most of you know, learning how to pace a competitive trail ride is important. As a rider, you must keep track of ride time, hold time, lunch time, and time spent at a pulse and respiration check. You don't want to arrive back at camp too early or too late on the last day of the competition as points are deducted from your total score when this happens. One of the markers put in place to help you gauge your time is the 2 Mile Marker. This often decorated sign, hung in a tree or taped to a pole, serves as a reminder that you are 2 miles from camp and so you had better hurry up or slow down if you want to arrive within the pre-set 30 minute window of time.

The 2 Mile Marker is a visual reminder that you must continue forward movement, stopping only when your horse demands a drink of water from a stream or in a dire emergency. You cannot circle your horse, back your horse, permit your horse to graze or have your horse come to a complete stand still any

where within the two mile zone. You must demonstrate forward movement. I have seen riders (and have done this once myself) panic after rounding a corner and find the finish line is straight ahead. The rider then signals the horse to move very slowly and slows the horse so much, in an effort to avoid coming in early, that the horse looks like it is moving in slow motion. One step, slowly...two steps, slowly...three steps...what time is it? The horse doesn't circle and doesn't back up, it continues moving forward.

As this new ride season unfolds I want you all to think of that 2 Mile Marker as it relates to living a meaningful and purpose-driven life. In all your efforts to improve your health, improve your relationships with others, to increase your sense of well being, and to shape your life into the life you desire, you must continue to make forward progress. Don't waste time backing up, as you have already been on that part of the trail. Don't allow yourself

to circle, as nothing productive comes from circling over and over again. And don't stop and graze as this becomes an excuse for not doing anything. Forward movement, however small the steps, is what brings you the challenges you need to face in order to live the life you desire to live. At times, you may feel as if you are moving in slow motion. However, keep moving. Change comes through forward movement, happiness comes from forward movement, and meaning comes from facing what we must face when we move forward.

You never know what time is it really, just as you never know what time is left for those we know and love. No watch on your wrist can tell you when you should arrive. But in life, it is important to move forward, step by step, just as we do in the 2 Mile Marker zone. You will arrive, exactly when you should. Here's to a fabulous ride season!

~Christine



"Let a horse whisper in your ear and breathe on your heart. You will never regret it."

~Author Unknown

Ride Entries a Ride Manager's New Nightmare

Where have all our competitors gone? I recently had a discussion with retiring Ride Manager J.R. Kendall about stressing over ride entries and here is what he had to say.

This issue for management has been going on for several years and has gotten worse each year. You probably saw the email from Karen Everhart recently about the possibility of cancelling Riding to the Rescue due to low entries, and if you were at Riding to the Rescue last year I showed up on Sunday afternoon to beg for entries for Hill & Dale and at that time I had 19. This year, I have 11 and the ride is less than three weeks away. The RMS system, as good a tool as it is, has created a downside for ride management in that a rider can look at the entries and see they are no where close to filling and blow it off till later. Every ride manager will tell you that every rider SHOULD MANAGE A RIDE at some point to feel the frustration. One of these days we will lose a ride just because of procrastination. "Oh, I had planned to be there, just hadn't gotten around to entering". And it is becoming more and more common for people just to show up without any advance notice they are coming. Then there is extra work for the ride secretary to fill out cards at the ride and that slows down the process. It hasn't been too many years ago we had waiting lists, meaning over 60 entries. Again, one day, and maybe not too soon, we will start losing rides because of low entries 2-3 weeks ahead of time. How sad will that be? This is a real shame because NATRC and its philosophy is so good.

Well there you have it fellow competitors. We need to do our part. We need to get our entries sent in, in a timely manner. Volunteer at a ride if we can't compete. And we need to mentor those individuals who expressed an interest in our sport. ~V



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Missouri Waltz **Back** in Black!

Riding has the power to change your life. It will make you fitter, healthier, even happier.

Definitely happier!! ~V

Thanks to all who came to the Missouri Waltz in Black last weekend. Everyone checked in safe, horses and riders seemed happy, and we had only one pull. The weather was excellent and people seemed happy with the facility and the trail.

Judges, P&R crew, Ride Secretary, Timer, Safety Riders, and Rules Interpreter did a great job. Kim Weil was the Trail Master with Jackie Hathhorn assisting, and they did a superb job! In other words, I had a great time as Ride Manager! Interestingly, out of the 39 horses that started we had:

17 Missouri Fox Trotters
8 Grade
5 Arabians
2 Half-Arabs
2 Paints
1 Mule
1 Spanish Mustang
1 Quarter
1 Appaloosa, and
1 Tennessee Walking Horse.

We were also fortunate to have four riders from Region 5 and three from Region 4. What a delight!

For as hilly and rocky as this ride was, and that it's early in the ride year, I was amazed at the scores. Priscilla Lindsey does NOT give out many 100 scores in Horsemanship, and there

were several at this ride. Same with the Horse scores. Judges saw the riders at least eight times outside of observed P&Rs and check-ins, so there were lots of observations. Riders, you did a great job with your horses!

Mark your calendars now for 2011! Missouri Waltz in Black will be held April 30-May 1 (two weeks after Arkansas Traveler, so you Region 4 people be sure to come back!).

Again, thanks to riders, judges, and volunteers. You all made this a VERY special ride!

Beth Braznell

2010 Ride Schedule N. A. T. R. C., Region 6

All dates, locations, etc. are subject to change.

- JUNE 5-6 RIDING TO THE RESCUE (**KS-Reg 6**) Perry Lake, Ozawkie, KS
A-O/N/CP CHR: Karen Everhart, Sedan, KS (620-725-3402) rainbowmeadowsranch@gmail.com
LIMIT: 65 SEC: Hope White, Bonner Springs, KS 66547 (913-238-9528) hope@electricaldevelopment.com
- JUNE 19-20 EKAHA HILL & DALE (**KS-Reg 6**) Hillsdale Lake, Hillsdale, KS 30th Anniversary!
A-O/N/CP CHR: JR Kendall, Olathe, KS (913-681-2318) jrken@att.net
LIMIT: 60 SEC: Susan Manley, Shawnee, KS (913/441-0829) s_a_manley@yahoo.com
- JULY 17-18 CEDAR CREEK (**MO-Reg 6**) Mark Twain National Forest, Fulton, MO
A-O/N/CP CHR/SEC: Chris Wallis, Centralia, MO (573-387-4859) mwallis@ktis.net
LIMIT: 60
- SEPT 18-19 DAVE SMITH FALL FIESTA (**IA-Reg 6**) Brushy Creek Rec. Area, near Lehigh, IA
A-O/N/CP CO-CHR: Denise Schieffer, Columbus Jct., IA (319-728-8737) ponyexpress11@hotmail.com
LIMIT: 60 CO-CHR: Terry Bowman, Nevada, IA (515-382-2269)
SEC: Hazel Peterson, Zearing, IA (515-231-9338, leave message) moe03@netins.net (preferred)
- OCT 2-3 FLINT HILLS (**KS-Reg 6**) Randolph State Park, Tuttle Creek Lake, Manhattan, KS
A-O/N/CP CHR: Preston Buckland, Junction City, KS (785-717-8815), prestonbuckland@yahoo.com
LIMIT: 60 SEC: Deanna Retzlaff, Westmoreland, KS (785-457-3725) packer@kansas.net

My horse isn't performing well, is it a chiropractic problem?

The first thing you need to understand is what a chiropractic problem is (and isn't) and what some of the common problems are that they create. Every joint in the horse's body (the spine has 200 different joints!) has a natural range of motion or distance that it can move in a very specific direction. When a joint loses some of its' natural range of motion, that loss of motion is a chiropractic problem. The joint is still in place and it is definitely not dislocated (which is what many people think of when they hear the word "out"). If the vertebral bones that carry the spinal cord were dislocated, it would cut the spinal cord in half and paralyze your horse. Think of the joint as being stuck because it has lost some of its' natural range of motion.

Every job you ask your horse to do requires that the horse move the joints of its' back and legs to perform the task. If some of those joints are not capable of moving to their fullest potential, it can be difficult for the horse to do that job normally. Think of asking your horse to take the right lead while cantoring right. There are many joints involved that have to move in a very specific direction to allow the body to circle right. If some of those joints are "stuck", your horse may have trouble trying to get into or stay in a right lead. This is one example of how a chiropractic problem occurs in a horse.

Some of the most common chiropractic complaints that I see in horses include trouble picking up a lead, cross firing (left lead in front and right lead behind), less flexibility to one side, difficulty flexing at the poll, lack of performance, pain in the back, and pain while tightening girth of saddle.

It is not always clear why a horse develops chiropractic problems. Often times, it is from the repetitive motions they perform in their lives every day. Simple things like rolling, getting feet trimmed and trotting across their paddock can lead to problems. A few things you can do to help minimize chiropractic problems in your horse include proper warm up and cool down, stretching legs and neck, keeping feet trimmed and teeth floated, and using a saddle that fits.

Not all problems in horses can be fixed through chiropractic adjustments alone. Our practice utilizes western veterinary medicine along with the complementary services to help improve performance and quality of life in your horses.

Pat McInteer, DVM
International Veterinary Chiropractic Association member
Hillcrest Animal Clinic
Lincoln, NE
www.hillcrestanimalclinic.com

***"A man on a horse
is spiritually, as
well as physically,
bigger than a man
on foot."***

~John Steinbeck

Region 6 Benefit Ride

Come support your Region at the Region 6 Benefit Ride at Kanopolis Canyons October 23-24!

The ride is now open for registration on RMS--the park is open to outside riders that weekend, so please make your camp

reservations early to ensure you have a camping site! The phone number to make those is 785-546-2565

Don't forget to sign up for the chicken noodle feed we're having Saturday night--bring a dessert if

you wish!

Come on out and have a blast enjoying the company of your fellow riders and some very beautiful scenery! Any questions, contact Erin Glassman at: ejacob716@gmail.com.

Picture This

Okay like most people to get things done I have to multi-task.

So the other day Red and I are getting ready for our second ride of the day and we go down to pull out a couple horses. Of course they all run up. Pick me, pick me.

We get halters on the two we are going to ride and I grab the hay cart to leave at the hay barn. The ones

not chosen are following along when all of a sudden the hay cart I'm pulling weighs a million pounds and I about pull my arm out of it's socket.

Why you may ask? Well Bear-A-Cuda (14'3, 700 pound gelding) decided that he wanted get on the cart and go for a ride.

Arrrrgh! Silly horse!

~V

Training Tip

I love watching John Lyons, Chris Cox, and Clinton Anderson (just to name a few), work with horses.

Every spring I pull out the videos to refresh myself on certain techniques. One of my favorites is "Lunging for Respect" especially since lunging a circle is usually required at every ride. Lunging while appearing to be simple and easy really isn't. You can go to any horse event and see someone lunging a horse on long line. The horse is galloping around, he's got his head turned, looking out of the circle and he's dragging the person halfway across the arena. Most people use lunging as a way to tire a horse out. After making him run around in circles for forty-five minutes straight, they hope he'll be tired enough to start paying attention to them

instead of the other horses or the activity going on around him. That's the complete opposite of what Lyons, Cox and Anderson expect of the horse they are working with and what I now expect from my horse. Lunging should not be a punishment or just a method to tire your horse but an exercise to establish your place as the "Boss Horse". You earn a horse's respect by moving his feet forwards, backwards, left and right and always rewarding them for their effort. The purpose of lunging should be to have your horse focus on you. The more you ask them to move their feet and change direction, the more focus and attention your horse will on you "The Boss Horse".

~V



EKAHA Hill & Dale

SAVE THE DATE
June 19-20, 2010

30th ANNIVERSARY

Location: Hillsdale Lake & State Park, Hillsdale, KS. (30 minutes South of KC)

Sanctioned by: NATRC

Vet Judge: Dr. Jerry Weil

Horsemanship Judge: TBD

Ride Type: A Open, CP & Novice 60 rider limit

Campsite: Primitive with water, toilets and showers.

BBQ dinner: Saturday evening.

Meals: Available all weekend.

Online registration: Through RMS

Sponsored by: Eastern Kansas Arabian Horse Association

Ride Secretary: Susan Manley s_a_manley@yahoo.com

Ride Manager: J.R. Kendall jrken@att.net 913-710-2318





**Horsemanship
Judge: Mike Colby**

Kansas Flint Hills Competitive Trail Ride

October 2-3, 2010

Governed by the Rules of the North American Trail Ride Conference

NATRC "A" RIDE: Open, Novice, CP

60 Rider Limit

Location: Randolph State Park is located on the east side of Tuttle Creek Lake, Manhattan, Kansas

Directions: **From I-70** exit onto Hwy 177 and go north to Manhattan. Go north of Manhattan on Hwy 24. Stay on Hwy 24 until it turns into Hwy 77. Stay on Hwy 77 until you come to Hwy 16 (Randolph). Turn right onto Hwy 16 and proceed across the large bridge. After the bridge make a right turn into the State Park. **From the north:** Hwy 77 south to Hwy 16. Turn east (left) onto Hwy 16 and continue over the bridge. After the bridge make a right turn into the State Park.

Trails: Trails are a combination of State Park and private land. Nice variety of Flint Hills and shaded areas. The scenery is breathtaking with fall colors against the Flint Hills of Kansas and beautiful view of the lake.

Camping: Drinking water, showers and flush toilets. Some electrical campsites available. Kansas Vehicle Permit and camping fees required. Fire in fire rings ONLY!

Stabling: Horses will be stationary tied to trailers.

Check-in: Check-in will begin at 3 PM on Friday, October 1, until dark

Meals: Saturday night's meal is a potluck. Riders are asked to bring a dish or dessert to share. Meals will be provided for all workers.

Fees: All classes/divisions: Adults, \$75 - Juniors, \$50. First time competitors deduct \$10. Minimum deposit \$30 to accompany completed entry form. Cancellations after September 19, no refund given. No-show, No refund! Vet-outs receive all but \$15. Entries can be made online to the RMS system at www.natrcregion6.org or mail entry to Ride Secretary.

Make checks payable to: Flint Hills CTR

Judges: Veterinary judge: TBA Horsemanship Judge: TBA

Ride Chair: Preston Buckland, 7222 St. John Rd., Junction City, KS 66441, 785-717-8815, prestonbuckland@yahoo.com

Trail Master: Derrick Milham, 503 Lincoln Ave, St. George, KS 66535, 785-844-1718, mdmilham@yahoo.com

Ride Secretary: Deanna Retzlaff, 10400 Lazy Creek Rd., Westmoreland, KS 66549, 785-457-3725 (evenings), packer@kansas.net

EMERGENCY PHONE NUMBERS

Potawatomi County Sheriff 785-457-3353

Cell # at ride 785-313-4843



Region 6 Rally
 Newsletter of NATRC Region 6
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Aug 15	Jun/July/Aug (Summer)	September
Nov 15	Sept/Oct/Nov (Fall)	December

Region 6 Rally

Editor:



Hi, I'm Virginia Prey, your mindless Region 6 Rally Editor and I would love to hear from you! Send your articles, jokes, photos (.jpg only) or special note you wish to share with your Region 6 family to me. Warning articles may be edited for grammar, length, and content.

~Virginia
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"Some editors are failed writers, but so are most writers." ~ *T. S. Eliot*.