

# Region 6 Rally

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## Member Spotlight on Erin Glassman

Sometimes I think I live under a rock. I say this because I have been involved with NATRC since 2003 and it wasn't until 2010 at the Kanopolis ride that I encountered Erin Glassman. Erin was the Ride Manager and two weeks shy of delivering her first baby. What a hoot she is! At the time of this interview Erin's bouncing baby girl has arrived and is amusing her parents with pursing her lips and blowing raspberries. Erin and her family live in Great Bend, KS on a small acreage. Dutifully, I asked the standard question: do you have any hobbies outside of horses (I'm still waiting for someone to say you mean there is something other than horses?). Erin confessed that she thinks she has ADHD and explained that she starts one project, knitting, then gets side tracked by a WWII History book, then oohh it's a nice day and off she goes on a hike. I tested her ADHD by saying "squirrel", and got where? where? in response. Just kidding!

Erin's equine partner is an Arabian gelding named "Cis". Unfortunately about two



years ago he became Navicular so his future in CTR and Endurance is uncertain. In the past she has ridden open and completed several 50 mile endurance rides.

Erin credits Jackie Hathorn and Mary Anna Wood for getting her hooked on Competitive Trail Riding by taking her to a regional convention. Her first ride was at Kanopolis, however, her favorite ride is Whispering Pines. The sport is becoming a family affair as her sister is currently in training to be a CTR Vet Judge and we should see her at Hill & Dale and Whispering Pines.

When I asked Erin what her motto was she said "Balls to the Wall, oops can I say that in the

newsletter?" In other words, all out effort for whatever you do.

When Erin rides her must have items are a knife and water. Her goal for this year is to work on trailer loading and just getting out there and riding.

Erin took a position as a National Trail Advisory Chair and her goals are to 1) Maintain trails for our sport's use and 2) recruit new members.

Erin's advice to first time competitors is go out and have fun, listen to seasoned riders and hook up with a mentor.

~V

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## Region 6 Board Members and National BOD Members

**President**

Christine Abbott 3/11  
(913-980-6975)  
cdabbott39@gmail.com

**Vice-President**

Kim Weil, MO 3/12  
(816-781-2218)  
jkweil@sbcglobal.net

**Secretary/Treasurer**

Ruth Mesimer  
(816-781-9496)  
r\_mesi@att.net

**Assistant Secretary**

Stacie Louthan  
(316-258-5193)  
stacielouthan@hotmail.com

Susan Maiwald 3/12  
(712.642.4802)  
sumarcopper@yahoo.com

Hope White 3/12  
(913-238-95280)  
hope@electricaldevelopment.com

David Nore 3/12  
(402-788-2761)

dnore1@windstream.net  
Priscilla Lindsey 3/13  
(785-259-1687)

lindx\_pris@yahoo.com

Tamara Andre, KS 3/12

(785-625-8641)

HowertonCpa@media-net.net

Vickie White 3/12

(913-422-5464)

Vickie5364@aol.com

Florence Blanks 3/13

(636-745-3535)

bigfloham@yahoo.com

Shari Parys 3/13

(402-332-4173)

Katbalu96@aol.com

Alternates:

Beth Aswegan 3/13

mbea@juno.com

Sarah Rinne 3/12

saddle1up@live.com

**National BOD**

Christine Abbott 12/11

Jerry Weil 12/13

(816-781-2218)

jkweil@sbcglobal.net

*When you have the  
enthusiasm and the  
passion, you end up  
figuring how to excel.*

*~Deena Kastor*

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## Region 6 Committee Chairs

**Diamond of the Year**

Elizabeth Kendall  
(402-520-1003)  
lizctr25@yahoo.com

**Historian**

Martha Kunkle  
(515-989-0123)  
mk1124@dwx.com

**Radios**

Jackie Hathhorn  
(816-228-2013)  
jackiehat@gmail.com

**Region Awards**

Christine Abbott  
(913-980-6975)  
cdabbott39@gmail.com

**Ride Sanction Coordinator**

Kim Weil  
(816-781-2218)  
jkweil@sbcglobal.net

**Ride Book Editor**

Ruth Mesimer  
(816-781-9496)  
r\_mesi@att.net

**Sale Items**

Chuck Edwards  
(402-489-1502)  
candmelstars@juno.com

**Vest Numbers**

Debbie McCullough  
tdmccull@kansas.net

**Webmaster**

Charlie Armour  
(913-849-3635)  
charlie@circlearhorses.com

**Worker Awards**

Trish Cleveland  
(785-456-1935)  
tman@warnego.net

**New Member Chair**

Debbie Payne  
dpayne@ucom.net

**Marketing**

Stacie Louthan/C. Abbott  
(316.258.5193)  
stacielouthan@hotmail.com

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## Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering.

We adhere to an implied code of ethics. This code of ethics dictates that we behave professionally, courteously, and responsibly. This includes:

- Representing the sport on a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others

# Region 6 Convention was hosted by Nebraska

Well if you missed the Region 6 convention I'd say I missed you, but it left more food for me.

### Hospitality Room



JR brought a cheese ball. Although after the trip it resembled a cheese pancake. Didn't affect the flavor at all!

Vickie brought the yummiest drink EVER! Chocolate Vodka or was that double chocolate vodka? Whatever, I just want more. Hey Vickie can you hook me up?

I also learned a few things about wine from Ty, but I forgot. Hint hint Ty bring wine and reeducate me.

-V



"Abe" & Jerry Weil



Trish Cleveland

Region 6 convention in Lincoln is well past us but it's never too late to look back on the information we received during convention and review the details. With the ride season started, health and care of our horses is on our minds, of course, but we had several other topics that were presented as well.

Use of Hoof boots was a primary topic of concern during the convention with an excellent presentation by Easy Care. For those that use boots already it may have been a review but everyone seems to learn something. Easy Care is not the only boot company, but they have an excellent web site if you wish to review details.

A lot of discussion developed after the presentation but if you want just take a quick look on the internet which will give you a mind-boggling list of brands. Renegade, Cavallo, hoof boots by Hoofwings, Delta, Marguis, Pony, and the old stand-by-Old Mac to name a few. Of course just look at Wikipedia for info and you can even go to a hoof boot swap page for hoof boots in case you bought the wrong size.

The presentation by Mary Hanson on horse trail preservation and her information on how to contact and interact with other trails enthusiasts was a great reminder to us to keep in touch with everyone on the trail and promote horse trails in general, not just for CTR but for all of our use.

For those of you that didn't make it to convention please come next year, it will be held in Iowa and details will be forthcoming. It would be helpful to Iowa if all of us were thinking of topics for the 2012 convention and pass on to them.

For those of you that helped with the convention in Nebraska a big thank you to you. The details of the auction, registration, speakers, table decorations, dinner menu, hospitality room, and awards presentation were made much simpler by your participation. See you at convention in 2012!

-David Nore



Awards Fairy

## Diamond of the Year...



This year the Diamond of the year award selection was a nail biter. The candidates were: Christine Abbott, Ellen Hiskett, Donna Keller, Katlyn Kimmen, and Kristy Chapman & Dick Webb. As you will read the candidates are all excellent models for our sport. This year the Diamond Award went to team Chapman-Webb. Here is their nomination:

I would like to nominate a couple for the Diamond of the Year Award. In addition to being friendly, fun and welcoming, they are great sports and incredibly generous to other riders. I believe that each of them deserves the award individually, but generally, they ride together, so most of the nice things I have seen them doing have been as a couple.

At one of my first rides on my current horse, she was throwing a hissy fit about being passed. We were riding CP in an open pasture, and all of the Open riders had to pass us. As they passed us,

one after the other, Maxi became more and more perturbed. This couple came up behind us and stopped. They offered to NOT pass, and they ALSO offered to stay with me and Maxi until she calmed down. They were riding Open, but offered to slow down and stay with us! I thanked them and assured them we were okay and they carefully passed us and went on.

In the following years, this couple began riding CP more, and I was able to see more of them on trail. At one ride, they were first to the water tank and Kristi had dismounted. While she was dismounted, she filled water bottles for several different riders to save everyone else from having to dismount. At the same ride, we were all running very close to maximum time. Despite that, both waited for me at the last obstacle and made sure I was mounted before they left. I asked if they had time to wait and both said they did, even though they knew they didn't. They

actually ended up being over maximum time as a result of waiting for me and for other riders at obstacles, but neither wanted anyone to feel badly about it. Safety and courtesy and generosity to other riders came first!

In speaking to other riders, I've discovered that many, many other people have stories of something nice Kristi Chapman and Dick Webb have done for them. Stories of times they have stopped to help; times they've cheered someone up and cheered them on; times they've ridden with a newer rider; and times they've been there to help at a ride by volunteering. The list is huge! Because of all they do to help others and because of their positive, cheery attitudes, I nominate Kristi Chapman and Dick Webb as Diamonds of the Year.

~Rhonda Levison

### ATTENTION Region Board of Directors

If you are currently on the Region 6 Board of Directors please check your email as I have sent you all a letter regarding this year's goals. I have heard from 3 individuals but need to hear from all of you, please! If you haven't received an email, let me know.

Christine Abbott

## Diamond Nomination for Christine Abbott

This year I was to start a new horse, but he got a bowed tendon before the ride season even started. So I was back to riding my horse, Chaff, who bucks, on occasion. After our first NATRC ride of the season, I was really discouraged and wasn't sure what to do. I fought with Chaff most of the ride and it was not enjoyable. We needed a change!

At our next ride, Hills Dale, I asked Christine Abbott if I could ride along with her. She wasn't with her long time partner (Vicki White) since she was riding CP due to her horse, Skya, coming back from a year long lay off. I wasn't sure how this would work, Skya is a spirited Arabian who can really move and Chaff is a lazy Quarter Horse who walks slow, really slow! But with Skya he was happy to trot out. Wow what a change in my horse! I had the most

relaxed ride after the 2 mile marker of any NATRC ride I had ever rode. Chaff was a different horse.

Christine and Skya like to go out early and stay ahead. I had never rode at the front of the pack, since I had mostly rode in Novice before. We keep ahead of the big groups, because they always upset Chaff. This worked out great!

Christine was always happy to lead or let me take the lead. At P&R's the horses were comfortable with each other. Chaff and I were calmer when we came to obstacles and completed most of them. Chaff also had a calming affect on Skya, he would get in between Skya and her "Bestest Bud" (My Nightmare) so Skya couldn't see her as well. Chaff and I were there when Christine and Skya nailed the gate obstacle at the Flint Hills ride! (It was a first for them!)

Christine and I became better friends from all of the time we spent together on the trails. She now knows what my fears are and what I love the most. I know her fears and that she has an alter ego, who you know as the "Awards Fairy". Christine was there when I had questions on NATRC or horse issues.

This was the first year I competed on Chaff that he didn't buck and I think I owe a lot of this to Christine and Skya! If Chaff had acted like this last year I would not have bought a new horse! Oh well you can never have too many good horses.

Christine Abbott will always be our Diamond.

~ Marla Stucky and Chaff

*"A large and liquid eye...the swirl of dust around pounding hooves...these, then, are the images that move us."*

*~Author Unknown*



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## 2011 EHV-1 Outbreak Information

- Horses participating at the National Cutting Horse Association's (NCHA) Western Championships show in Ogden, Utah during the period April 30 through May 8, 2011 are believed to have had opportunity of exposure to EHV-1.
- A statement from the National Cutting Horse Association regarding the reported cases of EHV-1 at the event can be found at <http://nchacutting.com>.
- According to the Colorado Department of Agriculture, there have been 6 confirmed cases of horses with EHV-1, as of May 18, 2011. There are also 14 suspect cases. Suspect cases are those horses that are believed to have been exposed to EHV-1 but confirmatory tests are still pending.

*"The horse. Here is nobility without conceit, friendship without envy, beauty without vanity. A willing servant, yet never a slave."*

~Ronald Duncan

### What is EHV-1?

- Equine herpesvirus is one of the most common respiratory diseases affecting horses. There are at least four equine herpes viruses.
- EHV1 and EHV4 are the two herpes viruses that commonly cause respiratory disease.
- EHV1 can also cause neurologic disease.
- EHV-1 is commonly found in horse populations worldwide and was previously referred to as the equine abortion virus. Although EHV-1 is well known for causing reproductive disease, it is also known to cause respiratory and neurological disease.
- Transmission occurs when infected and uninfected horses come in either direct (nose to nose contact) or indirect (through buckets, clothing, blankets that are contaminated) contact with nasal discharges of infected horses. The virus can travel via aerosol (in the air) for short distances.
- In horses infected with the neurologic strain of EHV-1, clinical signs may include: nasal discharge, incoordination, hind end weakness, recumbency, lethargy, urine dribbling and diminished tail tone.

Information from the USDA on the Herpes Virus outbreak:

<http://www.aphis.usda.gov/vs/nahss/equine/ehv/index.htm>

At the Hill and Dale ride Jerry Weil, DVM advised that this virus will manifest itself in two days in the form of a fever. So once you return from an event isolate your horse for 3-4 days taking its temperature twice a day. If your horse runs a temperature of 101.5 or higher, contact your vet!



### New Goals and Ideas for 2011-05-04

Region 6 members are invited to present any and all ideas, projects, concerns, and goals for the current ride season, to the R6 Board of Directors. We are working for you, the members, and need to know what's on your minds (even though this may be quite scary- HA!). Please don't hesitate to voice your opinion. Region 6 can only grow and get better if you participate.

## Diamond Nomination for Ellen Hiskett

Ellen has consistently impressed me with her great attitude, friendliness and willingness to help out wherever she can.

At the Dave Smith ride this year, I was walking through camp on Sunday morning, saw Ellen and asked how her weekend was going. She told me she was having a wonderful weekend, and had a big smile. Later that same day, I saw her working a P&R and not riding. I asked her later what happened, and she said she was having problems and had pulled that morning shortly before I talked to her. What was so impressive was that Ellen was in enough discomfort that she pulled, but still made the effort to go out and help AND she still had a smile on her face and said she was having a wonderful weekend.

At the Indian Cave ride this year, I had the opportunity to ride with Ellen. She was so much fun and had a positive attitude all weekend long. On Saturday, we were very, very lost for what seemed a very, very long time. We were doing a lot of cantering and trotting and Ellen was very tolerant of how different our horses' paces were, and followed when we were trotting, and then would take the lead when we cantering. She was always considerate and safe when passing or being passed.

At one point, another horse with us simply balked at the top of a large hill and refused to come down. Ellen and I were already down at the bottom of the hill. I turned around to head back up when Ellen stopped me and said she and her horse would go up. She said she was riding DO and points didn't matter, so I should let my horse rest. The remaining part of Saturday and the next day, when the horse with us would balk, Ellen would turn around and head back to the horse, circle behind it and encourage it to move on. Ellen was right there all weekend doing whatever any other rider or horse needed. She led when our horses were lagging, followed when a horse needed encouragement from behind, and never seemed to have a cross word to say all weekend. She turned a very frustrating, upsetting situation into a fun ride and a good story to tell.

For her wonderful, positive and caring attitude, kindness and huge heart, I nominate Ellen Hiskett for the Diamond of the Year award.

~Rhonda Levison

*When you put yourself on the line in a race and expose yourself to the unknown, you learn things about yourself that are very exciting.*

~Doris Brown  
Heritage,

## Spreading the CTR Word

The Nebraska Endurance & Competitive Trail Ride Association sponsored booths this Spring at both the Nebraska Horse Expo as well as the South Dakota Horse Fair. We had a large number of people express interest in CTR, so volunteers communicated how awesome our sport is extremely well. Booth visitors in Nebraska seemed more serious and more excited about getting started than in recent years, so hopefully we will see more new Region 6 riders out on the competitive trail! It was interesting to visit with horsemen in Sioux Falls, South Dakota, and pique their interest in our sport. Hopefully several will join us for our Turkey Creek Ranch Clinic near their state border on August 27<sup>th</sup> to learn more about what CTR has to offer!

It is important to have a presence at these expos and explain what our sport is and how it differs from the many "trail challenges" being offered. Some things our club did this year to illustrate the difference was to post enlarged ride maps to draw attention to the miles we have the opportunity to travel, wallpapered the booth with 11x17 pictures and ran a slide show of all aspects of the ride, including vet checks and overnight camping, and set out items to raise curiosity and conversation, like a sponge and stethoscope. We also added key words and phrases throughout the booth to try to capture the spirit of a ride such as *Camaraderie, Teamwork, Family Atmosphere, Soundness, Conditioning, Excellent Mentors, Education, Adventure...*

What are your ideas to draw attention to a CTR booth?

~Shari Parys

## The Eight Stages of Aging on Horseback

Okay I have shamelessly borrowed this from multiple sources for your reading enjoyment. ~V

Stage 1: Fall off pony. Bounce. Laugh. Climb back on. Repeat.

Stage 2: Fall off horse. Run after horse, cussing. Climb back on by shimmying up horse's neck. Ride until sundown.

Stage 3: Fall off horse. Use sleeve of shirt to stanch bleeding. Have friend help you get back on horse. Take two Advil and apply ice packs when you get home. Ride next day.

Stage 4: Fall off horse. Refuse advice to call ambulance; drive self to urgent care clinic. Entertain nursing staff with tales of previous daredevil stunts on horseback. Back to riding before cast comes off.

Stage 5: Fall off horse. Temporarily forget name of horse and name of husband. Flirt shamelessly with paramedics when they arrive. Spend week in hospital while titanium pins are screwed in place. Start riding again before doctor gives official okay.

Stage 6: Fall off horse. Fail to see any humor when hunky paramedic says, "You again?" Gain firsthand knowledge of advances in medical technology thanks to stint in ICU. Convince self that permanent limp isn't that noticeable. Promise husband you'll give up riding. One week later purchase older, slower, shorter horse.

Stage 7: Slip off horse. Relieved when artificial joints and implanted medical devices seem unaffected. Tell husband that scrapes and bruises are due to gardening accident. Pretend you don't see husband roll his eyes and mutter as he walks away. Give apple to horse.

Stage 8: Go to see horse. Momentarily consider riding but remember arthritis won't let you lift leg high enough to reach stirrup — even when on mounting block. Share beer with grateful horse & recall "good old days".

**Tarnish Free** - Mix vinegar and salt to clean brass or copper harness, saddle, or bridle fittings. About 1 tsp salt to 1 cup vinegar usually does the trick. Rub it on and then wipe off with a damp cloth, or soak the item in a jar of the mixture, then rinse it off well. Vinegar alone will also remove rust residue from metal objects.

**Coconut Oil Wonder** – To condition your horse's tail, just wash, slather some coconut oil on, braid it loosely and cover it in a tail bag. It works absolute wonders, plus, as an added bonus your horse's tail will smell like Hawaii.

*We all have dreams. In order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline and effort.*

*~Jesse Owens*

# Diamond Nomination for Donna Keller

“Every woman is a super (role) model.”

This was written on a Dove candy wrapper opened at a P & R. And to our left there she was: our super (role) model – Donna Keller.

This lady is a nursing home escapee, at least that’s what she says. But how many nursing home escapees stay up until 3 a.m. playing strip Chase the Ace! (Region 6 convention 2010. No one got naked!)

In 2006 when we started NATRC, Donna and daughter, Kay, took us under their wings and helped us on several rides. We learned a lot from them, trash bags on legs in deep water crossing keep legs/feet dry, encourage your horse to eat on the go, ride for mid-time, and much more.

In 2009, when Marilyn started mentoring a new rider, she still tagged along with Donna and Kay like a security blanket. Kay and Donna gave mentoring advice to still “Ride your own ride. Just don’t ask Donna where she is on the map.”

Donna is a great inspiration for all women. She started competing NATRC in her mid seventies. She Noviced out in 2007, then went in to CP, she kicked ass and took names. One of Donna’s goals was to ride until she was 80. She reached this goal in August. Donna had to come back from some health issues to accomplish this feat. Donna had a small stroke and this year she had problems with her heart. She is amazing!

Donna started NATRC with one daughter and now she has at least 7 more, who all fight for her love, attention, and advice. Each of us wants to be like Donna and riding into our older years. Donna is one of a kind.

Look out Open riders, Nursing home mama may be coming your way!

Submitted by  
~Marilyn Marston and Marla Stucky



*It doesn't matter what your age is, if you put the time in, you're going to get out what you put into it. I strongly believe that. I feel that good things will happen if you work hard.*

~Sheri Piers



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## Diamond Nomination for Katlyn Kimmen, AKA “Red”



Red has really been a jewel for me this Fall both at home and at the CTR's.

In September my horse and I fell over a tree branch. While my horse just ended up with a muddy nose from plowing a furrow down the trail with it and muddy knees. I ended up nettles in my arm and stomach and bruise on my elbow. The nettles finally went away and when I thought my elbow was better the kids and I moved a hundred bales of hay onto, then off the trailer and into the barn. Yeah, my elbow didn't like that. Red stepped up helping me more with chores at

home and then at the Dave Smith ride. I was trying to use my right arm but it was like sharing a shirt with a stranger. My right arm didn't know how to do anything. Flint Hills came along and my elbow was doing better. Ahh, then the Indian Cave ride where my horse turned into a nut case rearing up coming down the bluff and I came off landing on that same dang elbow. Now the blasted thing really hurts. At Kanopolis Red had to help me do even the simplest of things like hang an empty bucket and put my saddle on my horse. Since Indian Caves everyone now fully

understands that Red is not my daughter and thus is under no obligation to care for me the way she has. I'm truly blessed to have her as one of my riding partners and to have her in my life.

~Virginia Prey

*Go Forward With  
Courage*

*When you are in  
doubt, be still, and  
wait; when doubt no  
longer exists for you,  
then go forward with  
courage.*

*So long as mists  
envelop you, be still;  
be still until the  
sunlight pours through  
and dispels the mists  
-- as it surely will.  
Then act with courage.*

*~Ponca Chief White  
Eagle*

## New Board Members

The election of board members and officers took place at the Region 6 regional convention March 5<sup>th</sup> in Lincoln, Nebraska.

Newly elected board members include Tamara Andre, Priscilla Lindsay, Shari Parys and Vickie White. They are joining

Florence Blanks, Sue Maiwald, David Nore, Hope White, Kim Weil, Jerry Weil and Christine Abbott who are current board members.

Please let any one of these individuals know if you have a question, a concern, and/or a great idea for our region! They

are elected to serve the membership so please share your comments with them.

Officers elected:

President:  
Christine Abbott  
Vice President:  
Kim Weil  
Secretary/Treasurer:  
Ruth Mesimer

# Two Region 6 Rides Postponed

## Riding to the Rescue

Recent developments have led to a careful review of the wisdom of holding our 4th annual Riding to the Rescue CTR at Perry Lake, near Topeka, KS, scheduled for June 3rd and 4th. After consideration of all of the issues surrounding the EHV-1 outbreak, the management team has determined that it is in the best interest of all involved that we reschedule the ride to October 1st and 2nd.

While we understand that rescheduling the ride to Oct. 1 and 2 may cause some scheduling issues, we also know that should any problems develop we would be very sad if Riding to the Rescue played any part in the situation which might have been avoided simply by changing the dates of the event.

This WAS NOT an easy decision but we feel it is better for all the horses and their owners at this time. If you have any questions, please let me know.

Karen Everhart MEd.  
www.rainbowmeadowsranch.com  
620-725-3402

*If you set a goal for yourself and are able to achieve it, you have won your race. Your goal can be to come in first, to improve your performance, or just finish the race. It's up to you.*

*~Dave Scott*

## Rendezvous

Recent developments have led to a careful review of the wisdom of holding the June 18 and 19 Rendezvous CTR at LaCygne, KS.

After consideration of all of the issues surrounding the EHV-1 outbreak, the management team has determined that it is in the best interest of all involved that we reschedule the ride for Labor Day weekend, September 3 and 4.

The only water source at camp is a communal water source. Competitors might want to consider bringing their own horse water.

I look forward to seeing you at the Rendezvous ride September 3 and 4!! If you have any questions, please let me know.

Rhonda Levinson  
Ride Manager  
[rhndlev@msn.com](mailto:rhndlev@msn.com)  
913-909-2025

### Reminder!

Coggins tests are required for the Rendezvous CTR! We may have forgotten to state that in the ride book. Coggins tests should be required at every ride and on every horse that comes to camp! This is important for everyone!

As for the EVH-1 scare, I don't think we need to be overly concerned as long as there have been no confirmed cases in Kansas, and if your horses aren't boarded where there is a lot of horse traffic in and out to shows and other events. Check with Jerry Weil if you have questions and concerns.

Priscilla Lindsay



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## Letter from the President

With both national and regional conventions behind us, it's time to look forward to the 2011 ride season. Some of you may already have ridden some out of region rides, but Region 6 has its first ride in May at Hillsdale Park.

As I think of the coming ride season I know there are some concerns regarding fuel costs. I've already heard from some individuals who are expressing regrets that they won't be able to attend certain rides due to rising gas prices. I understand 100%. Each of us has our unique lists of priorities. Personally I will miss two rides due to a nephew graduating from

"that college" in Lawrence and one getting married in Pennsylvania. So, even though some of us would love to have "Ride every Region 6 NATRC Ride" at the top of our lists, it isn't always possible due to family obligations, financial obligations, and work obligations. I just hate it that work gets in the way of my fun time activities! Our sport is monetarily sustained by the number of riders who attend rides. And without riders, we can't have rides. Without rides we may not be able to see NATRC to its next 50 year anniversary.

However, I have faith that our sport and our organization will survive

these changing times. I encourage you to give to the sport of competitive trail riding when you can and in any way you can. If you aren't able to enter many rides this season, perhaps there is some other way you can contribute to Region 6. There are many volunteer positions that need filling and a million different ways we can improve our regional and national organizations.

I hope to see you this coming ride season. Until then, enjoy the day.

~Christine Abbott

*"I have seen things so beautiful they have brought tears to my eyes. Yet none of them can match the gracefulness and beauty of a horse running free."*

~Author Unknown



*The Distance Depot*  
Top quality Beta Biothane horse tack



*The official boot of*  
**NATRC**

# RMS – Ride Management System

Update Your RMS Profile or Get Your Profile Started

Registering for a user account in this system will allow you to create, edit and use rider and horse profiles so you won't have to enter the same information repeatedly for yourself (or people in your family) and your horses on a paper entry form. Once profiles are created, you can easily and quickly register for rides and pay by credit card (if the ride is using PayPal) otherwise, mail your check as directed by the ride information. You can use your account as an individual or as a family account simply by creating additional rider and horse profiles. Check it out!

To access the RMS system, go to the Region 6 web site at [www.natrcregion6.org](http://www.natrcregion6.org). In the upper portion of the

page - look for the line that says 'Click here to Login to RMS'.

Already have an account in RMS? Then enter your user name and password and click the login button. Then click RMS. Forgot your user name and password? Click on the "Huh?" and follow the directions at the bottom of the screen

Look at the second section titled "Manage Profiles" In the drop down boxes for rider, click on the correct name and then click 'Go'. A new screen will open titled 'Manage Rider or Volunteer Profile' - update address, phone, emergency contact, email address and NATRC membership expiration date (for 2011 ride year that would be 12/31/2011). There is no interface with the NATRC

system, so membership update information is not automatically done.

Now look at the horse profiles - new horse? Enter the information in the 'Manage Horse Profile' section. Reviewing and updating the rider and horse profiles will be of great assistance to ride secretaries.

Want to create an account in RMS? Click on the "Huh?" which will take you to Region 5's web site. Click on your NATRC region number and look for your name in the list. If your name is not in the drop down list, click on the button "Tell Me How"; a new message "click here to create an account" appears; follow the directions at the bottom of the screen.

Thank you, Ruth Mesimer

*"A true horseman does not look at the horse with his eyes, he looks at his horse with his heart."*

*~Author Unknown*



Tilt-Tie



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Essential gear for your long distance riding needs

## EKAHA Hill & Dale CTR

These were some brave first time competitors



Anna Schaben



Emily Thompson,  
Junior Rider

Well the ride season for Region 6 is officially under way with the completion of EKAHA Hill & Dale CTR.

▼  
Just wanted to say THANKS to the Colbys and all of their ride team for putting on a great ride this weekend at Hillsdale Lake in KS! Cisco and I had a great ride with ALL the adventure, including mud and tornado warnings in the middle of the night on Saturday ;) It was great seeing all of my NATRC family and getting to catch up as much as time would allow! I thought the obstacles were very good and it was definitely a challenge to keep horses taken care of with the bogs and the humidity, considering both soundness and metabolics! Thanks again for continuing the tradition of the EKAHA ride!

~Erin Glassman

▼  
I want to echo Erin's comments. The ride was managed very well and was very enjoyable, in spite of the weather and the trail conditions. It was great to see everyone and to visit. I'm really looking forward to Ride to the Rescue and Rendezvous, too!

~Priscilla Lindsay

▼  
What fun we had at the Hill and Dale CTR this year. Scheduled earlier than the 30 previous

years, all were hoping for a cool ride. Trail Master Mary Colby stated that she was hoping to avoid the high heat of the June rides. This ride had the high heat, and humidity, and severe weather.

Thank our blessings we were 127 miles north of Joplin, Missouri when we left at 5:30 Sunday afternoon.

The trails were muddy.

The ride started with a 4 mile loop of hills and rocks, within a square mile of terrain. If it weren't for the rocks, we wouldn't have made it up the hills. Climbing back to the flat land, we rode 16-21 more miles (depending on your class) of flat trails that were well soaked with mud, but had started drying out by the afternoon. There was not a clean horse in camp. Did I say mud? The Saturday night

entertainment of tornado warnings brought us more mud Sunday, that developed into a hot steamy afternoon. Judges Mike Bridges and Frank Keeran found many places to observe. At check-in, Dr Bridges asked each rider to check their own horse's capillary refill. This as a precaution of the reports of EHV-1 outbreak in the western states. All the vets agreed that there was a low probability of infection in Kansas, at this

time. I thought this was another clever obstacle of checking my position and technique. The first trail obstacle was a rocky uphill step. The only tree I hit all day was in front of the judges. Of course I'm off balanced, I hit the tree! There was a of trot out, a side pass in hand and mount, open the gate, a turn on the forehand and back through a gate, a trot and stop, and a sidepass a log and tie a ribbon. Note to riders: if a helpful open rider tells you the trail is blocked and closed, check it out yourself. A novice rider nearly missed a loop because of the advice. The management for the HillandDale competitive trail ride were excellent. Thank you for a great ride. Trails were marked well. P&Rs were well placed and efficient. Ride schedule was prompt. Judging obstacles were well placed and fun. All around the ride went smoothly. Thanks to the Colbys and the rest of management for a good time.

Beth Aswegan

# URGENT! Possible State Forest closings in IOWA!

Shimek State Forest, Stephens State Forest (where ITRA holds NATRC Region 6 CTRs!) and Yellow River State Forest are in danger of losing the camping and horse trails due to budget cuts. We need to make sure Gov. Branstad, the DNR and the legislators are aware of our protests.

We have so very few places to ride trails in Iowa! We understand about budget cuts. The state forests do not get the revenue from horse camp fees or hunting licenses per the Iowa Code. Some have suggested they would be willing to pay an annual bridle fee. Some have volunteered to help. We need to get organized like the bicyclists did!

Please make your voice heard by contacting:

Director of the DNR  
roger.lande@dnr.iagov  
515-281-5385

Assistant Director of the DNR  
pat.boddy@dnr.iagov  
515-281-3388

Office of the Governor  
515-2815211

We need email and phone calls - there is a website below but it will not have the same effect.

<https://governor.iowa.gov/constituent-services/register-opinion/>

Here is some suggested text for the website:

It has come to my attention that there is discussion of closing horse trails in Yellow River, Shimek and Stephens State Forests to save money. There are

already so few places where equestrians can ride compared to other recreational activities in the state. It would be devastating to close these parks and basically eliminate riding activities for many. Given that our riding options are already so limited, PLEASE when looking where to make cuts, consider other areas where there are more options available and cuts would not be felt as severely as would be the case here.

Join the Iowa Trail Riders Assoc. in voicing a protest in closing the horse trails in these three state forests!!

Denise Schieffer,  
President, Iowa Trail Riders Assoc.

*Hear Ye, Hear Ye!*

*Save our trails!*

*Make our voices heard!*

*Fight for your right to ride!*



## Thinking of You

Stacie Louthan ~ On the passing of her mother.

It is with a grateful heart that I express my deepest appreciation to my Region 6 family for all the cards, flowers, thoughts and prayers that were sent to me expressing sympathy for the loss of my mom, Virginia Louthan. It meant so much and I wanted you to know.

Laurie DiNatale, executive director ~ On the loss of her mother.

*Death is nothing else but going home to God, the bond of love will be unbroken for all eternity.*

## Horse Trailer Safety



I always remind myself of the importance of having the truck serviced and conducting a trailer inspection. This year I was a little lax. I cleaned my trailer and checked the floor but there were a few things I forgot. Like the plates and the lights. I drove to Hillsdale and back on expired plates and no left turn signal/brake light. So here is a short list of things I need to remember to do. You probably don't need a list, but I live by the list, the post-it note and the text reminder. Here's to my senility:

1. Inspect your trailer flooring, including the planks, beams and undercarriage, to make sure the floor is solid and safe.
2. Check floor mats, make sure they fit the compartment snugly and are not curling up creating a hazard for your horse.
3. Check bulbs and wiring to make ensure all your lights are working and that there are no shorts that could give you or your horse a mild shock. Carry extra fuses and bulbs.
4. Test and inspect your truck and trailer brakes, to make sure your brakes are activating properly and are adjusted for the cargo load.
5. Check your truck and trailer tires with a gauge to ensure they are properly inflated.
6. Examine the tires for any signs of uneven wear, deterioration or damage to tread surfaces, valve stems, and sidewalls. Replace in pairs as needed and carry a spare in good repair.
7. When you hook up, double-check your hitch to make sure you've secured the locking mechanism, attached the safety chains, plugged in the lights, and attached the emergency breakaway cable.
8. Before you load your horses, inspect the interior for any potential hazards such as damaged partitions.
9. Make sure windows and vents are adjusted properly to provide optimum airflow.
10. Secure butt bars, stall dividers and partitions.
11. Before you pull out of your driveway, set your parking brake and walk completely around your rig one more time to make sure doors and windows are latched and everything is as it should be. Do this again every time you stop for fuel or to take a break.

This list is by no means complete but it is a start. Number 11 is a good one. I got half way to Brushy one year before I realized that my escape door was open and yes I had a horse in that stall. ~V

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## Region 6 NATRC General Meeting

March 5, 2011 Country Inn and Suites Lincoln, Nebraska

President Christine Abbott called meeting to order at approximately 2:30 pm.

Minutes from the June 19, 2010 general meeting at Hillsdale, Kansas were reviewed. No amendments or corrections were brought forward. **Ty McCullough moved to approve the minutes as printed, second by Tamara Andre. Motion carries.**

### REPORT OF OFFICERS

#### PRESIDENT

President, C. Abbott reported fewer rides in 2010 and membership numbers were down. We did not meet the goals we set for the national organization. Overall we are doing a good job in this economic climate. Expenses have been cut which helps our budget. Region 6 was well represented at the National convention in Nashville, Tennessee and our members placed well nationally. Financially we have several changes, including raising ride vest fees to \$12 per year. The newsletter and ride book are going electronic which saves printing costs. The national board of directors is turning in receipts for all their expenses which allows tracking of per diem payments.

Vice-President, Kim Weil: No report

Temporary secretary, JerryWeil: No report

#### TREASURER.

Treasurer, Ruth Mesimer, reported a small profit of \$1400 for 2010, \$202 of which was interest. The Kansas and Federal tax returns were filed and accepted electronically. **J.R. Kendall moves to approve treasurers report, second by Chuck Edwards. Motion carries.**

### NATIONAL DIRECTORS REPORT

Christine Abbott brought forward issues from the National Board for regional discussion:

A tack rule change has been proposed to add the words headgear with attached reins to the required equipment for NATRC rides. Discussion followed. Membership approved change with show of hands.

A time penalty point rule change to add the word ONLY to the rule so time penalty points can only be used for time infractions on the trail. Discussion followed. Membership approved change.

Proposed wording for penalty phase of the new drug rule was explained. Jerry Weil discussed reasoning behind the wording and explained drug testing in general. Membership approved wording.

Christine Abbott discussed the national financial picture explaining money was lost in 2010 but we have enough reserves to sustain the organization. Rule interpreter guidelines were displayed by power point and thoroughly explained. The rule interpreter is part of the management team. Safety issues were brought to light—highlighting accident awareness. Reasons for not riding in pick-up beds were discussed. Membership was asked if they would agree to increasing the national drug test fee from \$3 to \$5 per ride to help pay the cost of drug testing. It was pointed out that all California rides currently pay \$5 which is assessed by the state of California. Membership was favorable.

### COMMITTEE REPORTS

Financial committee: Committee receives monthly financial reports from the treasurer along with quarterly reports which also go to the board members.

Historian: No report.

Marketing: No report.

Membership: No report.

Newsletter: A newsletter coordinator is needed. More articles are needed and by dead line. The next newsletter will be electronic.

Radio and sound systems: No report.

Regional ride Coordinator: No report.

Sale items: No report.

Vest sales: Debbie McCullough - \$330 sold at convention so far.

Website: No report.

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## Region 6 NATRC General Meeting *Con't from page 17*

Worker awards: Trish Cleveland - Ready for banquet.

100% club: Christine Abbott - 6 people attended 100% of the region 6 rides and will receive jackets for their efforts.

Donations for the funding have been received and are solicited.

### OLD BUSINESS

By-law wording change to allow notification of board of director meetings by electronic means. Ty **McCullough moves to accept change, second by Martha Kunkle. Motion carries.**

By-law wording change to allow notification of general membership meetings by electronic means. **Priscilla Lindsey moves to accept change, second by J.R. Kendall. Motion carries.**

Fund raising: Ty McCullough is instituting 'Fast-Forward' program to raise money for region. Certificates will be sold at the auction for each ride to move the holder forward in any line for the week-end.

Traveling trophy: Should we retire them? Discussion follows. Lucie Hess volunteered to contact Cheri Efferts for disposition of trophy.

### NEW BUSINESS

Board of Directors elections:

Priscilla Lindsey was nominated by Rhonda Levinson, second Chris Wallis.

Sara Rinne was nominated by Robin Nore, second Susan Maiwald.

Shari Parys was nominated by Elsa Robinson, second Robin Nore.

Tamara Andre was nominated by Priscilla Lindsey, second Yvonne Smith

Florence Blanks on the ballot

Vickie White on the ballot

Beth Aswegan on the ballot

**Priscilla Lindsey moves nominations cease, second by Marilyn Marston. Motion carries.**

Instructions for voting: Each member votes for 5 people. We are voting for the new members at large with no state designation. This first election will select at large board members for their original term. Next year we will be electing new at large members who will fulfill a 2 year term staggered with the members that receive a 2 year term in this election. The highest 3 vote recipients will have a 2 year term of office. The next 2 highest will have 1 year terms. The next in line will be a 2 year alternate and the last will be a 1 year alternate. Ty and Debbie McCullough will count the votes.

### RESULTS

Two year terms:

Florence Blanks

Priscilla Lindsey

Shari Parys

One year terms:

Vickie White

Tamara Andre

Two year alternate:

Beth Aswegan

One year alternate

Sara Rinne

Ty McCullough moves to adjourn, second by J.R. Kendall. Motion carries.

Meeting adjourns at 4:45 PM.

Respectfully submitted,  
Jerry Weil, Secretary

## FOR SALE:

1994 Lazy N 3 Horse Slant Trailer with living quarters and 12' awning. Length: 10' Short Wall, 31' Overall Metal frame, aluminum skin. Fully self-contained living quarters w/air. Hay rack and tool box on top, Rear tack. New tires

Asking Price: \$17,500

Contact: Mike Pillard @ 319) 480-1486 Anamosa, IA



## Marybelle Cooper 1941 - 2011

In memory of Marybelle Cooper who rode thousands of miles in NATRC, AERC and MOTDRA.

Mrs. Cooper died Wednesday, April 6, 2011, at her home, of cancer. She was born Oct. 1, 1941, in Van Wert, Ohio, the daughter of Helen Glander and Raymond Mosier of rural Middle Point, Ohio. She was an avid horsewoman who started training horses in high school. She was a charter member of the first 4-H club in Van Wert County and later an adult adviser/instructor. She was also active with the early 4-H horse judging contests in Ohio. Her special passion was Arabian horses.

She and her husband had the first purebred Arabian in Van Wert County. In 1972, Mrs. Cooper rode that horse on her first long-distance competition, a two-day, 60-mile competitive trail ride. Distance riding became a lifelong passion.

Mrs. Cooper joined the Arabian Association of Ohio and chaired the trail committee for many years. For 35 years, she was also a member of the national trail committees of the International Arabian Horse Association. After moving to Lawrence in 1986, the breeding operation was expanded and Mrs. Cooper continued long-distance rides. Her record includes national

champions and top 10s in both endurance and competitive trail rides at distances of 50 and 100 miles. These were accomplished primarily on horses she bred and raised. She competed in distance competitions in 29 states and Canada. In Kansas, Mrs. Cooper helped form the Middle of the Trail Distance Riding Association. She taught many children and adults to ride and enjoyed riding with her grandsons.

~Submitted by Vickie White





Region 6 Rally  
Newsletter of NATRC Region 6  
Virginia Prey – Editor  
13700 N. 162 St  
Waverly, NE 68462

We're on the Web!  
[www.natrcregion6.org](http://www.natrcregion6.org)

The Region 6 Rally is published quarterly for all members, new riders, and for persons requesting information about Region 6 activities. The Region 6 Rally is available by subscription for non-members, at a cost of \$5 per year. Send subscription requests to: the Region 6 secretary, with check made payable to Region 6 NATRC, Inc. To receive the Region 6 Rally electronically, send your request to the newsletter editor: Virginia Prey – [vikenacres@yahoo.com](mailto:vikenacres@yahoo.com).

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Feb 15	Dec/Jan/Feb (Winter)	March
May 15	Mar/Apr/May (Spring)	June
Aug 15	Jun/July/Aug (Summer)	September
Nov 15	Sept/Oct/Nov (Fall)	December

Region 6 Rally

Editor:



Hi, I'm Virginia Prey, your mindless Region 6 Rally Editor and I would love to hear from you! Send your articles, jokes, photos (.jpg only) or special note you wish to share with your Region 6 family to me. Warning articles may be edited for grammar, length, and content.

~Virginia  
13700 N. 162 St.  
Waverly, Ne 68462  
[vikenacres@yahoo.com](mailto:vikenacres@yahoo.com)

My kind of drive-thru!