

# Region 6 Rally

## INSIDE THIS ISSUE:

Officer's & Committees	2
Code of Ethics	2
Dave Smith Rider Comments	3
Dave Smith Ride Results	3
Membership Dues	4
What a Hoot!	4
What a Hoot! <i>Cont.</i>	5
2010 R6 Team Awards	5
NATRC R6 Convention Reg.	6
NATRC 2011 Nat'l Convention Reg.	7
Nat'l Convention Schedule	8
Info on Vest Numbers	9
Girls Just Wanna Have Fun	9
Flint Hills Ride Results	10
R6 Hospitality Room	10
LTJ Award Finalists	10
BOD Meeting	11
Meeting Times for R6 Conv.	11
R6 on Face Book	11
Traveling Trophy Winners	12
Membership Renewal	12
Ride Managers Needed	12
Barefoot vs Shoes	13
Worker Hall of Fame	13
Wash Windows or	14
Wash Windows or <i>Cont.</i>	15
R6 Goes Greener	15
Training Tip	15
R6 Awards	16
R6 Awards <i>Cont.</i>	17
Tentative R6 Ride Dates	17
Thinking of You!	17
Goals Not Met	18
News from Nationals	18
Message from the Pres.	19
R6 National Champions	19
New Nat'l Board Member	19

## Member Spotlight on Kira Everhart-Valentin

I had such a good time talking to Kira who was first introduced to the sport of Competitive Trail Riding by her mother Karen Everhart in October of 2000 at Flint Hills. Kira was a freshman in college. It was at this ride that Kira met Luc who was volunteering at the ride. Kira and Luc are now married and have the cutest two year old boy named Leonce.

I first had the pleasure of meeting Kira at the Kanopolis CTR in 2004 where she demonstrated a warm and generous spirit to my son Garrett (he fell instantly in LOVE!). Since Kira and Luc have been married, they have been very busy. They bought a stone cottage in the Province of Auvergne, France, where they spent six months renovating it. Unfortunately job opportunities in this area of France were not good and Luc got a great offer to come back to the states. They still own the cottage and rent it out. After talking to Kira I'm thinking that is where I want to go for my 25<sup>th</sup> wedding anniversary. Hint, hint long suffering husband! Luc, Kira and Leonce now live in Kansas with four equines. Or was that three equines and ponydonk?

Kira does maintain some interests outside of horses such as traveling, running, biking, and Karate. Just a word of warning though, she has achieved a Black Belt. Kira rides open with her equine partner Sonny, a 13 year old half Arab half Saddlebred. Her favorite place to ride is Kanopolis with its wide open spaces.

Kira's Motto is: Leave no stone unturned and take advantage of every opportunity.

Interesting tidbit is that Kira won't compete without her horse wearing rhythm beads. She says some people believe they scare the bogey man out of the trees or just help the horse to maintain a rhythm. Either way she's not riding without them. Her future goals include mastering the gate obstacle and doing more endurance rides. Her advice to new competitors is to relax, take care of your horse, and enjoy yourself (have fun).

It is a "learn as you go sport!"

~V



## Region 6 Board Members and National BOD Members

<b>President</b> Christine Abbott 3/11 (913-980-6975) <a href="mailto:cdabbott39@gmail.com">cdabbott39@gmail.com</a>	Susan Maiwald, IA 3/12 (712.642.4802) <a href="mailto:sumarcopper@yahoo.com">sumarcopper@yahoo.com</a>	Florence Blanks, MO 3/11 (636-745-3535) <a href="mailto:bigfioham@yahoo.com">bigfioham@yahoo.com</a>
<b>Vice-President</b> Kim Weil, MO 3/12 (816-781-2218) <a href="mailto:jkweil@sbcglobal.net">jkweil@sbcglobal.net</a>	Hope White, KS 3/12 (913-238-95280) <a href="mailto:hope@electricaldevelopment.com">hope@electricaldevelopment.com</a>	Tina Clapper, NE 3/11 (402-239-5772) <a href="mailto:nailsbytinea@inebraska.com">nailsbytinea@inebraska.com</a>
<b>Secretary/Treasurer</b> Ruth Mesimer (816-781-9496) <a href="mailto:r_mesim@att.net">r_mesim@att.net</a>	David Nore, NE 3/12 (402-788-2761) <a href="mailto:dnore1@windstream.net">dnore1@windstream.net</a>	<b>National BOD</b> Christine Abbott 12/11 Jerry Weil 12/13 (816-781-2218) <a href="mailto:jkweil@sbcglobal.net">jkweil@sbcglobal.net</a>
<b>Assistant Secretary</b> Stacie Louthan (316-258-5193) <a href="mailto:stacielouthan@hotmail.com">stacielouthan@hotmail.com</a>	Beth Aswegan, IA 3/11 (515-367-2331) <a href="mailto:mbea@juno.com">mbea@juno.com</a>	Priscilla Lindsey, Alt 12/12 (785-259-1687) <a href="mailto:lindx_pris@yahoo.com">lindx_pris@yahoo.com</a>
	Marilyn Marston, KS 3/11 (785-388-2516) <a href="mailto:lazymd2003@yahoo.com">lazymd2003@yahoo.com</a>	

*Winning is not about headlines and hardware [medals]. It's only about attitude. A winner is a person who goes out today and every day and attempts to be the best runner and best person they can be? Winning is about struggle and effort and optimism, and never, ever, ever giving up.*

*~Amby Burfoot,  
Runner's World  
Editor At Large*

## Region 6 Committee Chairs

Diamond of the Year Elizabeth Kendall (402-520-1003) <a href="mailto:lizctr25@yahoo.com">lizctr25@yahoo.com</a>	Region Ride Coordinator Kim Weil (816-781-2218) <a href="mailto:jkweil@sbcglobal.net">jkweil@sbcglobal.net</a>	Web Site Charlie Armour (913-849-3635) <a href="mailto:charlie@circlestarhorses.com">charlie@circlestarhorses.com</a>
Historian Martha Kunkle (515-989-0123) <a href="mailto:mk1124@dw.com">mk1124@dw.com</a>	Ride Book Editor Ruth Mesimer (816-781-9496) <a href="mailto:r_mesim@att.net">r_mesim@att.net</a>	Worker Awards Trish Cleveland (785-456-1935) <a href="mailto:tman@wamego.net">tman@wamego.net</a>
Radios Jackie Hathhorn (816-228-2013) <a href="mailto:jackiehat@gmail.com">jackiehat@gmail.com</a>	Sale Items Chuck Edwards (402-489-1502) <a href="mailto:candmelstars@juno.com">candmelstars@juno.com</a>	Membership Debbie Payne <a href="mailto:dpayne@ucom.net">dpayne@ucom.net</a>
Region Awards Christine Abbott (913-980-6975) <a href="mailto:cdabbott39@gmail.com">cdabbott39@gmail.com</a>	Vest Numbers Debbie McCullough <a href="mailto:tadmccull@kansas.net">tadmccull@kansas.net</a>	Marketing Stacie Louthan/C. Abbott (316.258.5193) <a href="mailto:stacielouthan@hotmail.com">stacielouthan@hotmail.com</a>

## Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gather.

We adhere to an implied code of ethics. This code of ethics dictates that we behave professionally, courteously, and responsibly. This includes:

- Representing the sport on a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others

## Dave Smith Fall Fiesta CTR

Kim Weil says:

Thank you ITRA, I had an absolute wonderful time!!!

To me the weather was great. Since it was drizzle and occasional light rain it kept the horse's feeling good and the mosquitoes at bay. Yes, they were terrible when it wasn't wet out.

The heavy rain kept to the night time hours. I guess as an "old timer" to the sport, I know how much worse the weather could have been, and grateful that it wasn't.

The management did a great job as the ITRA group always does. Keep the rides coming!

*Obstacles are those frightening things that become visible when we take our eyes off our goals.*

~Henry Ford

Brenda Messick says:

We had a fantastic time at the Brushy Creek CTR. I rode with Diane, and her KY Mountain Horse and Savannah, my TWH, were well matched. Even though it rained Saturday, and was cool and drizzly on Sunday, both horses did well.

I ended up 2nd place with both Savannah and myself. Savannah did awesome. She did well on all the obstacles, except side-passing a 6' log and not trotting "in hand", but I was lucky, and that wasn't judged.

The other obstacles were opening and going through a gate, taking a bag off a limb and handing it to the judge, going down a steep decline, walking over a small water hole and backing through it, going up a steep incline, judged mount from the ground while using the terrain to mount, 360 turn on the forehand, and then standing still for the judge checks and at the P&R's.

Savannah was a little goosey, but she did so much better than I expected and she tied well at the hitching post for the 2 nights and 3 days!

## Dave Smith Fall Fiesta Ride Results

Not official until printed in Hoofprint! Placing = horse/horsemanship

A-O/N/CP Total Riders: 39

Chair: Denise Schieffer/Terry Bowman

Judges: Pat Regier DVM, Frank Keeran

### Novice Sweepstakes:

DM's Eye of the Tiger/Altwegg, Noreen-100

### Open Sweepstakes:

King's Mountain Hale Bop/Dollarhide, Patti-100

### Open Heavyweight

1/1 Countrys Touch WH/Hinkebein, William

2/2 The Tanks a Blazin'/Clapper, Tina

3/4 Spot Me Wild/Sylvara, Karen

4/3 My Nightmare/White, Vickie

DQ DR Bellagio/Grabill, Alvin

### Open Lightweight

1/3 King's Mountain Hale Bop/Dollarhide, Patti

2/2 Prime Sensation WH/Jeffcoat, Cheri

3/1 Cito Mocha Raton/Cleveland, Trish

4/4 Lucky's Black Gold/Hiskett, Matthew

### Open DO

Strike the Gold/Orth, Jason

### Novice Heavyweight

1/2 DM's Eye of the Tiger/Altwegg, Noreen

2/1 RW Braveheart/Ginn, Mary

3/4 LL Remington/Marston, Marilyn

4/6 IMA Skip Ditto Moon/Newton, Betty

5/3 Mr. Chico Lindo/Smith, Yvonne

6/5 Lobo's Travelin Miss Wendy B/Kendall, Larry

Bum's Winn Dixie/Robinson, Alicia

Cadillac Joe/Mabe, Melissa

Sun Rock Glory Blaze/Bouska, Alan

P Black Rusty Gold/Hiskett, Ellen

P Quihote/Ferguson, David

### Novice Lightweight

1/1 Twister's Irish Lad/Louthan, Stacie

2/2 Gold Dust Summer of Stars/Messick, Brenda

3/4 Sterling Silver Star/Sundine, Mary

4/3 Max's Satin Rose/O'Dell, Jennifer

P Omar/Carlsborg, Alycia

### Novice Junior

1/1 Steppin'Out Annie D/Kimmen, Katlyn

2/2 Nevada's Rebel/Welch, Mandy

### Novice DO

Jordan 3/Beckham, Diane

Sheik 3/Winkelman, Karen

Silver 2/Glock, Karen

### Competitive Pleasure

1/2 Sir Timothy Gold/Andre, Tamara

2/1 Razonn Trail Dancer/Colby, Mary

3/4 Golden Mr Jet Charge/Stucky, Marla

4/3 Maria Ice/Weil, Kim

5/6 Fantasy Moon Dancer/Prey, Virginia

6/5 Skya/Abbott, Christine

Cinder/McDevitt, Mary

Take-A-Walkaloosa/Hess, Lucie

Rev It Up Remington/Kendall, Elizabeth

## Membership Dues to Increase

by Elaine Swiss Treasurer, NATRC

Fifty years - what a tremendous milestone for our organization. Founded in 1961, NATRC has weathered the ups and downs of our national economy and has remained an institution dedicated to promoting long distance trail riding across the country. Today our National organization provides its members with a variety of services, including

National Recognition Programs (Awards)	Mileage Database (horse and rider)
HoofPrint magazine	Automatic Regional Membership
Regional Newsletters	Sponsor discounts
Scholarships	Student Loans
Community Forums	NATRC E-News
Educational materials on Websites	Advertising Opportunities
Competition Administration	Platinum Insurance Program (extra fee)
- Sanctioning	- Rule Book
- Scorecards	- Drug Testing
- Management Manual	

Like all non-profit organizations, NATRC struggles to minimize its operating expenses in the face of ever-increasing costs for basics such as postage, printing, software, liability insurance and internet access. Coupled with increased costs of services such as drug testing, it has become impossible to make ends meet in light of lower membership and ridership revenues.

As a result after much analysis and discussion, for the first time since 1998, your National Board of Directors has approved an increase in the dues for NATRC membership. *Effective March 1, 2011, all dues will increase.* Single membership will be \$60 per year, Family membership will be \$90, and Junior membership will be \$40. Lifetime memberships will no longer be offered other than those awarded as Honorary Lifetime members. Lifetime memberships that have been purchased previously will not change regarding the benefits. The amount submitted by National to the individual regions will remain the same.

New members who join and members who renew before March 1, 2011 for the 2011 year will pay our current lower rates. Every member is important to NATRC and your Board is confident that our organization will ultimately be celebrating 100 years of competitive trail riding.

---

## What a Hoot!

This NATRC thing! What an absolute hoot is how I would describe my first NATRC ride. Tie my horse all night to a hitching post – you have got to be kidding! Fasten my water bucket secure to the post –with what? Pace my endurance horse so we don't come in too fast –whoa Chief – I said whooooo!! Do you really want us to step over that ten foot high log? Oh good grief, Chief – pick up your feet – higher – whoops I mean really high! Boy, I didn't know we were doing a multipurpose ride that included rock climbing (should have brought my ropes), swimming (no floaties allowed) and dodging obstacles – duck right - no left – no, no – just duck!!! What more could any red blooded American horse want?

I have to say that my first NATRC ride at Kanopolis was enough to get me craving more. Growing up as a horse crazy girl, I always dreamed of being able to ride as free as the wind and face all the challenges and adventures that my big, black, imaginary horsey partner and I could possibly meet on the trail. At this time in my life, I honestly feel so blessed to finally be living that dream on a big, white, real horsey partner. However, in all my little girl dreams those challenges were met with just the two of us (successfully of course). I have since found that meeting those challenges with others makes them much more special.

*Continued on page 5*

## What a Hoot! *Continued from page 4*

From the moment I arrived with my mind overflowing with questions and a body tight with nerves, I found each person who was lucky (or unlucky) enough to be snared by my questions, to be patient and helpful. There were a few raised eyebrows (only slightly mind you) and some twinkling eyes but they were all followed by an answer or I was pointed to someone who could help. Not one person made me feel like I was waaaay too stupid for this type of ride. I felt the ride manager put on a very organized ride and all her volunteers were great. I was fortunate to ride with some very good, experienced riders the first day that were able to show Chief and I the many little nuances of this type of ride. It was a great day of fun, challenges and learning for both my horse and me. After lying awake most of the night after that first ride reflecting upon what I had learned and more importantly what I still didn't know, I decided the second day I wanted to try and do more on my own. By that time I knew that if I ran into trouble or had questions there would be someone there to help. By the end of the second day, I was feeling a little more confident – but not 100% mind you. I remember looking at the pictures that Sunday afternoon and realized that I was hungry for more. More challenges, more beautiful country, more friendships, more rides. But most importantly, more wind in my face with my horsey partner, Chief.

Sincere thanks goes to everyone at the ride – You are all great people. A special thanks goes to Debbie Payne, a person I am proud to call my friend who talked and then talked again to get me to try this NATRC thing!

~Joyce Adams

## 2010 Region 6 Team Awards

Open	Heavyweight	150	1st	Hinkebein, William	Countrys Touch WH
Open	Heavyweight	104	2nd	White, Vickie	My Nightmare
Open	Heavyweight	84	3rd	Clapper, Tina	The Tanks a Blazin'
Open	Heavyweight	40	4th	Sylvara, Karen	Spot Me Wild
Open	Lightweight	154	1st	Dollarhide, Patti King's	Mountain Hale Bop
Open	Lightweight	140	2nd	Cleveland, Trish	Cito Mocha Raton
Open	Lightweight	82	3rd	Hiskett, Matthew	Lucky's Black Gold
Open	Lightweight	80	4th	Jeffcoat, Cheri	Prime Sensation WH
Open	Lightweight	66	5th	Wood, Mary Anna	Jac Natalie
Open	Lightweight	42	6th	Lysinger, Patricia	DJ Maverick
Novice	Heavyweight	166	1st	Smith, Yvonne	Mr. Chico Lindo
Novice	Heavyweight	134	2nd	Marston, Marilyn	LL Remington
Novice	Heavyweight	126	3rd	Altwegg, Noreen	DM's Eye of the Tiger
Novice	Heavyweight	80	4th	Klamm, Liz	Angel's Ricochet Shot
Novice	Heavyweight	76	5th	Bouska, Alan	Sun Rock Glory Blaze
Novice	Heavyweight	64	6th	Kendall, Larry	Lobo's Travelin Miss Wendy B
Novice	Lightweight	160	1st	Louthan, Stacie	Twister's Irish Lad
Novice	Junior	62	1st	Kimmen, Katlyn Steppin'	Out Annie D
Novice	Junior	36	2nd	Welch, Mandy	Nevada's Rebel
Competitive	Pleasure	188	1st	Andre, Tamara	Sir Timothy Gold
Competitive	Pleasure	102	2nd	Stucky, Marla	Golden Mr Jet Charge
Competitive	Pleasure	90	3rd	Hathhorn, Jackie	Brandy Sioux Addis
Competitive	Pleasure	88	4th	Stich, Kay	Smoke-N-Jaz's Big Man
Competitive	Pleasure	86	5th	Abbott, Christine	Skya
Competitive	Pleasure	72	6th	Keller, Donna	Country Star Jet WH

*If you set a goal for yourself and are able to achieve it, you have won your race. Your goal can be to come in first, to improve your performance, or just finish the race. It's up to you.*

*~Dave Scott, triathlete*

**NATRC REGION 6 CONVENTION**  
**LINCOLN, NEBRASKA**  
**MARCH 4<sup>TH</sup> - 6<sup>TH</sup>, 2011**

**CONVENTION REGISTRATION**

Name: \_\_\_\_\_ e-mail: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone (home): \_\_\_\_\_ Phone (other): \_\_\_\_\_

\_\_\_\_\_ **Convention Fee: \$30**  
\_\_\_\_\_ **Each Additional Family Member: - \$10**  
\_\_\_\_\_ **Awards Banquet & Dinner Saturday Night - \$25**

Awards Banquet – Saturday night – Choose One

Grilled Sirloin Steak \_\_\_\_\_ Chicken Cordon Bleu \_\_\_\_\_  
Vegetarian Stir Fry with Rice \_\_\_\_\_

.....  
**Send registration and check payable to:**

**NATRC Region 6**  
**c/o Robin Nore**  
**12539 Panama Rd**  
**Hickman, NE 68372**  
**(402)788-2761**  
[\*\*Dnore1@windstream.net\*\*](mailto:Dnore1@windstream.net)

**Please return registration and payment no later than February 25<sup>th</sup>, 2011**

HOTEL REGISTRATION (made directly with the motel using Group Name: (NATRC Region 6)  
Country Inn & Suites  
5353 North 27<sup>th</sup> Street  
Lincoln, NE 68521

Reservations: 1-402-476-5353  
Guest Rooms (Double/King) \$89 + 16% Tax  
Each room will receive a Full Hot Breakfast.

**\*\*\*Due to the high volume of requests for rooms during these days, your reservations must be made on or before FEBRUARY 1, 2011.**



**NATRC 2011 NATIONAL CONVENTION**  
 February 10—13 2011

**“NATRC GONE COUNTRY”**

**Convention Registration Form**  
 (one sheet per registrant)

Note that items are subject to change—please check website  
 ([www.natrc5.org](http://www.natrc5.org)) for the most current information



Name: \_\_\_\_\_ e-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (home): \_\_\_\_\_ Phone (other): \_\_\_\_\_

**Early Bird Special: \$110**  
 Includes all speakers & Awards Dinner  
*Reservations must be postmarked by 12/31/2010*

**Family Discount \$105**  
 Family of 3 or more, all registrations sent in  
 together. Includes all speakers & Awards Dinner

**Late Fee: \$25**  
*For Reservations postmarked after 01/25/2011*

**Cancellation Fee: \$20**  
*For reservations cancelled by 01/25/2011*  
**NO SHOWS/NO REFUND!!!!**

Logo T-Shirts (please select size):  
 Shirt size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_  
 (larger sizes XXL \_\_\_\_\_ XXXL \_\_\_\_\_)  
 Color: Black with gold emblem

	Fee	Total
Convention Registration Package <i>Includes all speakers (\$70) and Saturday Awards Dinner (\$50) (does not include Fri. Dinner)</i>	\$120	_____
Early Bird Special (\$10 off registration pkg)	\$110	_____
Family Discount (\$15 off registration pkg)	\$105	_____
NBOD Meeting — Thursday	Free	_____
Speakers—Friday Only	\$40	_____
Speakers—Saturday Only	\$40	_____
Speakers Only—Friday & Saturday	\$70	_____
Awards Banquet—Saturday Night	\$50	_____
Friday Dinner (with entertainment)	\$30	_____
Region 5 Awards—Sunday (Breakfast free to registered hotel guests)	\$TBD	_____
Late Fee - registration after 01/25/2011	\$25	_____
T-Shirt—short sleeved (S,M,L, XL)	\$20	_____
Larger Sizes (XXL, XXXL)	\$23	_____
<b>TOTAL</b>		_____

Embassy Suites—Nashville Airport  
 10 Century Blvd  
 Nashville, TN 37214  
 Phone Reservations: 1-615-871-0033

**Send registration and check payable to:**  
**50<sup>th</sup> Annual NATRC Convention**  
**c/o Linda Clayton**  
**6774 W Old Hayneville Rd.**  
**Hope Hull, AL 36043**  
**334-281-5509**

**HOTEL RESERVATIONS**  
 (made directly with the hotel using Group Name: NATRC)  
 Up to four persons per room

All Luxury Suites \$109 + Tax  
*Queen or King size bed*  
*Rental Cars available*  
*Free airport shuttle*  
*Free hotel parking*  
*Pet-friendly rooms available*



## NATRC 2011 NATIONAL CONVENTION FEBRUARY 10 - 13, 2011

### 50th Anniversary Program/Speaker Schedule

Note that program is subject to change—please check website ([www.natrc5.org](http://www.natrc5.org)) for the most current information

#### Thursday, February 10

Registration of attendees

NBOD Meeting

2:00 Tour of Josh Lyon's Legacy Training Center Cross Plains, Tennessee (Not confirmed as yet)

#### Friday, February 11

8:00-8:30 Convention Opening/Welcome

8:30-9:45 "Moving Up" Dr. Ken Marcella, DVM, speaker

9:45-10:00 Break; drawing for door prizes

10:00-11:15 "Inside a Colic Surgery" Dr. Jim Blackford, speaker

11:15-12:00 "Meet the New Ride Management System" Janis Baldwin, speaker

12:00-1:00 Lunch

1:00-2:00 "Animal communication" Linda Salinas, speaker

2:00-2:45 "Everything You Ever Wanted to Know about Trailer Assistance (but were afraid to ask)" US Rider Insurance, presenter

2:45-3:00 Break

3:00-3:30 "Trailer Maintenance" Mike Davidson, speaker

3:30-5:00 "Let's Learn To Line Dance" Debbie Clark, teacher

5:00-6:00 Break

6:00 Dinner at Embassy Suites hotel, with entertainment.

#### Saturday, February 12

7:00-8:00 Judges Meeting

8:00-8:15 Brief welcome for those arriving for the first time.

8:15-9:15 "Equine Chiropractic" Dr. Troy Nelson, speaker

9:15-9:30 Move outside to observe Dr. Nelson adjust a horse in the parking lot. (Tentative)

9:30-10:15 Dr. Nelson will be adjusting a horse, describe the process and answer questions.

10:15-10:30 Break

10:30-12:00 "Caring for Your Competitive Horse" Dr. Nancy Loving, DVM, speaker

12:00-1:30 Lunch

1:30-3:00 "Awaken the Spirit of the Horse within Yourself" Tony Stromberg, speaker

3:00-6:00 Break

6:00 Awards Banquet

#### Sunday, February 13

9:00-10:30 Breakfast free to hotel guests

10:30-12:00 Region Five Awards



## Information on Vest Numbers

The members of Region six have always been able to buy/rent a number for the ride season. Recently the Board of Directors has voted to increase the price to \$12 a year. Previously, the money raised from vest number sales has gone into the general fund. However, now it will be going into the year-end awards fund. The advantage to buying a number is you can put that number on clothing and not wear the vest. The color of clothing should be similar to the class that you ride in, blue-open, yellow-CP, and orange/pink for novice. If you don't know what class you want to ride in or may go back and forth, why not buy TWO numbers. Another advantage is that you don't have to turn your vest in at a ride. The vest you will be given is part of another set separate from the ones that go to the rides. If you want to re-new for next year just keep your vest and send the money to Debbie McCullough. Your check should be made out to Region Six. If you do not want to keep the number or vest you have, please return the vest to Debbie.

If you are interested in buying a vest you can purchase one from Debbie at our regional convention in March or contact her at the following address: Debbie McCullough 3237 Germann Dr. Manhattan KS 66503

Email: [tdmccull@gmail.com](mailto:tdmccull@gmail.com)



### Girls Just Wanna Have Fun!!!!!!

Well perhaps these girls just had a little too much fun. Or maybe it was something in the water.

At the costume contest/parade at the Kanopolis CTR, several girls showed their support for Ride Manager Erin Glassman (on the left dressed as a Tick), who was eight months and two weeks pregnant

Patti's Red said no to making babies.

Special appearance by Sonny & Cher.



## Flint Hills Ride Results

Not official until printed in Hoofprint! Placing = horse/horsemanship

A-O/N/CP Total Riders: 27

Chairperson: Preston Buckland

Judges: Patrick Regier DVM, Michael Colby

### Novice Sweepstakes:

Mr. Chico Lindo/Smith, Yvonne-99

### Open Sweepstakes:

King's Mountain Hale Bop/Dollarhide, Patti-100

### Open Heavyweight

1/1 Countrys Touch WH/Hinkebein, William

2/2 My Nightmare/White, Vickie

3/3 Back to Black/Wicklund, Bill

### Open Lightweight

1/1 King's Mountain Hale Bop/Dollarhide, Patti

2/2 Jac Natalie/Wood, Mary Anna

3/3 Loco Motion/Baldwin, Sara

4/6 Lucky's Black Gold/Hiskett, Matthew

5/5 DJ Maverick/Lysinger, Patricia

6/4 Cito Mocha Raton/Cleveland, Trish

P Prime Sensation WH/Jeffcoat, Cheri

### Open DO

PS Sabres Sun/Everhart-Valentin, Kira

### Novice Heavyweight

1/1 Mr. Chico Lindo/Smith, Yvonne

2/5 DM's Eye of the Tiger/Altwegg, Noreen

3/3 Kansas Buffalo Soldier/Avery, Suzanne

4/2 LL Remington/Marston, Marilyn

5/4 Sun Rock Glory Blaze/Bouska, Alan



### Novice Lightweight

1/1 Twister's Irish Lad/Louthan, Stacie

### Novice Junior

1/1 Steppin'Out Annie D/Kimmen, Katlyn

2/2 Nevada's Rebel/Welch, Mandy

### Competitive Pleasure

1/1 Brandy Sioux Addis/Hathhorn, Jackie

2/4 Golden Mr Jet Charge/Stucky, Marla

3/6 Sir Timothy Gold/Andre, Tamara

4/3 Skya/Abbott, Christine

5/2 Maria Ice/Weil, Kim

6/5 Fantasy Moon Dancer/Prey, Virginia

Goodness Gracious/Childs, Maggie

Take-A-Walkaloosa/Hess, Lucie

## Planning on Attending Convention in March?

I hope that was a resounding YES, Yippy, Can't wait. It's the only thing getting me through the winter. Well NECTRA is hoping to make the hospitality room a huge success. If you would like to contribute Friday or Saturday any non-refrigerated items will be consumed. Hmmm, puppy chow, chex mix, nuts and bolts! Is it March yet?

## Linda Tellington Jones High Average Horsemanship Award

This award is given to the person with the highest average horsemanship score for the ride season. The winner will receive full tuition (\$950 value) to one of the TTEAM Training Sessions.

### Finalists:

Tamara Andre  
Trish Cleveland  
Patti Dollarhide  
Bill Hinkebein

## Board of Directors Meeting

Region 6 Board of Directors will meet January 8, 2011, for the sole purpose of getting the 2011 ride season off to a great start. The directors will be planning and discussing and eating and brainstorming and eating some more and enjoying each others' great ideas and insights. Please put

this date on your calendars, board members. I will be reminding each one of you as the date gets closer.

Here's to a great 2011 ride season for Region 6.

Christine

**Place:** Kim and Jerry Weil's house – Liberty Missouri (directions to follow)

**Time:** 10 AM until Jerry kicks us out

**Date:** January 8, 2011

**What to bring:** Food for a potluck lunch, great ideas, enthusiasm



Marla and Christine

## Meeting Times set for Region 6 Convention

### General Membership Meeting:

The first general membership meeting of 2011 will be held Saturday afternoon, March 5<sup>th</sup> in Lincoln, Nebraska, during the Region 6 convention. The time of this meeting will be announced as soon as the agenda for the convention is set. All members of Region 6 are encouraged to attend. An agenda will be sent prior to the membership meeting. See you there!

### Region 6 Board of Directors Meeting

A board of directors meeting is scheduled for Friday, March 4<sup>th</sup> at 7 pm in Lincoln, Nebraska. This meeting is in conjunction with Region 6 convention. An agenda will be sent prior to the meeting.

## Ride Region 6 is now on Face Book

With permission from the Region 6 board of Directors, I have just started a Face Book page for Region 6.

<http://www.facebook.com/pages/North-American-Trail-Ride-Conference-Re...>

On it you can put ride photos, ride stories, and just talk to other Reg. 6 Face Book friends.

To get on the status, all you have to do is go to the page and click the "like" button.

The page is still under construction, so if you can

send me photos, I can use for the profile photos or post your own.

I hope to have more of it done soon. But please go on and give it a look!

Feedback appreciated!

~Lucie Hess

## WooHoo!

Debbie Payne has been appointed the new Membership Chair for Region 6.

*"When your horse follows you without being asked, when he rubs his head on yours, and when you look at him and feel a tingle down your spine...you know you are loved."*

~John Lyons



*"The essential joy of being with horses is that it brings us in contact with the rare elements of grace, beauty, spirit and freedom."*

~ Sharon Ralls  
Lemon

## Thank our National Sponsors!

Action Rider Tack  
Addis Equine Auctions  
Boz Saddlery  
Cameo Fencing  
Chiggerville Farm  
The Distance Depot  
Easy Care  
Equine Monitors  
Gulf Coast Trailer Sales  
Long Rider Gear  
Saddle tunes  
Slypner Gear  
Smooth Stride  
Specialized Saddles  
Tilt-Tie  
Trailer Eyes  
Trailwise Tack

## 2010 Benefit Ride at Kanopolis Canyon Traveling Trophy Winners

- Iowa – Novice horse and rider Combo  
Alicia Robinson and Bum's Winn Dixie with a total score of 181.5
- Kansas – Novice horse and rider Combo  
Noreen Altwegg and D.M.'s Eye of the Tiger with a total score of 192
- Missouri – Novice horse and rider Combo  
Stacie Louthan and Twister's Irish Lad with a total score of 196.5
- Nebraska – Novice horse and rider Combo  
Brenda Messick and Gold Dust Summer of Stars with a total score of 196
- Nebraska – High point rider only, any division  
Cheri Jeffcoat on Prime Sensation WH with a score of 100
- CP Best Effertz traveling trophy – Combo horse and rider scores  
Tamara Andre and Sir Timothy Gold with a total score of 195.5
- Open Best Effertz traveling trophy – Combo horse and rider scores  
Cheri Jeffcoat and Prime Sensation WH with a total score of 199.5

## MEMBERSHIP RENEWAL

It is time to renew your NATRC membership! In the next few weeks, you will be receiving postcards reminding you to renew your membership. There will also be information on this card regarding deadlines for renewal so please read it carefully and send in your membership money as soon as possible.

## Ride Managers Needed

Dear Region 6,

We need ride managers for 3 potential rides:  
LaCygne (Kansas),  
Black (Missouri),  
Big Hill (KS).

Presently we only have 5 scheduled rides and we need people to step up and volunteer to be a ride manager for one of the rides listed above.

There is no financial risk (Region 6 will be a co-manager) and you can volunteer as a team/group of people. Perhaps there are 2 or 3 of you who could manage a ride!

We desperately need some new energy infused into this region. We need rides and riders and ride managers to make this coming ride season successful.

**COME ON** everyone. Think about managing a ride. It will be so much fun!

~Christine

---

## Barefoot vs. Shoes: Which is better?

Owners ask me all the time if their horse should have shoes, or if barefoot is better? There are some theories or movements that claim that not only is barefoot better, but that shoes and nails are bad for feet and will create problems. Others believe that every horse must have shoes under all circumstances. My opinion tends to fall in the middle. I believe that some horses can and should be barefoot while others do benefit from shoes.

Notice that I referred to this as an opinion and it is based on my education, the opinions of many other experts and my experience with live horses. One of the problems with equine farriery is the lack of science behind a lot of theories. No one has yet to prove what is the absolute best way to trim and shoe (or not shoe) horses.

The "Natural" trim is a movement that usually implies using no shoes and trimming a hoof in a manner that is more natural. One difficult question to answer is "what is natural?". Wild horses' hooves have been studied and used as a model, however, they live in different environments and don't have to do sliding stops, jump fences or chase steers. Most of the farriers that I work with who are only trimming and are not applying shoes are pretty darn good at trimming feet. I am a firm believer that the trim is the most important aspect of good farriery as a shoe cannot fix a bad trim. I believe that is why most people are generally happy with the barefoot farrier they have tried. It is usually good work!

However, some horses have jobs that require extra traction, their feet wear excessively fast, or their conformation makes them more likely to have problems with their feet. It is usually one of these three reasons that I will recommend shoes for horses. No matter which shoe, pad, or combination is applied, it is still crucial that the trim is good. Shoes cannot fix bad trimming.

I see many different breeds and disciplines of horses in my practice. No two are the same. The jobs that they are asked to do are as different and varied as their backgrounds. Because of all of the differences, it is impossible to make sweeping generalizations about foot care and expect them to apply to every situation and every foot. So keeping all of this in mind, when you ask me whether or not your horse needs shoes, I'm likely to say "Maybe!"

There have been a lot of advances in the science of trimming and shoeing horses recently and I believe that trend will continue. As we learn more, we will all become better caregivers for our horses' hooves. Trends will continue to come and go. The good news is that we are learning every step of the way.

Pat McInteer, DVM  
Hillcrest Animal Clinic  
[www.hillcrestanimalclinic.com](http://www.hillcrestanimalclinic.com)

---

## Florence Blanks Accepted into NATRC Workers Hall of Fame Ginny Peterson, J.R. Kendall and ~V. Prey recognized by National Board

Our very own Florence Blanks was voted into the NATRC Workers Hall of Fame by the national board of directors. The nomination letter was written by Jackie Hathhorn, however Florence's nomination was endorsed by the membership of Region 6. Jackie received an incredible amount of emails from individuals wanting to add their name to the nomination letter. Region 6 is very proud of Florence, NATRC Workers Hall of Fame recipient. The award will be presented at the National Convention, February 2011, in Nashville, Tennessee.

Ginny Peterson, J.R. Kendall and Virginia Prey received well deserved National Recognition for their regional contributions. Congratulations!

## Wash Windows or go NATRC'ing

Clean Windows and more.... What a great day to wash windows! .... Or go NATRC'ing....

Clean windows are very important to my mother as she enjoys watching her Kansas farmland, flowers and wildlife thru a spotless picture window. Her Christmas gifts to me include the latest in window washing technology ---but the disappointment is obvious when she sees my dirty window again and again and comments "Oh, you don't wash windows". She is *partly* right. My *picture* window is too big for glass and I am fortunate to share the view with my NATRC family. Along with the view, we create the side notes of life that might as well be shared too!

The Fall of 2010 will be remembered by Region 6 riders and volunteers and judges as the Fall of beautiful weather, lovely trails, and great fellowship. We can all agree that the last four rides of this season have given us some phenomenal views. Maybe Mother Nature was being kind to all of our first time ride managers who were willing to brave the stories of the past and continue the traditions of putting on rides that have been known to include mud, sleet, rain, cold, and wind.

It all started at Brushy Creek, Iowa. Although a little chilly and drizzly on the ride days, the Friday and Monday before and after were picture perfect. We set up camp in shirt sleeves and Trish, Stacie and I rode some of the newly marked areas. On Sat/Sunday, the rain kept us on the gravel all-weather trails, but spirits were high, the bugs were low and the animals felt great with the cool temperatures. The first time ride managers and volunteers kept the mood light and served mountains of warm comforting food to the hungry crowd. *Side note: Ran over my blackberry. Twister, Red, me and Stacie experienced "death wobble" at 75 mph in the rain down a hill on interstate 35. Truck went in for six new tires, new bushings and realignment. NATRC friends, Frick and Frack, stopped to help and had the US Rider number in hand if we needed it.*

Flint Hills was picture perfect. The scenery as we rode the rocks and lake trails was breathtaking with the steam rolling off of the lake water as the sun came up. Yes, there was even water in the lake. New trail thru private land kept us on our toes looking for ribbons and markers. Lots of work had been done in the area after the high water in the Spring, and big washed up trees and debris were sawed and painstakingly moved to the side by many hours of trail work. The switch backs had not seen any change, and they STILL wound us around and around and around. Again, new ride management pulled off a great weekend. *Side note: Hope and Marilyn, friends from home, came down from Blue Rapids for supper. Enjoyed steaks and reminiscing about the old KNDY Kowboy band days.*

Indian Cave ----where did those big long hills come from? Guess the cold caused me to hunker down during the 2009 ride and ignore how big and long and steep Nebraska can be. ALL of the inclines deserve some sadistic name like the infamous "thigh master" but Tina ignored my whining and kept us on the uphill climb, thankfully. The lucky 2010 attendees survived DRY weather, sunny days, mowed trails and pleasant evenings. Legend has it this weather is particularly rare for the weekend of the Indian Cave ride. We shared the historical bluffs with many hikers, tent dwellers and bicycle riders as they also enjoyed the unseasonable weather and fresh air. New ride managers again took great care of all the details including strategically parking trucks, trailers, and animals without incident. *Side note: Dad gave the mule a 3 lb coffee can of ground corn the day before the ride while he was mule-sitting and I went to the last ever KSU/Nebraska football game. Am told "he liked it."*

*Continued on pg 15*



---

## Wash Windows or go NATRC'ing *continued from pg 14*

Kanopolis ---not too hot, not too cold --another rarity. Oct. 23/24 and the weather was fantastic...and Florence again greets us with "I'm super fantastic and going to get better!" What a gift that man has for getting our attention focused on life at its best. Trail Master Priscilla and team had the park groomed, marked and in great shape....maybe a little dusty but no one complained. In addition to showing off the varied terrain of central Kansas and the numerous pelicans in migration, we chowed down on chicken and noodles, had a costume parade, baby shower, and member meeting. Dr. Pat also brought out Gladys the GIANT mule for her very first ride while Liz's husband took trail pictures to prove we were all there. Our first time ride manager was cheerful, organized and **very** pregnant. Dr. Jerry was on stand-by with the calf puller if needed. *Side note: Red destroyed the hitching post Friday night and drug it thru camp. Caused a commotion. Silly mule --- I think he was scared by the scarecrow I hung by the trailer. Silly mule girl!*

Nope, I still don't have that other window washed yet... but will cherish the views and side notes of the 2010 Fall Region 6 rides thru my definition of a clean picture window for years to come. I hope your side notes are tucked away in a safe place so when the snow is blowing, the wind is howling, and we all complain about cabin fever in a few months, you will have them to remind yourself why we anxiously await the 2011 ride schedule and have our calendars ready to make plans to do it all again.

~Patti Dollarhide

*"When I bestride him, I soar, I am a hawk. He trots the air, the earth sings when he touches it." ~William Shakespeare*

---

## Region 6 Goes Greener in 2011!

The Region 6 Rally, newsletter of NATRC Region 6, is available on line at the Region 6 website – [www.natrcregion6.org](http://www.natrcregion6.org).

Your Region 6 Board of Directors has been discussing how to better utilize the Region 6 website and discussion lists to improve our efficiency in providing information to our members and potential members about Region 6. The R6 BOD has decided to post the newsletter on the website instead of printing and mailing the newsletter. When new information is available or the newsletter has been posted to the website; a notice will be sent through [horsectr@yahoogroups.com](mailto:horsectr@yahoogroups.com) and [natrcregion6@googlegroups.com](mailto:natrcregion6@googlegroups.com).

You don't have access to a computer? No problem! Notify the Region 6 Rally newsletter editor Virginia Prey at 402.499.4420 or 13700 N 162 Street, Waverly, NE 68462 that you wish to receive a hard copy of the newsletter.

---

## Clinton Anderson -End on a Good Note – Training Tip

When you're working with your horse, remember that you're not trying to perfect every single lesson everyday; you're just trying to improve each one a little bit.

If the horse is doing better today than yesterday, quit – you've done your job. It's time to move on to a new exercise. The worst thing you can do to a horse is keep drilling on the same exercise until he absolutely hates it and gets a bad attitude. Work on the exercise, make it better than yesterday and then quit

## 2010 Region 6 Horse & Horsemanship Awards

### Horse Awards

Open	Heavyweight	80	Countrys Touch WH	1st	Hinkebein, William
Open	Heavyweight	52	My Knightmare	2nd	White, Vickie
Open	Heavyweight	38	The Tanks a Blazin'	3rd	Clapper, Tina
Open	Heavyweight	22	Spot Me Wild	4th	Sylvara, Karen
Open	Lightweight	84	King's Mountain Hale Bop	1st	Dollarhide, Patti
Open	Lightweight	68	Cito Mocha Raton	2nd	Cleveland, Trish
Open	Lightweight	48	Lucky's Black Gold	3rd	Hiskett, Matthew
Open	Lightweight	40	Prime Sensation WH	4th	Jeffcoat, Cheri
Open	Lightweight	26	Jac Natalie	5th	Hathhorn, Jackie
Open	Lightweight	24	DJ Maverick	6th	Lysinger, Patricia
Novice	Heavyweight	86	Mr. Chico Lindo	1st	Smith, Yvonne
Novice	Heavyweight	72	LL Remington	2nd	Marston, Marilyn
Novice	Heavyweight	62	DM's Eye of the Tiger	3rd	Altwegg, Noreen
Novice	Heavyweight	42	Sun Rock Glory Blaze	4th	Bouska, Alan
Novice	Heavyweight	32	Angel's Ricochet Shot	5th	Altwegg, Noreen
Novice	Heavyweight	30	Lobo's Travelin Miss Wendy B	6th	Kendall, Larry
Novice	Lightweight	88	Twister's Irish Lad	1st	Louthan, Stacie
Novice	Junior	30	Steppin'Out Annie D	1st	Prey, Virginia/Rider: Kimmen, Kaitlyn-member
Novice	Junior	24	Nevada's Rebel	2nd	Hess, Lucie/Rider: Welch, Mandy-member
Competitive Pleasure		100	Sir Timothy Gold	1st	Andre, Tamara
Competitive Pleasure		56	Golden Mr Jet Charge	2nd	Stucky, Marla
Competitive Pleasure		42	Country Star Jet WH	3rd	Keller, Donna
Competitive Pleasure		40	Brandy Sioux Addis	4th	Hathhorn, Jackie
			Tie - 5th place		
Competitive Pleasure		38	Skya	5th	Abbott, Christine
Competitive Pleasure		38	Smoke-N-Jaz's Big Man	5th	Stich, Kay
Competitive Pleasure		32	Take-A-Walkaloosa	6th	Hess, Lucie

### Horsemanship Awards

Open	Heavyweight	70	Hinkebein, William	1st
Open	Heavyweight	52	White, Vickie	2nd
Open	Heavyweight	46	Clapper, Tina	3rd
Open	Heavyweight	18	Sylvara, Karen	4th
Open	Lightweight	72	Cleveland, Trish	1st
Open	Lightweight	70	Dollarhide, Patti	2nd
Open	Lightweight	50	Wood, Mary Anna	3rd
Open	Lightweight	40	Jeffcoat, Cheri	4th
Open	Lightweight	34	Hiskett, Matthew	5th
Open	Lightweight	30	Hirsch, Lucy	6th

Continued on page 17

## 2010 Horse & Horsemanship Awards continued from page 16

Novice Heavyweight	80	Smith, Yvonne	1st
Novice Heavyweight	64	Altwegg, Noreen	2nd
Novice Heavyweight	62	Marston, Marilyn	3rd
Novice Heavyweight	48	Klamm, Liz	4th
		Tie 5th place	
Novice Heavyweight	34	Bouska, Alan	5th
Novice Heavyweight	34	Kendall, Larry	5th
Novice Heavyweight	32	Ginn, Mary	6 <sup>th</sup>
Novice Lightweight	72	Louthan, Stacie	1st
Novice Junior	32	Kimmen, Katlyn	1st
Novice Junior	18	Welch, Mandy	2 <sup>nd</sup>
C. Pleasure	88	Andre, Tamara	1st
		Tie 2nd place	
C. Pleasure	50	Stich, Kay	2nd
C. Pleasure	50	Hathorn, Jackie	2nd
C. Pleasure	46	Stucky, Marla	3rd
C. Pleasure	42	Abbott, Christine	4th
C. Pleasure	34	Hess, Lucie	5th
C. Pleasure	32	Colby, Mary	6th

*"You took me to adventure and to love. We two have shared great joy and great sorrow. And now I stand at the gate of the paddock watching you run in an ecstasy of freedom, knowing you will return to stand quietly, loyally, beside me."*

*~Pam Brown*

## Tentative Dates for 2011 & Region 6 Rides

April 2-3 or April 9-10	Available
April 30-1	Mo Waltz (tentative, <b>NEEDS</b> Ride Manager) or Date Available
May 21-22	EKAHA Hill & Dale
June 4-5	Riding to the Rescue (tentative)
June 18-19	Available (possibly Kanopolis)
Sept 17-18	Dave Smith Fall Fiesta (tentative)
Oct 1-2	Flint Hills (tentative)
Oct 8-9	Indian Cave
Oct 22-23	Whispering Pines



## Thinking of You!

Dick Webb ~ knee replacement surgery.

*Just do the best with what you have, and you'll soon be doing it better.*

*~Gil Hodges*

Erin and Scott Glassman ~birth of Elin Jean

*"Give thanks for unknown blessings already on their way."*

*~Native American saying*

Larry Kendall ~ father is recovering from surgery and still waiting for test results on the mass that was removed.

Liz Kendall ~ recovering from an unexpected dismount.

*Tough times never last, but tough people do."*

*~ Robert Schuller*

---

## Goals Not Met but Enthusiasm is High for Ride Season 2011

In February 2010, the national board of directors set goals for the 2010 ride season regarding number of competitions (10% more than 2009), competitors (10% than 2009) more, and members (5% more than 2009). And even though NATRC did not meet all the established goals, there is a lot of enthusiasm among the national and regional boards for the upcoming ride season. The tentative ride schedule for each region does show an increase in rides for 2011.

Elaine Swiss reported at the November meeting that three regions (3, 4 & 5) met their respective goals of increasing the number of competitions by 10%, zero regions reached their respective goals of increasing the number of competitors by 10%, and one region (3) met their respective goal of increasing membership by 10%.

Region 6's goal for number of competitions was 9 and 7 rides were held. The goal for the number of competitors was set at 351 with the actual number 258 and number of members was set at 180 with a total of 160 actual members. Region 6's goal for next year is 8 rides (5 have been sanctioned), 35 more competitors, and 18 more members.

---

## News from Nationals

The autumn meeting of NATRC's National Board of Directors was held November 13, in Denver, Colorado. Following is a brief summary of the meeting.

### **Rule Changes for Ride Season 2011**

Hoof Protection 5.E.2 PASSED-All types of hoof boots that provide sole protection are allowed. However, any attached strap, keeper, or gaiter must not extend above the pastern. The judges may request to observe the area covered by the attached strap, keeper, or gaiter.

Liability Form 2.A.3 PASSED-All participants, personnel, and equine owners must sign a NATRC liability release form.

Final Examination 6.A.5 PASSED-Both the horsemanship judge and veterinary judge shall be present at checkout after the completion of the final day's ride.

Championship Challenge Section 7 PASSED-Championship Challenge has been eliminated.

Prohibited Substances and Treatments 8 A,B,C,D,E 2 & 3. PASSED-This section deals with substances and treatments that are prohibited from being used, the revision of the appendices and violations and enforcement procedures.

Awards Section 9 PASSED-Ride types are identified as: Type AA: (1.5 rides) 3 consecutive days of riding. Type A: (1 ride) 2 consecutive days of riding. Type B: (1.2 ride) 1 day of riding.

### **By Law Vote**

A repeat vote by the membership, regarding the by laws pertaining to term limits, vacancies on the board, and voting within each region, will be done before July 2011, due to incorrect ballots.

**Updated Web Site for NATRC:** Check it out.

**New Mission Statement:** The board of directors adopted a new mission statement for the organization. It reads: *The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.*

## Message from the President

### What Is Needed Now

With the end of each ride season often times comes personal reflection. Some people look back and wonder where the time has gone, while others are grateful that the past days and months have passed as quickly as they have. If I am to guess, I would say that for most of us, the 2010 ride season was here one moment and then gone. We now have memories to keep up warm through the winter as we reflect on yet another year gone by. And perhaps in our personal reflection we should ask ourselves "What is needed now?"

You've ridden the rides, you've done your best, you've laughed, you've been tired, and perhaps you made the effort to get to know someone a little better. So what is needed now? How do you take all the time and effort you've invested in this sport and make it meaningful? Do you set some new goals for next ride season? Do you volunteer to help manage a ride? Do you challenge yourself to step up and ride an Open ride or offer to be a mentor to a new rider? So, what is needed now to move you forward and ready for next ride season?

During the Kanopolis ride I had an opportunity to ask myself this very question. I had a little bitty breakdown. Nothing major, just a few tears, which along

with my already running nose, were wiped away on my sweatshirt as soon as they fell. My tears had very little to do with the ride (stupid heavy gate) and a lot to do with the fact that I was tired and I was feeling the stress of the past two busy months. My riding partner, who will remain anonymous (Marla Stucky) looked over at me and said "So, do you want me to talk to you or something?" At that moment I realized she was asking me what I needed now. She wanted to help. I smiled, I said I was fine, which I was, and we rode off. Soon I realized that I hadn't asked myself that all important question, what is needed now, in the previous weeks. I knew I was becoming more stressed but failed to ask what I needed to make things better. And I should have.

Whether at the end of ride season or in the midst of a little bitty breakdown, you should ask yourself "what is needed now?" as a way to add reflection into your life. Without asking what is needed, you fail to appreciate not only the moment you are living right now, but the forward movement of life. And don't worry, there will always be an answer. What is needed now? I need to get to work. Congratulations on all your accomplishments in 2010. And here's to 2011.

~Christine

## Region 6 National Championships

Trish Cleveland  
Patty Dollarhide  
Bill Hinkebein  
Cheri Jeffcoat

Congratulations to Jerry Weil on being elected as a National Board Member.

Region 6 wants to thank Ty

McCullough - for serving as a national board member for the past 6 years. Ty - thank you for your time, your interest, and your enthusiasm in representing us on the National Board.



We're on the Web!  
[www.natrcregion6.org](http://www.natrcregion6.org)

Region 6 Rally  
 Newsletter of NATRC Region 6  
 Virginia Prey – Editor  
 13700 N. 162 St  
 Waverly, NE 68462

The Region 6 Rally is published quarterly for all members, new riders, and for persons requesting information about Region 6 activities. The Region 6 Rally is available by subscription for non-members, at a cost of \$5 per year. Send subscription requests to: the Region 6 secretary, with check made payable to Region 6 NATRC, Inc. To receive the Region 6 Rally electronically, send your request to the newsletter editor: Virginia Prey – [vikenacres@yahoo.com](mailto:vikenacres@yahoo.com).

Publication Deadline	Newsletter	Distributed
Feb 15	Dec/Jan/Feb (Winter)	March
May 15	Mar/Apr/May (Spring)	June
Aug 15	Jun/July/Aug (Summer)	September
Nov 15	Sept/Oct/Nov (Fall)	December

**Region 6 Rally**

**Editor:**



Hi, I'm Virginia Prey, your mindless Region 6 Rally Editor and I would love to hear from you! Send your articles, jokes, photos (.jpg only) or special note you wish to share with your Region 6 family to me. Warning articles may be edited for grammar, length, and content.

~V  
 13700 N. 162 St.  
 Waverly, Ne 68462  
[vikenacres@yahoo.com](mailto:vikenacres@yahoo.com)

My doctor said I needed to exercise more so in addition to riding I'm thinking about taking up cycling.